

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

We offer our heartfelt condolences to the family of the late **Elaine Leigh**

We offer our heartfelt condolences to Nigel Rosehill, Tracy Zussman and David Martin on the loss of their mother and sister, **Leonora Rosehill**

We offer our heartfelt condolences to the family of the late **Betty Harris**

STONE SETTINGS *Stock Road Cemetery, SS2 5QF*

Sunday 6th September 2.00pm **Donald Shaw** 2.45pm **Jack Gross**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 5 September / 21 Elul Mr Jeffrey Gilbert, Mr Martin Neidus

Sunday – 6 September / 22 Elul Mr Gerry Gordon, Mr Mark Gordon, Mrs Fay Sober

Monday – 7 September / 23 Elul Mrs Shirley Shalet, Mr Morris King, Mrs Sarah Freedman, Mrs Angela Cohen, Mrs Norma Anderson

Tuesday – 8 September / 24 Elul Mrs Brenda Feldman, Mrs Minn Rose

Wednesday – 9 September / 25 Elul Mrs Minn Rose, Mr Jack Saunders

Thursday – 10 September / 26 Elul Mr Larry Lisner, Ms Maralyn Lisner, Mr Jeffrey Simmons, Mrs Moira Myers, Mr Norman Rosenfeld

Friday – 11 September / 27 Elul Mr Derek Hyams

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

REGULAR EVENTS AT SWHC

Monday Club Talmud Torah Call Maurice on 01702 351845	Pop-In Tuesday 8 th September Talmud Torah 2pm - 4pm Email Janice swhcfc@gmail.com	Little Latkes Toddler Group Resumes Tuesday 8 th September Call Karen on 07887 847059
Raymond House Shabbat 5 th September, 10:15am Call Derek Silverstone 01702 616153	Bereavement Support Group Monday 7 th September 8pm At the home Alan Gershlick Call Janice on 07752 874065	AID Society Bridge Sunday 20 th September Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289
Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST	connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org	Cheder & SJYC Resumes Tues 8 th / Thurs 10 th September southendyouth@outlook.com or call Barry 07876 685826
J.A.C.S. Every Wednesday Call Allan Goldstein 01268 771978 for more info	SEED - Monday 7th Sept Date to be advised 8.45pm in Beth Hamedrash	To announce your event on the Shul website email: stan.stanrob@gmail.com

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcfc@gmail.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.



KI TAVO

Newsletter No. 895

SHABBAT COMMENCES 7.18pm

5 September 2015 – 21 Elul 5775

Rabbi Binyamin Bar

Rabbi

Stanley Robinson

Geoffrey Pepper

Gabbaim

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Westcliff-on-Sea
Essex
SS0 8AD

Telephone 01702 344900

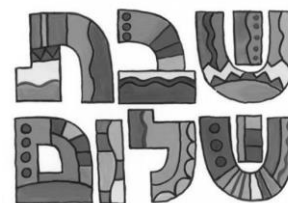
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Facebook [facebook.com/swhc.org.uk](https://www.facebook.com/swhc.org.uk)

*This week's newsletter is kindly sponsored by **Loretta & Leonard Shulton** to celebrate their 45th Wedding Anniversary. Mazel Tov!*



SHABBAT SERVICE TIMES

FRIDAY NIGHT

'Friday Night Live' **6:15pm**

(See details inside)

Mincha / Kabbalat Shabbat **7:15pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

SHABBAT AFTERNOON

Shabbat afternoon Shiur **6:25pm**

Mincha then Seudah Shlishit **7:10pm**

Ma'ariv & Shabbat ends **8:27pm**

'Midnight Selichot Service' starting with late supper *(See details inside)* **10:30pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Mincha / Ma'ariv **7:00pm**

MONDAY - THURSDAY

Selichot then Shacharit **7.30am**

Ma'ariv **8:00pm**

NEXT FRIDAY

Selichot then Shacharit **7.30am**

Shabbat commences **7:02pm**

Mincha / Ma'ariv **7:00pm**

Torah Reading

(Soncino page 1117) Rabbi Bar

Haftarah

(Soncino page 1134) Roy Barnes

*If you would like to repeat your Barmitzvah Haftarah, please contact the Gabbaim.***MAZEL TOV!** *A hearty Mazel Tov from the SWHC community.*

Leonard & Loretta Shulton on the occasion of their Sapphire (45th) Wedding Anniversary
Miriam & Lawrence Goldman on the occasion of their Sapphire (45th) Wedding Anniversary
Gloria & Michael Goldring on the occasion of their Diamond (60th) Wedding Anniversary
Myra Solomons on the occasion of her 85th Birthday
Rosalyn & Derek Silverstone on the birth of a grandson
Eveanne & Elliot Baker on the engagement of their daughter, Louise, to Aaron (Israel) and Mazeltov too, to grandparents, **Terrie & Andrew Levene**

THE MITZVAH OF THANKSGIVING *Thoughts on the Parasha.*

The United Kingdom has a number of days in which the people pay tribute and show their gratitude to various individuals and entities. Sunday Remembrance Day, Armed Forces Day, Holocaust Memorial Day amongst many others... As Jewish citizens in Britain, we look to the Torah for deeper insights. What light does the Torah shed on the very important trait of gratitude?

There is one particular mitzvah, mentioned in this week's Parasha, which is entirely devoted to expressing gratitude, the mitzvah of *Bikurim*. During the Temple era, every farmer was commanded to bring to the Temple in Jerusalem the first fruits which ripened in his orchard. There he would recite a passage thanking Hashem for the Land and its bountiful harvest, the fruits were then given to the *kohanim*. The Midrash extols the great virtue of this mitzvah, going so far as to say that the Land of Israel was given to the Jews as a reward for the mitzvah of *Bikurim* they would observe after entering the Land!

While the importance of expressing deserved gratitude is self-understood, it is difficult to comprehend the special significance of *Bikurim*. Isn't the Jewish day jam-packed with "thank you"s? The first words we utter when waking in the morning express our thanks to Hashem for returning our souls to our bodies. Thrice daily during the course of prayer, we thank Hashem for everything we could possibly think of. Before and after eating, we thank Hashem for the food. There is even a blessing recited upon exiting the restroom, thanking Hashem for normal bodily function!

With all the thanking which occurs on a daily basis, why the need for a specific mitzvah to emphasize the point? And why the great reward for this particular form of expressing thanks?

The Lubavitcher Rebbe points out one obvious difference between *Bikurim* and all the other ways we thank Hashem. *Bikurim* involves more than just words, it requires a commitment; the gratitude must express itself in deeds. *Bikurim* implies that our thankfulness to Hashem cannot remain in the realm of emotions, thoughts, or even speech, but must also move us to action.

While the mitzvah of *Bikurim* in its plainest sense is not practicable today, its lesson is timeless. Our gratitude to Hashem must express itself in the actions of our daily life. Giving back the "first of our fruit," the choicest share of the crop, is the only appropriate way to thank Hashem for giving us *all* our fruit.

Shabbat Shalom!

Rabbi Binyamin Bar

THANK YOU

A big thank you to our wonderful **Ladies' Guild** who have once again, this year, cleaned our silver so beautifully.

WHAT'S ON AT SWHC**Friday 4th September from 6:15pm | "Friday Night Live" with Carlebach Service**

Friday Night Live will begin with a Scotch & Sushi evening. Free Entry.

Motzei Shabbat 5th September, 10:30pm | Choral Midnight Selichot Service

Starting with a late Supper. A prelude to the awe inspiring days of the Yomim Noraim. "3 of the finest Chazanim in the UK." The Rinah Ensemble, with boy soloist, Benji Garfield, under the direction of Chazan Eliot Alderman with special Guest Chazan Adrian Alexander and harmonising with our own Rabbi Bar. Free entry.

Dirshu Bahalacha - Code of Jewish Law 15 minute interactive *Halacha Shiur* with Rabbi Bar. Monday, Tuesday, Thursday and Friday following the morning service.

Sunday 6th September, 10:30am - 12:30pm | Ladies' Guild Hat Sale, Shul Hall

£3.00 to include refreshments. Tickets from Lisa Berg, Sara Vandermolen or Shul Office.

Sunday 6th September | Richard Bennett will be doing a 54 mile bike ride for Leukaemia & Lymphoma research. To sponsor, go to www.justgiving.com/KingRichard-1976

Starting Shabbat 12th September Learn more about Shabbat. Roy Barnes will be running a series of explanatory discussions. All are welcome to attend. Boardroom 10:45am.

Shabbat 12th September | Next Shabbat we welcome back to the UK Rabbi Yisroel Newman who will be assisting Rabbi Bar over the High Holiday Services.

Sunday 13th September | CST Security Check Please leave your lockers & seats unlocked to enable the CST to make their inspections. Many thanks.

Shabbat Ha`azinu – 26th September – "Birthday Cake" Kiddush

Rabbi Bar and Gabbaim invite everyone who is celebrating a birthday, especially during August and September. Discretion 100%. Everyone NOT celebrating a birthday is very welcome to attend as well! RSVP Shul office.

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the Newsletter and/or Kiddush? Please contact the Shul Office to confirm availability, if you would like to book a Kiddush, contact **Lisa Berg on 07760 141162.**

THE SHOP

Opening hours this week | Sunday 9:30am – 11.30am, Monday 12noon - 3pm (cash purchases only), Thursday 10am – 4:30pm, Friday 9am – 12:30pm. (01702) 430307 (during opening hours). **For orders** email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271.