

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 3 October / 20 Tishri Mrs Valerie Lester, Mrs Rita Ereira, Mr Cyril Levy, Mr Philip Lewis, Mrs Linda Riseman, Mr Julian Nyman
Sunday – 4 October / 21 Tishri Mrs Beverley Grubba, Mrs Marion Sussman, Mrs Ruth Kaye
Monday – 5 October / 22 Tishri No Yahrzeits
Tuesday – 6 October / 23 Tishri Mrs Gill Hyams, Mrs Angela Ereira, Mrs Marylyn Solomon
Wednesday – 7 October / 24 Tishri Mrs Susan Sinclair, Mr Geoffrey Basco, Mrs Monica Freedman, Mrs Ruth Nortman, Mrs Doris Finesilver, Mrs Natalie Rubin
Thursday – 8 October / 25 Tishri Mrs Maureen Elman
Friday – 9 October / 26 Tishri Mrs Muriel Rosenberg, Mr Lawrence Goldman, Mrs Estelle Bradley, Mrs Betty Steel

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

REGULAR EVENTS AT SWHC

<p>Monday Club Talmud Torah Call Maurice on 01702 351845</p>	<p>Pop-In Tuesday 13th October Talmud Torah 2pm - 4pm Email Janice swhcf@gmail.com</p>	<p>Little Latkes Toddler Group Tuesdays Call Karen on 07887 847059</p>
<p>Raymond House Shabbat 3rd October, 10:15am Call Derek Silverstone 01702 616153</p>	<p>Bereavement Support Group Monday 19th October 8pm At the home Sophie Zetter Call Janice on 07752 874065</p>	<p>AID Society Bridge Sunday 11th October Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>
<p>Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST</p>	<p>connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org</p>	<p>Cheder & SJYC Tuesdays / Thursdays southendyouth@outlook.com or call Barry 07876 685826</p>
<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>SEED - Monday 12th October 8.45pm in Beth Hamedrash</p>	<p>To announce your event on the Shul website email: stan.stanrob@gmail.com</p>

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcf@gmail.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.

THE SHOP

Opening hours this week

Sunday 10.00am – 2.00pm, Thursday 10.00am – 4:30pm, Friday 9.00am – 12:30pm.
Call (01702) 430307 (during opening hours).

For orders email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271.



Rabbi Binyamin Bar

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Newsletter No. 899

3rd October 2015 – 20 Tishri 5776

SHABBAT COMMENCES 6:13pm

SHABBAT CHOL CHAMOED SERVICE TIMES

FRIDAY NIGHT

Mincha, Ma'ariv **6:15pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

SHABBAT AFTERNOON

Mincha then Seudah Shlishit in the

Sukkah **6:15pm**

Ma'ariv & Shabbat ends **7:21pm**

WEEKDAY SERVICE TIMES

Can be found in the Yom Tov Timetable

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **5.58pm**

Mincha / Ma'ariv **6:00pm**

We wish a hearty Mazeltov to our Honourees

Chatan Torah

Mr Symon Davis

Chatan Bereishis

Mr Ivor Rose

Youth Chatan Torah

Master Louis-Henri Shapiro

Youth Chatan Bereishis

Master Artie Thorn

Lady of the Year

Mrs Shirley Shalet

Eishes Chayil

Miss Deborah Basco

The Shul Office will be closed on Monday 5th & Tuesday 6th October
The Shul Office is now open each Sunday from 9am to 12 noon

Torah Reading (Artsroll Machzor page 534) Rabbi Bar
Haftorah Shabbat Chol Hamoad (Artsroll Machzor page 544) Anthony Larholt
If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

Lila & Alan Jacobs on the occasion of their Blue Sapphire (65th) Wedding Anniversary
Suzanne & Nigel Rosehill are delighted to announce the engagement of Jason to Natasha Kahn of London. Mazeltov to Joanna and David Kahn, along with a special Mazeltov to Great Aunties and Uncles, Helene Platman, Adele and David Ramet and Melvyn and Helene Rosehill.

PROUD TO BE A JEW – *Thoughts on the Parasha*

The cycle of the Torah has come to an end. In the past year, as every year, we read the story of our nation. We were awed by Adam and Eve (how awesome to be created by Hashem and have the world for yourself), sympathized with Noah (poor guy, he saw the whole world go down), were impressed with Abraham (first thrown into the furnace, then almost sacrificed his son), were caught up in the sibling rivalry between Joseph and his brothers, and held our breaths at the breathtaking saga of the Exodus. And then, from when Moses received the Torah on Mount Sinai until his final departure on Mount Nebo, we experienced the tumultuous forty-year journey through the desert. Laws, mistakes, complaints, smashing of the tablets, spies, plagues and the whole drama which our ancestors lived through on their historic trek from the pyramids to the land of Israel. The Torah reading every Shabbat morning was quite an entertaining and educational experience. And as we start all over again aware of the journey to come. What lessons, insights, and inspiration will we derive from our patriarchs and matriarchs next time around? Before we roll back the Torah from the Jordan River to 2,500 years earlier, let us reflect for a moment on Moses' final words, uttered just before he went up to the mountain and was buried by Hashem. Let his last words linger in our hearts: "*Fortunate are you, O Israel...*" These are wonderful parting words. Moses was proclaiming to the Jew of Israel and of Babylonia, the Jew of Tunisia and Spain, of France, Poland, America and even Southend: "My beloved fellow Jews, how lucky, how fortunate you are. How wonderful it is to be a Jew." No, it's not hard to be a Jew; nor is it a burden you must carry. We are lucky to be Jewish! Although we may live through incredible challenges for the next three millennia, we should, and will, always hold our head high! Yes, being Jewish is a gift, a cause for joy, a piece of heaven. Yes, Torah and Mitzvot are a blessing. They connect us to Hashem, and transform this world into a better place for all mankind. Dear friends: As the month of Tishri comes to a close and we look back on the most powerful month of the year – accepting G-d's sovereignty on Rosh Hashanah, being forgiven on Yom Kippur, uniting with G-d and our fellow Jews on Sukkot, dancing our souls on Simchat Torah – it is now the time to declare our pride in our Jewishness. I am a Jew and I'm proud.

Shabbat Shalom and Chag Sameach!

Rabbi Binyamin Bar

WHAT'S ON AT SWHC

Dirshu Bahalacha - Code of Jewish Law 15 minute interactive *Halacha Shiur* with Rabbi Bar. Thursday and Friday following the morning service.

Yom Tov Service Times and Candle Lighting Times

Please see separate Yom Tov Timetable

Sunday 4th October – Hoshanah Rabbah / Erev Yom Tov

Monday 5th October - Shemini Atzeret

Monday 5th October, 6:00pm - Children's SIMCHAT TORAH PARTY in the Talmud Torah

We have pleasure in inviting all our children as we celebrate Simchat Torah 5776 commencing at **6.00pm**, with entertainment from Papalarny and a 'Jelly & Ice Cream' Party. Goody bags with all kinds of everything. Afterwards, join the parents in the main Shul ready for singing and dancing round the Shul with the Torah. The Jelly & Ice Cream and Goody Bags are kindly sponsored by Jennifer & Geoffrey Pepper.

Tuesday 6th October - Simchat Torah Morning

Morning Service 9.30am, Brunch Kiddush 10.00am A 'sit down' brunch with lots of food & drink. Everyone welcome. Free of Charge. Afterwards, dancing with the Torah & running Kiddush.

24th & 25th October - SHABBAT UK Find more details in the Rosh Hashanah Community Voice Magazine or flyer. Friday night meal, Shabbat Lunch, Quiz & Seudah Shlishit. To be part of the Worldwide experience, please call the Shul Office. Pre-Booking is essential.

NOTICES

Kol Nidre Appeal 5776

By now you should all have received my letter regarding this year's Kol Nidre Appeal. Kindly call into the Shul office with your donation or go to: <https://mydonate.bt.com/events/swhc> to donate online.

Thank You. *Derek Silverstone*, President

Well Done to the Male Voice Choir!

On their brilliant performance at "Neilah" on Yom Kippur. If you would like to be a member of the choir, please contact Stanley Robinson.

Thank You to our wonderful Ladies' Guild for decorating our Sukkah so beautifully once again this year.

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the Newsletter and/or Kiddush? Please contact the Shul Office to confirm availability, if you would like to book a Kiddush, contact **Lisa Berg on 07760 141162**.