

(Yahrzeits begin the night before the date below)

Shabbat – 7 November / 25 Cheshvan Mr Alan Cohen, Mrs Pamela Collin,
Mr Geoffrey Pepper, Mr Derek Solomon, Mrs Sylvia Rankoff
Sunday – 8 November / 26 Cheshvan Mrs Joyce Baum, Mrs Sandra Miller,
Mrs Jackaline Jay, Mr Neville Hyams, Mr Martin Hyams, Mr Cyril Levy, Mr Ian Lewis
Monday – 9 November / 27 Cheshvan Mrs Rhoda Waterman, Mrs Teri Arkus,
Mr Leslie Lesser, Mrs Anne Meekings
Tuesday – 10 November / 28 Cheshvan Mrs Angela Russell, Mr Stanley Serkin,
Mrs Janice Steel, Mrs Renee Wallrock, Mr David Wallrock, Mrs Louise Nyman
Wednesday – 11 November / 29 Cheshvan Mr Barrie Jacobs, Mrs Suzanne Taylor
Thursday – 12 November / 30 Cheshvan Mr Allan Greenstein, Mrs Irene Baum
Friday – 13 November / 1 Kislev Mr Edward Harris

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

REGULAR EVENTS AT SWHC

<p>Monday Club SWHC Shul Hall Call Maurice on 01702 351845</p>	<p>Pop-In Tuesday 17th November Talmud Torah 2pm - 4pm Email Janice swhfc@gmail.com</p>	<p>Little Latkes Baby & Toddler Group Tuesdays 10.30 – 12.00 Call Karen on 07887 847059</p>
<p>AID Society Bridge Date TBC Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289</p>	<p>Bereavement Support Group Monday 23rd November 8pm At the home Barbara Black Call Janice on 07752 874065</p>	<p>Cheder & SJYC Tuesdays / Thursdays southendyouth@outlook.com or call Barry 07876 685826</p>
<p>Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST</p>	<p>connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / cssternshine@jcare.org</p>	<p>Join the Daily Minyan! To be added to the rota, please contact Geoffrey. geoffrey.pepper@hotmail.co.uk</p>
<p>J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info</p>	<p>SEED Monday 9th November 8.45pm in Beth Hamedrash</p>	<p>To announce your event on the Shul website email: stan.stanrob@gmail.com</p>

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the Newsletter and/or Kiddush? Please contact the Shul Office to confirm availability, if you would like to book a Kiddush, contact **Lisa Berg on 07760 141162.**

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhfc@gmail.com or leonardshulton@live.com, call Janice 07752874065 or Shul Office 01702 344900.



CHAYE SARA
Newsletter No. 904

7 November 2015 | 25 Cheshvan 5776

SHABBAT COMMENCES 4:02pm

Rabbi Binyamin Bar
Rabbi

Stanley Robinson
Geoffrey Pepper
Gabbaim

Finchley Road
Westcliff-on-Sea
Essex
SS0 8AD

Telephone 01702 344900
Fax 01702 391131
Email swhc@hotmail.co.uk
Website www.swhc.org.uk
Facebook facebook.com/swhc.org.uk

*This week's Newsletter is kindly sponsored by **Otto Deutsch** in commemoration of "Kristallnacht" (Night of the Broken Glass) 9 – 10 Nov 1938. The last time I saw my father, our Synagogues burned but our faith survived.*



ראש חודש

ROSH CHODESH

Thursday 12th - Friday 13th November
New Moon Wednesday 11th Nov, 6:35pm

AJEX SHABBAT TIMES

FRIDAY NIGHT	
Mincha / Kabbalat Shabbat	4:00pm
SHABBAT MORNING	
Shacharit	9:15am
Children's Service	11:00am
<i>Kiddush after the Service</i>	
Mincha	Immediately following the Morning Kiddush
Shabbat ends	5:14pm
Ma'ariv	5:35pm

WEEKDAY SERVICE TIMES

SUNDAY	
Shacharit	8:30am
Ma'ariv	6:00pm
MONDAY – WEDNESDAY & THURSDAY (1st Day Rosh Chodesh)	
Shacharit	8:00am
Ma'ariv	8:00pm
NEXT FRIDAY (2nd Day Rosh Chodesh)	
Shacharit	8:00am
Shabbat commences	3:51pm
Mincha / Kabbalat Shabbat	3:50pm

Torah Reading	Rabbi Bar	Soncino page 118
Haftorah Chaye Sara	Jeremy Symons	Soncino page 135
Blessing the New Month	Kislev	Sacks Singers page 424
Anim Zemiroth	Louis-Henri Shapiro	Sacks Singers page 458

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

MAZEL TOV *A hearty Mazel Tov from the SWHC Community!*

Berni & Sass Zecharia and Vardit & Itzik Zivan on the birth of a grandson, Matan, a son to **Rebecca & Yair Zivan**.

SETTING THE EXAMPLE *Thoughts on the Parasha.*

In relating the mission of Avraham's servant Eliezer to find a wife for Yitzhak (Isaac), the Torah's narrative (Genesis 24) is excessively lengthy and repetitive. The events are told as they unfold and then repeated when Eliezer recounts the events to the family of the bride to be, Rivka (Rebecca). Rashi (v. 42), quoting the Midrash, explains, "The ordinary conversation of the Patriarchs' servants are more pleasing before G-d than even the teachings of their children, for Eliezer's full account of his journey is recorded in the Torah, whereas many important halachic principles are derived only from textual allusions." Why is this so? What is so special about these interactions?

Rabbi Aharon Kotler expounds that for the derivation of the many legal principles of the Torah, our Sages were given specific parameters within the oral tradition of how to extract the various laws and their details. It is, therefore, enough for the Torah to allude to the principles, avoiding verbosity, knowing they will be understood. However, if one is to learn proper Jewish conduct and ethics, a list of laws does not suffice. The code of appropriate human interaction is contingent on myriad variables that change in different situations. One must develop sensitivity, set deep in the heart, to know the proper response for any given situation. Essential to this process is the careful observation of those who have achieved character refinement; profound understanding will be inculcated by the real-life examples.

To appreciate the numerous lessons in character refinement and proper interaction taught in this chapter of the Torah, the Torah needs to provide, at length, the background and context in which the events transpired. Thus, we are taught the proper conduct in any given context.

We are a nation charged with embodying the will and message of G-d. Thus, part of our mission is to be an example of proper conduct, morality, and character refinement. How do we become such a people? We must observe and learn from the examples of our forefathers and Sages and find, in their example, an understanding of proper character that will guide us in all situations in our lives.

This is also what we commemorate on this AJEX Shabbat: the incredible sacrifices of the men and women of the Armed Forces who distinguished themselves with proper conduct, morality and refined characters to protect King and Country. May we know of no more wars and may Hashem bless us with peace the world over, Amen!

Shabbat Shalom! *Rabbi Binyamin Bar*

Dementia Awareness Evening

Southend and Westcliff Community Care Committee held a Dementia Awareness evening. Guest speaker Michael Meehan from the Alzheimer's Society told the audience: "Three thousand people are living with dementia in the Southend area; 850,000 in the UK, and this is expected to double in the next 30 years." Mr Meehan also outlined how the Alzheimer's Society funds research products. For more information on the Carer's Information Programme – coping with strategies and free intensive course, please contact Janice Steel on 07752 874065.

WHAT'S ON AT SWHC

This Shabbat 7th November | AJEX Shabbat "Remembrance is a Mitzvah"

Shabbat Morning Remembrance Service, Southend & Westcliff Hebrew Congregation
All ex-Servicemen & Women, their families & friends, are invited to attend this most important Service. Kiddush sponsored by AJEX after the service.

Sunday 8th November | Mayor's Annual Civic Cenotaph Service and Parade

Assemble at Prittlewell Square at 10:20am. Rabbi Bar will read the lesson and Poppy Wreaths will be laid on behalf of SWHC and AJEX. Immediately after this Civic Service, AJEX will proceed to Stock Road Cemetery for the Service of Remembrance at our Jewish War Memorial. All Jewish ex-Servicemen and Women, together with widows of Jewish ex-Servicemen and their families are invited to come and march in the Parades.

Sunday 15th November | Annual National Parade and Reunion Rally

Service at Whitehall Cenotaph, 2:30pm. Conducted by the Chief Rabbi, Ephraim Mirvis.
Fall-In at Horse Guards Parade Ground, London 1:45pm.
Transport to Whitehall is available, please call Jeffrey Barcan on 01702 343192.

Shabbat 14th November We welcome back to Westcliff **Daryl Luder and Dawn & Neil Shestopal**, who will be joining us for Shabbat. Daryl will kindly be leyning for us and Neil will kindly be leading some of the services.

Friday 20th - Shabbat 21st November The welcome return of **Rev Gary Newman and family** after so many years, who will be joining us for Shabbat, Rev Newman will be leading the service on Friday night and Shabbat morning. Also joining us will be **Ralph Schiller** who will be kindly leyning for us on Shabbat.

Sunday 22nd November | Mitzvah Day is an annual day of social action that takes place in November each year. Community Groups and individuals undertake a range of volunteer projects for those in need in their local Community.

Sunday 22nd November, 2:30pm - 5pm | Jewish Genealogical Society
Contact Anne Marcus for details on avoceta@hotmail.com. All Welcome.

Sunday 22nd November | AID Society Quiz Community Centre. Sorry now fully booked.

Public Menorah Lighting at Cliffs Pavilion Sunday 6th - Sunday 13th December

Daily lighting times

Sunday 6th December, 7:30pm Thursday 10th December, 7:30pm

Monday 7th December, 7:30pm Friday 11th December, 3pm

Tuesday 8th December, 6:30pm Saturday 12th December, 6pm **Youth Chanukah Party**

Wednesday 9th December, 7:30pm Sunday 13th December, 7:30pm **Gala Night**

NOTICES

Security and CST Volunteers In light of the current situation we are urgently looking to recruit members of the community to join our Security Team. No experience necessary, full training given. Your community needs YOU! Please contact Kevin on 07855 257640.

The Shop | Opening Times Sunday, 9.30am-11.30am Thursday, 10.00am – 4:30pm
Friday, 9.00am – 12:30pm Monday, 12noon – 3pm (Cash only)

Email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271.