

**STONE SETTINGS** *Stock Road Cemetery SS2 5QF*

**A MINYAN IS URGENTLY REQUIRED FOR THESE STONE SETTINGS.**

Sunday 22nd November 2.00pm **Renee Crow** 2.45pm **Peter Frand**

**CONDOLENCES** *May G-d comfort you among the other mourners of Zion and Jerusalem.*

**Caroline Newman, Rabbi Yisroel Newman & Graham Newman** on the loss of a father and brother, Andrew Newman.  
**Daniel Plaskow, Mandy Krisman & Janet Bogen** on the loss of their father, Basil Plaskow.

**Yahrzeits** *Rabbi Bar and the whole community wish the following members, Long Life.*

*(Yahrzeits begin the night before the date below)*

**Shabbat – 14 November / 2 Kislev** Mrs Renee Levine, Mrs Sylvia Wand, Mr Melvyn Rosehill, Mrs Helene Platman, Mrs Janice Steel  
**Sunday – 15 November / 3 Kislev** Mrs Barbara Black, Mr Geoffrey Pepper, Mrs Marilyn Belson, Mrs Carol Turansky  
**Monday – 16 November / 4 Kislev** Mr Michael Engleman, Mrs Phyllis Fenton, Mrs Jackie Neidus, Mrs Lillie Wand, Mr Michael Rabinovitch  
**Tuesday – 17 November / 5 Kislev** Mr Jack Burns, Mrs Josephine Pitch, Mrs Susan Aarons, Miss Angela Davis, Mrs Myra Wolfe, Mrs Sandra Kutner, Mrs Lisa Shapiro  
**Wednesday – 18 November / 6 Kislev** Mrs Sandra Miller, Mrs Terrie Levene, Mr Michael Yaffe  
**Thursday – 19 November / 7 Kislev** Mr Jack Burns, Mr Brian Levene, Mr Stephen Salt, Mrs Robyna Shinegold  
**Friday – 20 November / 8 Kislev** Mrs Natalie Belson, Mrs Betty Kosky, Mrs Jennifer Silver, Mrs Angela Russell

**VISITING THE SICK** If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email [swhcf@gmail.com](mailto:swhcf@gmail.com) or [leonardshulton@live.com](mailto:leonardshulton@live.com), call Janice 07752874065 or Shul Office 01702 344900.

**REGULAR EVENTS AT SWHC**

<b>SEED</b> Monday 23 <sup>rd</sup> Nov 8.45pm in Beth Hamedrash	<b>J.A.C.S.</b> Wednesdays Call Allan Goldstein 01268 771978 for more info	<b>Monday Club - Shul Hall</b> Call Maurice on 01702 351845
<b>Cemetery Opening Times</b> Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST	<b>connect@southend</b> Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / <a href="mailto:csternshine@jcare.org">csternshine@jcare.org</a>	<b>Bereavement Support Group</b> Monday 23 <sup>rd</sup> Nov 8pm At the home Barbara Black Call Janice on 07752 874065
<b>Little Latkes</b> Baby & Toddler Group Tuesdays 10.30 – 12.00 Call Karen on 07887 847059	<b>Pop-In – Talmud Torah</b> Tuesday 17 <sup>th</sup> Nov 2pm - 4pm Email Janice <a href="mailto:swhcf@gmail.com">swhcf@gmail.com</a>	<b>Cheder &amp; SJYC</b> Tuesdays / Thursdays <a href="mailto:southendyouth@outlook.com">southendyouth@outlook.com</a> or call Barry 07876 685826



Newsletter No. 905

**SHABBAT COMMENCES 3:51pm**

14 November 2015 | 2 Kislev 5776

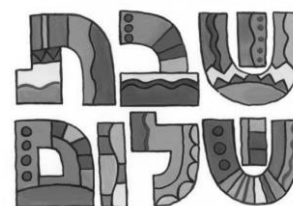
**Rabbi Binyamin Bar**  
*Rabbi*

**Stanley Robinson**  
**Geoffrey Pepper**  
*Gabbaim*

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*This week's Newsletter is sponsored Anonymously.*



**SHABBAT TOLDOT TIMES**

<b>FRIDAY NIGHT</b>	
Mincha / Kabbalat Shabbat	<b>3.50pm</b>
<b>SHABBAT MORNING</b>	
Shacharit	<b>9:15am</b>
Children's Service	<b>11:00am</b>
<i>Kiddush after the Service</i>	
Mincha	<b>Immediately following the Morning Kiddush</b>
Shabbat ends	<b>5:04pm</b>
Ma'ariv	<b>5:30pm</b>

**WEEKDAY SERVICE TIMES**

<b>SUNDAY</b>	
Shacharit	<b>8:30am</b>
Ma'ariv	<b>6:00pm</b>
<b>MONDAY – THURSDAY</b>	
Shacharit	<b>8:00am</b>
Ma'ariv	<b>8:00pm</b>
<b>NEXT FRIDAY</b>	
Shacharit	<b>8:00am</b>
Shabbat commences	<b>3:42pm</b>
Mincha / Kabbalat Shabbat	<b>3:40pm</b>

<b>Torah Reading</b>	Daryl Luder	Soncino page 140
<b>Haftorah Toldot</b>	Neil Shestopal	Soncino page 159

*If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.*

## **MAZEL TOV** *A hearty Mazel Tov from the SWHC Community!*

**Shirley & Alan Shalet** on the marriage of their nephew, Joshua Daniel Shalet to Elkie (Israel)

**Hazel & Ivor Rose** on the occasion of their Sapphire (45<sup>th</sup>) Wedding Anniversary

**Michael Goldring** on the occasion of his 85<sup>th</sup> Birthday

**Cynthia Lee** on the occasion of her 80<sup>th</sup> Birthday

## **THE NATURE OF G-D'S BLESSINGS** *Thoughts on the Parasha.*

Yitzchak and Rivka had two sons, Esav and Yaakov. "The lads grew up and Esav became one who knows hunting, a man of the field; but Yaakov was a wholesome man, abiding in tents." (Genesis 25:27) The two sons had completely different natures. Esav led a life of immorality; whilst Yaakov was busy with righteous deeds and Torah learning. Yitzchak and Rivka had a difference of opinion as to which of their sons Yitzchak should be blessed with material abundance. Yitzchak wanted to bless Esav, but Rivka wanted him to bless Yaakov. Why did Yitzchak want to give the blessing to Esav? Was he not aware of Esav's nature?

Rabbi Eliezer Dessler explains that blessings can never sway the fundamental principle that all human beings in all circumstances have the freedom to choose. When G-d judges us, He looks at the choices we made in our own individual circumstances. Blessings, at best, can improve our circumstances. G-d can send us health, wealth, children, or any other form of blessing; we must choose how to capitalize on the opportunities these circumstances give us.

Yitzchak knew about Yaakov being a truly righteous person. He would choose to serve G-d regardless of his circumstances. From Yitzchak's perspective, not only did Yaakov have no need for his blessing, he would be better off without it. If he could serve G-d under the most difficult circumstances he would ultimately accomplish more in life. Esav, on the other hand, needed a blessing. He had a difficult time overcoming his evil inclination to serve G-d. Yitzchak hoped that under the right circumstances he would improve.

On the other hand, Rivka appreciated two subtleties in this situation. First, improving Esav's circumstances would not improve him. He had succumbed to his evil inclination to such a degree that the more blessings he would be given, the more he would misuse them to fulfill his own selfish desires. Further, Yaakov needed a blessing. Even though he was truly righteous, his descendants throughout time, who may not be as righteous as he, would also be impacted by the blessing. They would certainly need any available Divine assistance to enable their proper service of G-d.

We often pray for blessings in life, sometimes reflexively. In reality, these blessings are designed to facilitate our service of G-d. If it is truly in our best interest, then G-d will certainly respond to our prayers affirmatively. May we all receive the blessings that are appropriate for us. Amen.

Shabbat Shalom!

*Rabbi Binyamin Bar*

## **WHAT'S ON AT SWHC**

**THIS SHABBAT** We welcome back to Westcliff **Daryl Luder and Dawn & Neil Shestopal**, who will be joining us for Shabbat. Daryl will kindly be leyning for us and Neil will kindly be leading some of the services.

### **Sunday 15<sup>th</sup> November | Annual National Parade and Reunion Rally**

Service at Whitehall Cenotaph, 2:30pm. Conducted by the Chief Rabbi, Ephraim Mirvis.

Fall-In at Horse Guards Parade Ground, London 1:45pm.

Transport to Whitehall is available, please call Jeffrey Barcan on 01702 343192.

### **Tuesday 17<sup>th</sup> November | Jewish Women & Men's Circle**

Women are at the home of Rochelle Samuel 7:45pm for 8:00pm. Men's venue to be confirmed, please contact the Shul Office if you would like to host.

**Friday 20<sup>th</sup> - Shabbat 21<sup>st</sup> November** The welcome return of **Rev Gary Newman and family** after so many years, who will be joining us for Shabbat. Rev Newman will be leading the service on Friday night and Shabbat morning. Also joining us will be **Ralph Schiller** who will be kindly leyning for us on Shabbat.

**Sunday 22<sup>nd</sup> November | Mitzvah Day** is an annual day of social action that takes place in November each year. Community Groups and individuals undertake a range of volunteer projects for those in need in their local Community.

### **Sunday 22<sup>nd</sup> November, 2:30pm - 5pm | Jewish Genealogical Society**

Contact Anne Marcus for details on [avoceta@hotmail.com](mailto:avoceta@hotmail.com). All Welcome.

### **Sunday 22<sup>nd</sup> November | AID Society Quiz** Community Centre.

Entrance by ticket only – SOLD OUT.

### **Public Menorah Lighting at Cliffs Pavilion | Sunday 6th - Sunday 13th December**

*Daily lighting times*

Sunday 6<sup>th</sup> December, 7:30pm      Thursday 10<sup>th</sup> December, 7:30pm

Monday 7<sup>th</sup> December, 7:30pm      Friday 11<sup>th</sup> December, 3pm

Tuesday 8<sup>th</sup> December, 6:30pm      Saturday 12<sup>th</sup> December, 6pm **Youth Chanukah Party**

Wednesday 9<sup>th</sup> December, 7:30pm      Sunday 13<sup>th</sup> December, 7:30pm **Gala Night**

### **AID Society Bridge | Thorpe Bay Bridge Club**

20th Dec & 10th Jan. Call Geoff Cohen 339601 or Jan Linden 343289

## **NOTICES**

**Security and CST Volunteers** In light of the current situation we are urgently looking to recruit members of the community to join our Security Team. No experience necessary, full training given. Your community needs YOU! Please contact Kevin on 07855 257640.

**The Shop | Opening Times** Sunday, 9.30am-11.30am      Thursday, 10.00am – 4:30pm  
Friday, 9.00am – 12:30pm      Monday, 12noon – 3pm (Cash only)

Email: [alanmarkovitch@yahoo.co.uk](mailto:alanmarkovitch@yahoo.co.uk) or leave a message on 07956 597271.