

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush? Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Saying Kaddish in Shul?

Please ensure you bring at least **Two relatives or friends** to help with the Minyan.

We wish the following members "Long Life" for their Yahrzeits commencing the evening before:

Shabbat – 30 May/12 Sivan: Mrs Yvette Eichen, Mr Jeffrey Freedman, Mr Steven Hodis,

Mr Ronald Kalmus, Mrs Janice Langsman, Mrs Rochelle Spector, Mr Barry Riseman

Sunday – 31 May/13 Sivan: Mrs Adele Ramet, Mrs Freda Levy, Mr Leslie Royston, Mrs Lila Jacobs, Mr Andrew Levitt, Mrs Jane Lipner

Monday – 1 June /14 Sivan: Mr Gerry Althasen, Mr Dennis Baum, Mr Colin Baum, Mrs Dena Whitehead, Mrs Lilian Montsash

Tuesday – 2 June/15 Sivan: Mrs Sandra Symons, Mr Jeffrey Greenstein, Mrs Maureen Elman, Mr Cedric Jacobs, Mr Stuart Jacobs, Mr Keith Jacobs

Wednesday – 3 June/16 Sivan: Dr Arnold Azulay, Mr Charles Freedman, Mrs Sheila Leigh

Thursday – 4 June/17 Sivan: Mrs Phyllis Abrahams, Mrs Diane Franks, Mrs Adrienne Sussman, Mr Gerry Russell, Mr Philip Walters, Mr Michael Walters

Friday – 5 June/18 Sivan: Mr Jeffrey Barcan, Mrs Jackie Franks, Mrs Marylyn Solomon

Monday Club-Talmud Torah Call Maurice 01702 351845	Pop In - Tues 16 June Talmud Torah 2pm – 4pm	Toddler Group - Tues Call Karen 07887 847059
connect@southend-Thurs Talmud Torah Call Chris Sternshine 334655 or csternshine@jcare.org	Youth Kitchen For dates contact southendyouth@outlook.com Barry Jacobs 07876 685826	Cemetery Opening Times Winter: Sunday – Friday 10am – 3pm GMT Summer: Sunday – Friday 10am – 4pm BST
Raymond House Shabbat 6 Jun - 10.15am Call Derek Silverstone 01702 616153	Cheder 4.45pm to 6.15pm southendyouth@outlook.com Refreshments served at 4.30pm	SJYC 5-11yrs Every Thurs 4.30pm-6.30pm southendyouth@outlook.com or call 07876 685826
J.A.C.S. - Every Wed Call Allan Goldstein 01268 771978 for more info	SEED - Mon 1st June 8.45pm in Beth Hamedrash	To announce your event on the Shul website email stan.stanrob@gmail.com

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm: Sundays 9.30am – 11.30am

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271

Visiting the Sick

If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the Care Community Committee, please email swhcgm@btconnect.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.

12 Sivan 5775 - 30 May 2015 ב"מ"ד



Email: swhc@hotmail.co.uk Tel: 01702 344900 Website: www.swhc.org.uk

Rabbi: Rabbi Binyamin Bar

Wardens: Stanley Robinson & Geoffrey Pepper

Shabbat Naso Services

Shabbat begins Friday night at 8.00pm
Mincha followed by Kabbalat Shabbat 7.30pm

Shacharit 9.15am
Children's Service 11.00am

Kiddush after the Service

Shabbat Afternoon Shiur 8.15pm
Mincha followed by Seudah Shilishis 9.00pm
Shabbat ends 10.15pm

Service Times

Sunday

Shacharit 8.30am Mincha/Ma'ariv 7.00pm

Monday - Thursday

Shacharit 8.00am Mincha/Ma'ariv 8.00pm

Next Friday – 5 June

Shacharit 8.00am
Shabbat begins 8.00pm
Service 7.30pm

This week's leaflet is sponsored Anonymously

We can all be Leviim!

The tribe of Levy was counted separately in the desert of Sinai, apart from all the rest of the Jewish people. Almost from its beginning, the tribe of Levy was deemed to be special. Even though it had a violent start in its history, as Levy himself was one of the chief instigators of the rift between Joseph and the brothers as well as being a destroyer of the city of Shchem, the tribe of Levy, already in Egypt, began to redefine itself almost exclusively in terms of pious leadership and service within Israel.

It became the miniature "kingdom of priests and holy nation," the prototype for all of the other tribes and individual families of the Jewish people. Therefore, after the debacle of the Golden Calf in the desert, the first-born Jews forfeited their original priestly role and the tribe of Levy was "given over" to God's service, to engage in the holy work of the Temple, to become the teachers of Torah and the role-models of values for their fellow Jews. As such, the tribe of Levy was separated from ordinary life. It owned no property in the Land of Israel, it was freed from most taxes and national service burdens, it was supported by the tithes and contributions of its fellow Jews.

After the destruction of the Temple, the tribe of Levy lost much of its unique role in the Jewish world. But the task of the Leviim in being the nucleus of Torah knowledge and moral inspiration for the Jewish world still remained. Even though there was no longer a Temple, a Levy still had to behave as a Levy.

Apparently, in the new and more difficult Jewish world of exile, just the tribe of Levy alone would not be sufficient for the task. Therefore, Rabbi Moshe ben Maimon (Maimonides), states that every human being can now become a Levy. In his golden words: "Every person who enters this world, whose spirit moves him and his intellect instructs him... to stand before God, to truly serve Him, to walk upright and straight in His paths... such a person has sanctified himself as being holy of holies, and he will receive in the World to Come his proper reward as God has given such to the Kohanim and the Leviim."

Let us be aware of the Levy who behaves as a Levy, and give that exalted person due honor, recognition and emulation. Let us count those Leviim separately from the whole nation and extend to them our appreciation and blessing. Let us all be Leviim!

Shabat Shalom,
Rabbi Binyamin Bar

Dirshu Bahalacha - Code of Jewish Law

15 Minute interactive Halacha Shiur with Rabbi Bar

Monday, Tuesday, Thursday and Friday following the morning service

We wish a Hearty Mazeltov to:

Geoffrey Basco on the occasion of his 80th Birthday

Nita & Stanton Marcus on the occasion of their Blue Sapphire (65th) Wedding Anniversary

Vanessa & Kevin Leigh on the occasion of their Silver (25th) Wedding Anniversary

Sun 7th June - Tombstone Consecration - Stock Road

11.30am Eva Freedman

Sun 7th June - AID Society Bridge

Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289.

Mon 8th June - Bereavement Support Group - 8.00pm

At the home of Barbara Black. Call Janice – 07752 874065

Sun 14th June - Jewish Genealogical Society - Local Group

2.30pm to 5.00pm. Everyone welcome.

Contact Anne Marcus for details at avoceta@hotmail.com.

Tues 16th June - Jewish Women's Circle - At the home of Marilyn Salt

7.30pm for 8.00pm start. Rebbetzin Sufrin will again be enlightening us with her invaluable knowledge. Please contact Shul Office if you wish to attend.

Tues 21st July-WIZO Trip to the V&A Exhibition SHOES: Pleasure & Pain

A must for anyone who wears shoes! Call Adrienne, 333004 for more info & to book a place.

Morning Minyan - The cheer-up Squad!!

Gentlemen please come and support the "flagship" morning Minyan – and be cheered-up! it is one of the gems of this community – So don't be shy – after the service you can catch up with the latest news and make some new friends!

Calendars, Luachs and Diaries

Calendars, Luachot and Diaries can now be ordered ahead of Rosh Hashanah, preferably as soon as possible from Dorothy Young on Southend 3311218 (not Shabbat) or Dorothy@dorothyyoung.co.uk or ask in The Shop

Do you want to know more about the Shabbat morning service – Shabbat 5th September

Roy Barnes is running a series of Explanatory discussion groups for everyone - all are welcome to attend. In the boardroom 10.45am.

Coming Soon

Aid Society Shabbat

CST Shabbat

Minyan Shabbat

Auf Rufs & Wedding Anniversaries