

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush? Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Saying Kaddish in Shul?

Please ensure you bring at least **Two relatives or friends** to help with the Minyan.

We wish the following members "Long Life" for their Yahrzeits commencing the evening before:

Shabbat – 16 May/27 Iyar: Mrs Julie Franks, Mr Jonathan Rapp, Mr Roger Rapp

Sunday – 17 May/28 Iyar: Mrs Loretta DeHaan, Mr Alan Gershlick, Mr David Gershlick, Mrs Maxine Herman, Mrs Alice Lapp, Mr Derek Solomon, Mrs Marylyn Solomon

Monday – 18 May/29 Iyar: Mrs Estelle Bradley, Mr Ronnie Kloos, Mrs Gloria Goldring, Mr Lawrence Simmons, Mrs Susan Stone, Mrs Barbara Zybutz

Tuesday – 19 May/1 Sivan: Mrs Brenda Franks, Mrs Tracy Jacobs

Wednesday – 20 May/2 Sivan: Mr Lewis Herlitz, Mrs Enid Isaacs, Mr Ivan Kanutin, Mrs Sharon Somers, Mr Michael Rabinovitch, Mr Melvyn Shulton, Mr Leonard Shulton

Thursday – 21 May/3 Sivan: Mrs Mozelle Simmons, Mr Michael Konyn, Mrs Gill Hyams, Miss Paula Symons

Friday – 22 May/4 Sivan: Mrs Sylvia Bennett, Mr Otto Deutsch, Mrs Loretta DeHaan, Mrs Diane Franks, Mr Russell Franks, Mrs Morissa Thorn, Mrs Sandra Caplan, Mrs Rhoda Lever

Monday Club-Talmud Torah Call Maurice 01702 351845	Pop In - Tues 19 May Talmud Torah 2pm – 4pm	Toddler Group - Tues Call Karen 07887 847059
connect@southend-Thurs Talmud Torah Call Chris Sternshine 334655 or csternshine@jcare.org	Youth Kitchen For dates contact southendyouth@outlook.com Barry Jacobs 07876 685826	Cemetery Opening Times Winter: Sunday – Friday 10am – 3pm GMT Summer: Sunday – Friday 10am – 4pm BST
Raymond House Shabbat 6 Jun - 10.15am Call Derek Silverstone 01702 616153	Cheder 4.45pm to 6.15pm southendyouth@outlook.com Refreshments served at 4.30pm	SJYC 5-11yrs Every Thurs 4.30pm-6.30pm southendyouth@outlook.com or call 07876 685826
J.A.C.S. - Every Wed Call Allan Goldstein 01268 771978 for more info	SEED - Mon 1st June 8.45pm in Beth Hamedrash	To announce your event on the Shul website email stan.stanrob@gmail.com

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm: Sundays 9.30am – 11.30am

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271

Visiting the Sick

If you know anyone who would like a hospital visit from Rabbi Bar, please contact the Shul Office or

Email swhcgm@btconnect.com or leonardshulton@live.com or call Janice 07752874065

27 Iyar 5775 - 16 May 2015 ב"מ"ד



Email: swhc@hotmail.co.uk Tel: 01702 344900 Website: www.swhc.org.uk

Rabbi: Rabbi Binyamin Bar

Wardens: Stanley Robinson, Geoffrey Pepper

Shabbat Behar-Bechukotai Services

Shabbat begins Friday night at	8.00pm
Mincha followed by Kabbalat Shabbat	7.30pm
Shacharit	9.15am
Children's Service	11.00am
Kiddush after the Service	
Shabbat Afternoon Shiur	7.45pm
Mincha followed by Seudah Shilishis	8.30pm
Shabbat ends	9.50pm

Service Times

Sunday (Yom Yerushalayim)

Shacharit 8.30am Mincha/Ma'ariv 7.00pm

Monday

Shacharit 8.00am Mincha/Ma'ariv 8.00pm

Tuesday (Rosh Chodesh)

Shacharit 8.00am Mincha/Ma'ariv 8.00pm

Wednesday & Thursday

Shacharit 8.00am Mincha/Ma'ariv 8.00pm

Next Friday – 22 May

Shacharit	8.00am
Shabbat begins	8.00pm
Service	7.30pm

This week's leaflet is sponsored Anonymously

Soncino Torah Reading – Rabbi Bar - Page 764
Haftorah – Roy Barnes - Page 789
Blessing the New Month – Sivan – Page 424 (Sacks Siddur)

Freedom, Jubilee and Us

"And you will count seven Shmitah (Sabbatical) cycles seven years, seven times, forty-nine years. And you will sanctify the fiftieth year and proclaim freedom in the land for all of its inhabitants." [Leviticus 25:8].

The Yovel (Jubilee) year heralded the freeing of all slaves. The standard six-year term of slavery would be prematurely terminated at the start of the Yovel year. Even those who had wished to continue slavery upon the conclusion of their six-year term were no longer slaves once the Yovel arrived. Over the course of time, many family fields would be sold. Yovel would automatically return the land to the original owners.

Yovel was certainly a proclamation of freedom for many but why is it described as a proclamation of freedom for all of its inhabitants?

Our lines get blurred when it comes to ownership. That's mine. I've earned it. Yovel grants a person a clear perspective. I'm the master over no one and no thing. Hashem appoints me for a limited amount of time and then it passes on to someone else. I got a great deal on that field, now it goes back to its owner. This servant really had my home running smoothly, he now returns to his home. The soul had become subservient to the physical needs being over-filled, it is now freed.

This is why on the fiftieth year, freedom is proclaimed in the land for all of its inhabitants. Each and every individual prioritizes. There's now a sense of freedom.

The famed Rav Aryeh Levin lived in the Old City of Yerushalayim in a one room home. When asked by a journalist how he could possibly be comfortable living in such a way, he responded with his view of his accommodations. "The room is higher than I am; I do not have to bend down to move about. I never run to a third room to get something that I need. Everything is at hand right here in this room. I live like a king!"

The proverbial half-filled glass. Yovel revealing that freedom and shaping our attitude to recognize and appreciate that reality. The ex-owners gain a freedom. Perhaps, a freedom even more profound than that of the ex-slaves.

Shabbat Shalom,
Rabbi Binyamin Bar

We wish a Hearty Mazeltov to:

Sara & Michael Vandermolen on the marriage of their son, Dr Sebastian Vandermolen to Dr Brooke Calvert, daughter of Beverly & Howard Calvert.
Mazeltov too to grandmother, Sylvia Vandermolen.
Rosalyn Cohen on the occasion of her 85th Birthday
Zena & Royston Keizer on the occasion of their Diamond (60th) Wedding Anniversary

This Shabbat 16th May

This Shabbat is Council Shabbat so please show your support and come along and welcome in your new Executive & Council. Enjoy a pleasant Kiddush after the service.

Sun 17th May

On Yom Yerushalayim, 28 Iyar, we commemorate and celebrate the anniversary of the Liberation of the Old City of Jerusalem and the reunification of all Jerusalem during the Six Day War in 1967.

SHAVUOT

This year the festival commences after Shabbat Shabbat – 23rd May - Erev Shavuot

Shabbat Mincha 8.30pm followed by Seudah Shilishis (lots of refreshments and cheesecake) including a programme of learning for men and women.

Guest Speakers: Dr Arnold Azulay, Jeremy Symons and Roy Barnes.

Shabbat ends and Shavuot begins at 10.03pm.

Shavuot Candles must not be lit before this time.

Sunday – 24th May - 1st day Shavuot

Morning Service 9.15am (including **The Ten Commandments**)

Haftorah – Dr Arnold Azulay

Mincha followed by Ma'ariv 7.30pm

2nd night candle lighting 10.05pm

Candles should not be lit before this time

Monday 25th May – 2nd day Shavuot

Morning Service 9.15am (including **Yizkor**)

Haftorah – Stephen Marcon

Mincha 8.45pm – Ma'ariv & Yom Tov ends at 10.07pm

Sun 7th June – AID Society Bridge

Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289.

Mon 8th June – Bereavement Support Group – 8.00pm

At the home of Barbara Black. Call Janice – 07752 874065

Tues 16th June – Jewish Women's Circle – At the home of Marilyn Salt

7.30pm for 8.00pm start. Rebbetzin Sufrin will again be enlightening us with her invaluable knowledge. Please contact Shul Office if you wish to attend.

The "Flagship" Morning Minyan

Gentlemen please come and support the "flagship" morning minyan – it is one of the gems of this community – if you attended even occasionally – it would make a big difference. So don't be shy – after the service you can catch up with the latest news and make some new friends!

Coming soon on Shabbat

The return of Roy Barnes' Explanatory Shabbat Service.