

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush? Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Saying Kaddish in Shul?

Please ensure you bring at least **Two relatives or friends** to help with the Minyan.

We wish the following members "Long Life" for their Yahrzeits commencing the evening before:

Shabbat – 6 June/19 Sivan: Mr Lionel Barnett, Mrs Sarah Roseman, Mrs Fay Sober

Sunday – 7 June/20 Sivan: Mr Danny Greenbaum, Mrs Trudy Greenbaum, Mr David Wine

Monday – 8 June /21 Sivan: Mrs Pamela Diskin, Mr Basil Plaskow

Tuesday – 9 June/22 Sivan: Mrs Janette Jacques, Mr Sammy Dias, Mr Alan Hoff, Mrs Elise Levy, Mr Arnold Lieberman, Mrs Rosalyn Silverstone, Mrs Florette Lieberman, Mr Stewart Somers, Mrs Ella Hyman

Wednesday – 10 June/23 Sivan: Mrs Alice Lapp, Mr Joseph Patchick

Thursday – 11 June/24 Sivan: Mrs Rosalyn Silverstone, Mr Andrew Roth

Friday – 12 June/25 Sivan: Mr Keith Fenton, Mrs Cynthia Simmons, Mrs Trudy Greenbaum, Mr Derek Solomon

Monday Club-Talmud Torah Call Maurice 01702 351845	Pop In - Tues 16 June Talmud Torah 2pm – 4pm	Toddler Group - Tues Call Karen 07887 847059
connect@southend-Thurs Talmud Torah Call Chris Sternshine 334655 or cssternshine@jcare.org	Youth Kitchen For dates contact southendyouth@outlook.com Barry Jacobs 07876 685826	Cemetery Opening Times Winter: Sunday – Friday 10am – 3pm GMT Summer: Sunday – Friday 10am – 4pm BST
Raymond House Shabbat 6 Jun - 10.15am Call Derek Silverstone 01702 616153	Cheder 4.45pm to 6.15pm southendyouth@outlook.com Refreshments served at 4.30pm	SJYC 5-11yrs Every Thurs 4.30pm-6.30pm southendyouth@outlook.com or call 07876 685826
J.A.C.S.- Every Wed Call Allan Goldstein 01268 771978 for more info	SEED - Mon 15 June 8.45pm in Beth Hamedrash	To announce your event on the Shul website email stan.stanrob@gmail.com

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm: Sundays 9.30am – 11.30am

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271

Visiting the Sick

If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the Care Community Committee, please email swhcgm@btconnect.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.

19 Sivan 5775 - 6 June 2015 ב"ה"ט"ד



Email: swhc@hotmail.co.uk Tel: 01702 344900 Website: www.swhc.org.uk

Rabbi: Rabbi Binyamin Bar

Wardens: Stanley Robinson & Geoffrey Pepper

Shabbat Beha'lotecha Services

Shabbat begins Friday night at 8.00pm
Mincha followed by Kabbalat Shabbat 7.30pm

Shacharit 9.15am
Children's Service 11.00am

Kiddush after the Service

Shabbat Afternoon Shiur 8.25pm
Mincha followed by Seudah Shilishis 9.10pm
The Seudah is kindly sponsored by Roberta & Michael Yaffe to mark the occasion of Elliot's forthcoming marriage in Israel
Shabbat ends 10.25pm

Service Times

Sunday

Shacharit 8.30am Mincha/Ma'ariv 7.15pm

Monday - Thursday

Shacharit 8.00am Mincha/Ma'ariv 8.00pm

Next Friday – 12 June

Shacharit 8.00am
Shabbat begins 8.00pm
Service 7.30pm

Soncino Torah Reading – Rabbi Bar - Page 838
Haftorah Beha'lotcha – Josh Hodis - Page 857

The Menorah - A Lesson in Parenting

Lighting the Menorah in the Temple seems to be a very straightforward matter. One needs little skill or training apparently to light the candelabra. Yet the Torah's emphasis in this week's Parasha talks about a deeper meaning to this seemingly mundane and simple act.

Rashi mentions this deeper idea by his comment that the obligation of the Kohen was to keep his fire at the candelabra's wick, "until they caught and burned brightly on their own." This is a rule not only in lighting the Menorah but also in life – in raising and educating children, in inspiring others with ideals, skills and knowledge.

The ability to let the "wick" catch fire and light on its own is necessary for successful parenting and teaching. It can be emotionally difficult to let go of a child and a student. But the truth is that only by letting go and allowing the "wick" – child, student – to flame on its own is one's parental and educational responsibility fulfilled. We cannot live another person's life for that person. We can only attempt to provide that other person with the tools to succeed and accomplish.

The other side of the coin in this matter is equally important. The Kohen may not remove the flame from the wick prematurely. He must make certain that the flame of the wick will not sputter out when he removes his flame from the wick. The responsibility of parents and teachers remains as long as the child or student is still unable to light on its own. Many times in life it is difficult to light the flame in others. The tendency is for the flame giver to despair and eventually give up on the effort.

Students are expelled from schools and parents and children remain distant. No two instances in life are alike and there are therefore no real general rules that can be imposed in such situations. Some people are late bloomers and thus the flame has to be kept to their wick longer than usual, with infinite patience and untiring efforts.

Perhaps that is why the Torah emphasizes this seemingly ordinary act of lighting the menorah in the Temple because it represents the ambiguities that lie at the heart of many basic issues in life, family and community affairs.

Shabbat Shalom.
Rabbi Binyamin Bar

Dirshu Bahalacha - Code of Jewish Law

15 Minute interactive Halacha Shiur with Rabbi Bar

Monday, Tuesday, Thursday and Friday following the morning service

We wish a Hearty Mazeltov to:

Shirley & Alan Shalet on the occasion of their Emerald (55th) Wedding Anniversary

We offer our heartfelt condolences to:

The family of the late Lena Bloomfield

The family of the late Lily Levy

Vivien Jacobs and Guy Lesser on the loss of their mother, Joyce Lesser and Gerald Walters on the loss of his sister.

Maureen Shaw, Amanda Dobkins & Kay Grice on the loss of a husband & father, Don Shaw

Sun 7th June - Tombstone Consecration - Stock Road

12.00noon Eva Freedman

Sun 7th June - AID Society Bridge

Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289.

Mon 8th June - Bereavement Support Group - 8.00pm

At the home of Barbara Black. Call Janice – 07752 874065

Sun 14th June - Tombstone Consecrations - Stock Road

2.00pm Esther Leader

2.45pm Jacqueline Levy

3.45pm Kitty Hyams

Sun 14th June - Jewish Genealogical Society - Local Group

2.30 - 5.00pm. All welcome. Contact Anne Marcus for details at avoceta@hotmail.com.

Tues 16th June-Jewish Women's Circle in Partnership with Chabad of Ilford

At the home of Marilyn Salt

7.30pm for 8.00pm start. Rebbetzin Sufrin will again be enlightening us with her invaluable knowledge. Please contact Shul Office if you wish to attend.

Tues 16th June - Jewish Men's Circle in Partnership with Chabad of Ilford

At the home of Roy Barnes

7.30pm for 8.00pm start. Rabbi Sufrin will again be enlightening us with his invaluable knowledge. Please contact Shul Office if you wish to attend.

Sun 21st June - The Shop - Closure

The Shop will be closed on Sunday 21st June for Staff Holidays.

Shabbat 11th July - AID Society Shabbat

Please come along and show your support for the AID Society.

Wed 15th July - The 11th Annual Charity Walk for JAMI on the seafront

Sybil & Ralph Schiller and Larry Lisner will be walking 10 miles to raise money for the Friday night dinners at the Jami Centre in London. Please sponsor Larry generously.

Tues 21st July-WIZO Trip to the V&A Exhibition SHOES: Pleasure & Pain

A must for anyone who wears shoes! Call Adrienne, 333004 for more info & to book a place.

Calendars, Luachs and Diaries

Calendars, Luachot and Diaries can now be ordered ahead of Rosh Hashanah, preferably as soon as possible from Dorothy Young on 01702 3311218 (not Shabbat) or email Dorothy@dorothyyoung.co.uk or ask in The Shop.

Do you want to know more about the Shabbat morning service?

Starts Shabbat 5th Sept

Roy Barnes will be running a series of Explanatory discussion groups for everyone – all are welcome to attend. In the boardroom 10.45am.

Email Addresses

If you are on email and would like to be added to our email circulation list, please contact the Synagogue Office