

CONDOLENCES

We offer our heartfelt condolences to:

Ray Turner, Andrew Turner, Daniel Turner and Sylvia Gould on the loss of a wife, mother and sister, Irene Turner.

TOMBSTONE CONSECRATION

Sunday 28th June at Stock Road Cemetery, SS2 5QF

11.30am Cynthia Jacobs

Yahrzeits Rabbi Bar and the whole community wish the following members, Long Life.

(Yahrzeits begin the night before the date below)

Shabbat – 27 June / 10 Tammuz No Yahrzeits

Sunday - 28 June / 11 Tammuz Mr Leonard Belson, Mrs Frances Finegold, Mrs Audrey Barcan, Mrs Phyllis Fenton, Mr Michael Lee, Mr Derek Lee, Mrs Rosalind Cohen, Mrs Pamela Kay

Monday - 29 June / 12 Tammuz Mrs Sheila Leigh, Mrs Freida Goldstone, Mr Allan Sholem

Tuesday – 30 June / 13 Tammuz Ms Teresa Capp

Wednesday – 1 July / 14 Tammuz Mrs Carol Turansky, Mrs Sheila Matthews

Thursday – 2 July / 15 Tammuz Mrs Norma Anderson, Mrs Pamela Diskin, Mrs Sonia Scott, Mr Sasson Zecharia

Friday – 3 July / 16 Tammuz Mrs Marion Jones, Mr David Plaskow, Mrs Susan Baker, Mr Basil Plaskow, Mrs Doris Finesilver, Mrs Barbara Barnett, Mr Philip Walters, Mr Michael Walters

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

MORE 'WHAT'S ON' AT SWHC

Monday Club - Talmud Torah Maurice 01702 351845	Pop-In - Tuesday 21st July Talmud Torah 2pm - 4pm	Little Latkes Toddler Group Tuesdays, Karen 07887 847059
connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org	Youth Kitchen For dates contact southendyouth@outlook.com Barry Jacobs 07876 685826	Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST
Raymond House Shabbat 4 th July – 10:15am Call Derek Silverstone 01702 616153	Cheder Tuesdays, 4.45pm to 6.15pm southendyouth@outlook.com Refreshments served at 4.30pm	SJYC The Buzz, 5 – 11 years Every Thursday 4.30pm-6.30pm southendyouth@outlook.com or call Barry 07876 685826
J.A.C.S. - Every Wednesday Call Allan Goldstein 01268 771978 for more info	SEED Monday 29th June 8.45pm in Beth Hamedrash	To announce your event on the Shul website email: stan.stanrob@gmail.com

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcgm@btconnect.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.

swhc
southend & westcliff
hebrew congregation

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Rabbi

Stanley Robinson
Geoffrey Pepper
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Telephone 01702 344900
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Email swhc@hotmail.co.uk
Website www.swhc.org.uk

*This week's leaflet is kindly sponsored by **Pamela & Lawrence Collin** as they celebrate their 35th Wedding Anniversary. Mazeltov!*

בס"ד

CHUKAT
Newsletter No. 885



27 June 2015 – 10 Tammuz 5775
SHABBAT COMMENCES 8:00pm

SHABBAT SERVICE TIMES

FRIDAY NIGHT

Mincha / Kabbalat Shabbat **7:30pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

SHABBAT AFTERNOON

Shabbat Afternoon Shiur **8:20pm**

Mincha then Seudah Shlishit **9:05pm**

This week's Speaker, David Gordon

Ma'ariv & Shabbat ends **10:36pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Mincha / Ma'ariv **7.15pm**

MONDAY- THURSDAY

Shacharit **8:00am**

Mincha / Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **8:00pm**

Mincha / Kabbalat Shabbat **7:30pm**

Torah Reading (Soncino page 898)

Rabbi Bar

Haftorah Chukat (Soncino page 911)

Geoffrey Cohen

If you would like to repeat your Barmitzvah Haftorah, please contact the Wardens.

GRATITUDE IS AN ATTITUDE

"Talk to the rock before their eyes that it will give its waters... And Moshe raised his arm and hit the rock. (Bamidbar 20:8)

Moshe was clearly commanded by Hashem to bring forth water from the rock by speaking to it, but instead, he struck the rock twice until water poured forth. This sin caused Moshe to lose the privilege of entering the Land of Israel with the nation. Rashi explains that Hashem had commanded Moshe to speak to the same rock that had given them water before, but Moshe could not find it. He spoke to different rocks, but no water came forth. He then proceeded to hit a rock which subsequently produced water.

The question is obvious. If, according to this explanation, Moshe listened to God and spoke to the rock but he just couldn't find it, why was he punished? What is his fault that he could not recognize the rock?

Perhaps an answer to this is this. The Torah asks of us to recognize our benefactors and to show our appreciation to them. The Egyptians had persecuted the Jewish people, but we are commanded not to treat them similarly. The reason is because Egypt had provided food and lodging when Yaakov and his family resided there. That itself is a good enough reason to be grateful. The rock that had been providing the Jews with water for 40 years as they wandered in the desert should have been easily recognizable amongst the other rocks! That Moshe could not recognize that rock is considered a lack of appreciation and a grave sin.

The first thought a Jewish person starts his/her day with is, gratitude: "*Modeh ani lefanecha...*" - "I gratefully thank you, living and eternal King, that You have returned my soul within me with compassion..." Being grateful is in the very essence of a Jew. The Hebrew word for Jewish is *Yehudi* which also means one who thanks. Gratitude helps us focus and take pleasure in what we have as opposed to what we are lacking. This is the key to being a happy and content person.

Shabbat Shalom,
Rabbi Binyamin Bar

MAZELTOV!

Jacky & Ashley Kalms on the occasion of their Sapphire (45th) Wedding Anniversary
Angela & Zvi Klemer on the occasion of their Sapphire (45th) Wedding Anniversary
Amanda & Adam Cohen on the occasion of their Silver (25th) Wedding Anniversary
Stephen Redstone & Joanne Barnett on the birth of a granddaughter

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the leaflet &/or Kiddush? Please contact the Shul Office to confirm availability and if you would like to book a Kiddush, please contact Lisa Berg 07760 141162.

THIS SHABBAT AT SWHC

This week's Kiddush is kindly sponsored by Sandra & Geoffrey Caplan in celebration of their 50th Wedding Anniversary. Mazeltov!

The Seudah Shilishit is kindly sponsored by Cynthia & Jeffrey Simmons in memory of Cynthia's late brother, Stanley Pessok.

'WHAT'S ON' AT SWHC

THE SHOP : Opening hours this week:

Sunday 9.30am – 11.30am, Monday 12noon - 3pm (Cash Purchases Only),
Thursday 10am – 4.30pm, Friday 9am – 12.30pm. (01702) 430307 (only during opening hours).
For orders please email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271

Dirshu Bahalacha - Code of Jewish Law 15 minute interactive *Halacha Shiur* with Rabbi Bar
Monday, Tuesday, Thursday and Friday following the morning service.

Sunday 28th June – Chupa – 3.00pm

This Sunday we celebrate the Chupa of Anne Barber and Lewis Herlitz.

Sun 5th July – Fast of Tammuz

Fast begins 00.13am Fast ends 10.31pm

The 17th of Tammuz is a fast day commemorating the breach of the walls of Jerusalem before the destruction of the Second Temple and marks the beginning of the three-week mourning period leading up to Tisha B'Av.

Sunday 5th July - AID Society Bridge

Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289.

Monday 6th July, 8pm - Bereavement Support Group

At the home of Florette Lieberman. Call Janice - 07752 874065

Shabbat 11th July - AID Society Shabbat

Please come along and show your support for the AID Society.

Wednesday 15th July - The 11th Annual Charity Walk for JAMI

Sybil & Ralph Schiller and Larry Lisner will be walking 10 miles on the seafront to raise money for the Friday Night Dinners at the JAMI Centre in London. Please sponsor Larry generously.

Shabbat 18th July – Family Shabbaton for Cheder & Youth Club

Contact Rabbi Bar or Barry Jacobs for more details

Tuesday 21st July - WIZO Trip to the V&A Exhibition "SHOES: Pleasure & Pain"

A must for anyone who wears shoes! Call Adrienne, 333004 for more info & to book a place.

Sunday 6th September – Ladies' Guild Hat Sale

10.30am to 12.30pm Shull Hall. £3.00 to include refreshments. Tickets from Lisa Berg, Sara Vandermolen or Shul Office

Calendars, Luachot & Diaries can be ordered ahead of Rosh Hashanah from Dorothy Young on 01702 331218 (not Shabbat) or email Dorothy@dorothyyoung.co.uk or ask in The Shop.

Kidz Kalender - Anyone wishing to have an insertion in this years' Kidz Kalender, please contact Barry Jacobs on 07876685826 or email kidzkalendar@outlook.com