

TOMBSTONE CONSECRATIONS

Thursday 9th July Bushey Cemetery, Little Bushey Lane, WD23 3TN
12 noon **Frances & Stanley Bowman**

Sunday 12th July Stock Road Cemetery, SS2 5QF
2.00pm **Anne Katz**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 4 July / 17 Tammuz Mrs Rosalyn Cohen, Mr David Fine,
Mrs Frances Hausberger, Mrs Minnie Silverton

Sunday – 5 July / 18 Tammuz Mrs Jennifer Silver, Mrs Yvette Oakes,
Mr Geoffrey Waterman, Mr Leslie Zeffie

Monday – 6 July / 19 Tammuz Mr Sid Berg, Mr Cyril Levy

Tuesday – 7 July / 20 Tammuz Mrs Maxine Herman, Mrs Sophia Zetter

Wednesday – 8 July / 21 Tammuz Mrs Tina Jacobs

Thursday – 9 July / 22 Tammuz Mrs Gloria Goldring

Friday – 10 July / 23 Tammuz Mrs Gina Dias, Mrs Sheila Leigh

*Saying Kaddish in Shul? Please ensure you bring at least
two relatives or friends to help with the Minyan.*

REGULAR EVENTS AT SWHC

Monday Club - Talmud Torah Maurice 01702 351845	Pop-In - Tuesday 21 st July Talmud Torah 2pm - 4pm	Little Latkes Toddler Group Tuesdays, Karen 07887 847059
connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org	Youth Kitchen For dates contact southendyouth@outlook.com Barry Jacobs 07876 685826	Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST
Raymond House Shabbat 4 th July – 10:15am Call Derek Silverstone 01702 616153	Cheder Tuesdays, 4.45pm to 6.15pm southendyouth@outlook.com Refreshments served at 4.30pm	SJYC The Buzz, 5 – 11 years Every Thursday 4.30pm-6.30pm southendyouth@outlook.com or call Barry 07876 685826
J.A.C.S. - Every Wednesday Call Allan Goldstein 01268 771978 for more info	SEED Monday 13 th July 8.45pm in Beth Hamedrash	To announce your event on the Shul website email: stan.stanrob@gmail.com

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcgm@btconnect.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.

swhc
southend & westcliff
hebrew congregation



Balak

Newsletter No. 886

SHABBAT COMMENCES 8:00pm

4 July 2015 – 17 Tammuz 5775

Rabbi Binyamin Bar

Rabbi

Stanley Robinson

Geoffrey Pepper

Gabbaim

Finchley Road
Westcliff-on-Sea
Essex
SS0 8AD

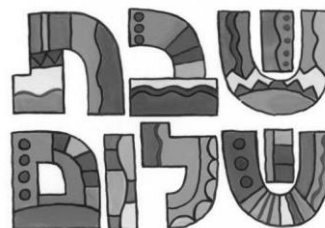
Telephone 01702 344900

Fax 01702 391131

Email swhc@hotmail.co.uk

Website www.swhc.org.uk

*This week's newsletter is
sponsored anonymously*



SHABBAT SERVICE TIMES

FRIDAY NIGHT

Mincha / Kabbalat Shabbat **7:30pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

SHABBAT AFTERNOON

Shabbat Afternoon Shiur **8:20pm**

Mincha then Seudah Shlishit **9:05pm**

Guest Speaker – Geoffrey Pepper

Ma'ariv & Shabbat ends **10:32pm**

WEEKDAY SERVICE TIMES

SUNDAY - Fast of Tammuz

Fast BEGINS **0.13am**

Shacharit **8:30am**

Mincha / Ma'ariv **7.15pm**

Fast ENDS **10.31pm**

MONDAY - THURSDAY

Shacharit **8:00am**

Mincha / Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **8:00pm**

Mincha / Kabbalat Shabbat **7:30pm**

Torah Reading (Soncino page 915)

Haftorah Balak (Soncino page 929)

Rabbi Bar

Jeremy Symons

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

MAZELTOV! *A hearty Mazel Tov from the SWHC community.*

Laraine & Roy Barnes are delighted to announce the safe arrival of a grandson. A baby boy for Chaya & Sagi Yaniv in Jerusalem, a brother for Miryam

Shirley & Alan Shalet are delighted to announce the engagement of their grandson, Joshua, in Israel

Lord & Lady Gold are delighted to announce the engagement of their son, Alexander, to Lynn Doron, daughter of Adi Doron & Anat Doron, Israel

Nadia & Moise Hanan on the occasion of their Golden (50th) Wedding Anniversary

Milly & Michael Nelkin on the occasion of their Sapphire (45th) Wedding Anniversary

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the leaflet &/or Kiddush? Please contact the Shul Office to confirm availability and if you would like to book a Kiddush, please contact Lisa Berg 07760 141162

THE SECRET OF OUR SURVIVAL *Thoughts on this weeks Sedra.*

When we require an honest and unbiased appraisal of our strengths and weaknesses, we know that our mother is not the right person to objectively appraise us. There is a quote: "Your enemies have vital information which your friends are withholding from you." Friends withhold vital information for fear of hurting us by dwelling on our flaws, or just because the close relationship we share make our friends blind to our faults.

And that is what makes Bilaam's prophecies so unique. The Jewish people have had many prophets throughout our history whose words are been written in the Torah. But to a certain extent, their prophetic words were "tainted" by their "insiders" preconceived perspective, by their love and care for their Jewish brethren. Bilaam, on the other hand, was viciously anti-Semite and his most ardent wish was to bring about the demise of the Jewish people.

Let us reflect on Bilaam's words when he tried, unsuccessfully, to dwell on our weak points, our vulnerabilities. Balak the King of Moav listened in shock as Bilaam who was hired to curse the Jews began his prophetic speech with the following: "How can I curse whom Hashem has not cursed? How can I invoke anger when Hashem is not angry?"

Why are the Jewish people immune from Hashem's curses and wrath? Bilaam continues: "Because from their beginning, I see them as mountain peaks, and I behold them as hills; it is a nation that will dwell alone, and does not reckon with the nations." Our sages tell us that "mountain peaks" symbolize our Patriarchs, and the "hills" refer to our Matriarchs.

This is the secret of our people's survival. Our ability to withstand the curses, wrath and anti-Semitic evils of the Bilaam's of all the generations, is thanks to our Patriarchs and Matriarchs, the Jewish fathers and mothers who instill in their children that whilst we are respectful to all those around us, we are a nation whose destiny is to dwell alone. Parents who teach their children that "a nation who dwells alone" is not a curse or an inconvenience; it is not a blight which we must try to overcome, but it is a blessing, the blessing and secret of our survival.

Shabbat Shalom,

Rabbi Binyamin Bar

WHAT'S ON AT SWHC

THE SHOP | Opening hours this week

Sunday 9.30am – 11.30am, Monday 12noon - 3pm (cash purchases only),

Thursday 10am – 4.30pm, Friday 9am – 12.30pm. (01702) 430307 (during opening hours).

For orders email: alanmarkovitch@yahoo.co.uk or leave message 07956 597271

Dirshu Bahalacha - Code of Jewish Law 15 minute interactive *Halacha Shiur* with Rabbi Bar Monday, Tuesday, Thursday and Friday following the morning service.

Sunday 5th July | SHIVA ASAR B'TAMMUZ - FAST OF TAMMUZ The 17th of Tammuz is a fast day commemorating the breach of the walls of Jerusalem before the destruction of the Second Temple and marks the beginning of the three-week mourning period leading up to *Tisha B'Av*.

Sunday 5th July | AID Society Bridge Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289.

Monday 6th July, 8pm - Bereavement Support Group

At the home of Florette Lieberman. Call Janice - 07752 874065

Shabbat 11th July | AID Society Shabbat Please come along & show your support.

Wednesday 15th July | The 11th Annual Charity Walk for JAMI

Sybil & Ralph Schiller and Larry Lisner will be walking 10 miles on the seafront to raise money for the Friday Night Dinners at the JAMI Centre in London. Please sponsor Larry generously.

Shabbat 18th July | Family Shabbaton for Cheder & Youth Club

Contact Rabbi Bar or Barry Jacobs for more details.

Tuesday 21st July | WIZO Trip to the V&A Exhibition "SHOES: Pleasure & Pain"

A must for anyone who wears shoes! Call Adrienne, 333004 for more info & to book a place.

Saturday night 25th/Sunday 26th July | TISHA B'AV - FAST OF AV

Mincha Saturday night 8.40pm followed by discussion.

Fast begins Saturday night at 8.57pm. Ma'ariv & Eicha when Shabbat ends at 10.03pm.

Sunday Shacharit 8.30am followed by kinot & discussions

Mincha/Ma'ariv Sunday 26th July at 8.00pm - Fast Ends Sunday Night at 10.01pm

Sunday 2nd August, 3pm | Emunah Garden Party at Porters, Mayors' Parlour

£15 inc High Tea & Entertainment. Tickets: Sue Baker 07885 183869 suebaker280@hotmail.com

Friday 4th September from 6.15pm - Roy Barnes GREAT "Friday Night Live"

Starting Shabbat 5th September Learn more about Shabbat. Roy Barnes will be running a series of explanatory discussion groups - all are welcome to attend. Boardroom at 10:45am.

Motzei Shabbat 5th September, Doors Open 10:45pm | Midnight Selichot Service

In the Shul – Refreshments – Free entry – No Appeal – with Rabbi Bar & Choir/Ensemble from London – a prelude to the awe inspiring days of Rosh Hashanah & Yom Kippur.

Sunday 6th September – Ladies' Guild Hat Sale – Shul Hall – 10.30am to 12.30pm

£3.00 to include refreshments. Tickets from Lisa Berg, Sara Vandermolten or Shul Office.

Calendars, Luachot & Diaries can be ordered ahead of Rosh Hashanah from Dorothy Young on 01702 331218 (not Shabbat) or email Dorothy@dorothyyoung.co.uk or ask in The Shop.

Kidz Kalender Anyone wishing to have an insertion in this years' Kidz Kalender, please contact Barry Jacobs on 07876685826 or email kidzkalendar@outlook.com