



Va'etchanan

Newsletter No. 890

SHABBAT COMMENCES 8:00pm

CONDOLENCES *May G-d comfort you among the other mourners of Zion and Jerusalem.*

We offer our heartfelt condolences to the family of the late **Dr Geoffrey Fearnley**
 We offer our heartfelt condolences to the family of the late **Hilda Phillips**
 We offer our heartfelt condolences to the family of the late **Eileen Walker** (formerly Sekenofsky)

TOMBSTONE CONSECRATIONS *Stock Road Cemetery, SS2 5QF*

Sunday 9th August 2.45pm **Dorrie Lachter**

YAHREZEITS *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat –1 August /16 Av Mrs Benita Speck, Mr Allen Goldenberg, Mrs Rita Samuel, Mr Stephen Redstone

Sunday – 2 August / 17 Av Mrs Jeanette Cohen, Mrs Gillian Azulay, Mrs Susan Rakusen

Monday – 3 August / 18 Av Mrs Irene Burns, Mrs Evelyn Elman, Mr Stuart Jacobs, Mrs Judith O'Brart, Mrs Sandra Winston

Tuesday – 4 August / 19 Av Mrs Annette Samuels, Mrs Loretta DeHaan, Mrs Clare Linden, Mr John Klein, Mrs Phyllis Abrahams, Mrs Marie Rothman

Wednesday – 5 August / 20 Av Mrs Sybil Schiller, Mrs Rita Samuel

Thursday – 6 August / 21 Av Mrs Sylvia Shaw, Mr Barry Foreman

Friday – 7 August / 22 Av Mrs Dawn Shestopal, Mrs Annette Samuels

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

REGULAR EVENTS AT SWHC

<p>Monday Club Talmud Torah Call Maurice on 01702 351845</p>	<p>Pop-In Tuesday 18th August with Sir David Amess MP Talmud Torah 2pm - 4pm</p>	<p>Little Latkes Toddler Group Resumes Tuesday 8th September Call Karen on 07887 847059</p>
<p>Raymond House Shabbat 1st August, 10:15am Call Derek Silverstone 01702 616153</p>	<p>Bereavement Support Group Monday 3rd August 8pm At the home of Ivan Kanutin. Call Janice on 07752 874065</p>	<p>Are you celebrating? Sponsor a Kiddush / Newsletter Contact the Shul Office for availability and information</p>
<p>Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST</p>	<p>connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org</p>	<p>Cheder & SJYC Closed for Summer, resumes Tues 8th / Thurs 10th September southendyouth@outlook.com or call Barry 07876 685826</p>
<p>J.A.C.S. Every Wednesday Call Allan Goldstein 01268 771978 for more info</p>	<p>SEED Monday 17th August 8.45pm in Beth Hamedrash</p>	<p>To announce your event on the Shul website email: stan.stanrob@gmail.com</p>

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcgm@btconnect.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.



1 August 2015 – 16 Av 5775

Rabbi Binyamin Bar

Rabbi

Stanley Robinson

Geoffrey Pepper

Gabbaim

Finchley Road
Westcliff-on-Sea
Essex
SS0 8AD

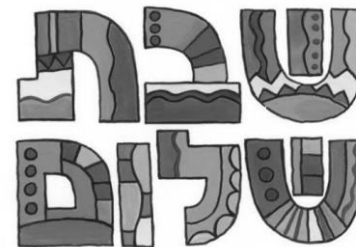
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SHABBAT SERVICE TIMES

FRIDAY NIGHT

Mincha / Kabbalat Shabbat **7:30pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

SHABBAT AFTERNOON

Shabbat afternoon Shiur **7.45pm**

Mincha then Seudah Shlishit **8:30pm**

Ma'ariv & Shabbat ends **9:49pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Mincha / Ma'ariv **7:00pm**

MONDAY

Shacharit **7:00am**

Mincha / Ma'ariv **8:00pm**

TUESDAY - THURSDAY

Shacharit **8:00am**

Mincha / Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **8:00pm**

Mincha / Kabbalat Shabbat **7:30pm**

Torah Reading	Va'etchanan	(Soncino page 1008)	Rabbi Bar
Haftarah	Nachamu	(Soncino page 1028)	Simon Belson
Anim Zemirot		(Soncino page 458)	Benjamin Gershlick

If you would like to repeat your Barmitzvah Haftarah, please contact the Gabbaim.

MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

Laraine and Roy Barnes are delighted to announce the safe arrival of grandson, a son for Aron and Karen.

SHEMA YISRAEL *Thoughts on the Parasha.*

“Listen O Israel, Hashem is our G-d, Hashem is One” (Deuteronomy 6:4). The words of the *Shema* constitute the most basic statement of Judaism: that Hashem is our G-d, a real presence in our lives; and that Hashem is one, the singular, absolute, all-embracing truth of our existence. According to Talmud the *Shema* was first recited by the children of Ya’akov at the time of his passing away. We use the words of the *Shema* for many things.

Mind: We study them and reflect on them. As the verse says, “Listen O Israel”, the Hebrew word for “listen,” *Shema*, also means “comprehend.”

Heart: Study and reflection give birth to emotion. Hence, “Listen O Israel” brings us to “You shall love Hashem with all your heart, all your soul and all your might” (6:5).

Speech: When “these words are upon your heart,” the next step is verbalisation and communication. “You shall teach them diligently to your children; and you shall speak of them when you sit in your house, when you walk by the way, when you lie down and when you rise up” (6:7). The last words in this verse are the source of the mitzvah to recite the *Shema* every evening (“when you lie down”) and every morning (“when you rise up”).

Body: “You shall bind them for a sign upon your arm, and they shall be as *Tefillin* between your eyes” (6:8). Like a marriage ring on a finger, the *Tefillin* are a physically tangible bond on our bodies, embodying our bond with Hashem and our commitment to make Hashem’s oneness real in our world.

Environment: “You shall inscribe them on the doorposts of your home, and on your gates” (6:9). The *Mezuzah* is a parchment scroll containing the verses of the *Shema* and affixed to the doorpost of the Jewish home, it defines both the sanctity of the environment within and its influence on the environment without.

Lastly, *Shema Yisrael* focuses our hearts and minds on the good and noble that lies within each one to achieve and accomplish. And perhaps just as importantly it serves to unite us with all of the past generations of Jews, all of the way back to our father Ya’akov and his children, to the origins of *Shema Yisrael* itself. There can be no greater comforting thought for us on this *Shabbat Nachamu* - of consolation - than this reality of the bond of Jewish life over all of these centuries.

Shabbat Shalom!

Rabbi Binyamin Bar

WHAT’S ON AT SWHC

Dirshu Bahalacha - Code of Jewish Law 15 minute interactive *Halacha Shiur* with Rabbi Bar. Monday, Tuesday, Thursday and Friday following the morning service.

Shabbat 1st August | Marc Taylor Auf Ruf

The Kiddush this week is kindly sponsored by the **Taylor Family** to celebrate son, Marc’s Auf Ruf. Mazel Tov!

Sunday 2nd August, 3pm | Emunah Garden Party at Porters, Mayors’ Parlour

£15 inc High Tea & Entertainment. Tickets: Sue Baker 07885 183869 suebaker280@hotmail.com

Sunday 2nd August | AID Society Bridge

Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289.

Shabbat 8th August | Next week we are honouring the **CST & Security Stewards** for their dedication and work to keep us safe with a special Kiddush.

Tuesday 11th August | AJR – Shul Hall 11.00am – Guest Speaker Lawrence Collin

Friday 4th September from 6.15pm | Roy Barnes GREAT “Friday Night Live”

Friday Night Live will begin with a Scotch & Sushi evening. Booking will open shortly.

Starting Shabbat 5th September Learn more about Shabbat. Roy Barnes will be running a series of explanatory discussion. All are welcome to attend. Boardroom 10:45am.

Motzei Shabbat 5th September, 10:30pm | Choral Midnight Selichot Service

Pizza & Chips Supper. A prelude to the awe inspiring days of the Yamim Nora’im.

“3 of the finest Chazanim in the UK.”

The Rinah Ensemble under the direction of Chazan Eliot Alderman

with special Guest Chazan Adrian Alexander and harmonising with our own Rabbi Bar.

Free entry – No appeal. See flyer for details.

Sunday 6th September, 10:30am - 12:30pm | Ladies’ Guild Hat Sale, Shul Hall

£3.00 to include refreshments. Tickets from Lisa Berg, Sara Vandermolen or Shul Office.

Calendars, Luachot & Diaries can be ordered ahead of Rosh Hashanah from Dorothy Young on 01702 331218 (not Shabbat) or email Dorothy@dorothyyoung.co.uk or ask in The Shop.

Kidz Kalender Anyone wishing to have an insertion in this years’ Kidz Kalender, please contact Barry Jacobs on 07876685826 or email kidzkalendar@outlook.com

Celebrating a Birthday or Anniversary? Why not celebrate in Shul, honour your relatives and friends and sponsor the Newsletter and/or Kiddush? Please contact the Shul Office to confirm availability, if you would like to book a Kiddush, contact **Lisa Berg on 07760 141162.**

THE SHOP

Opening hours this week | Sunday 9.30am – 11.30am, Monday 12noon - 3pm (cash purchases only), Thursday 10am – 4.30pm, Friday 9am – 12.30pm. (01702) 430307 (during opening hours). **For orders** email: alanmarkovitch@yahoo.co.uk or leave message 07956 597271