

TOMBSTONE CONSECRATIONS *Stock Road Cemetery, SS2 5QF*

Sunday 9th August 2.45pm **Dorrie Lachter**

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

(Yahrzeits begin the night before the date below)

Shabbat – 8 August / 23 Av Mr Julian Lee-Harris, Mr Eric Harris, Mr Michael Joseph

Sunday – 9 August / 24 Av Mrs Rochelle Samuel, Mrs Cynthia Simmons,
Mr Maurice Tobias

Monday – 10 August / 25 Av Mrs Yvette Eichen, Mr David Fine, Mrs Josie Frank, Mrs Hilary Lee, Mr Anthony Larholt, Mrs Suzanne Rosehill, Mr David Ramet, Dr Arnold Azulay, Mrs Sonia Helper

Tuesday – 11 August / 26 Av Mr Michael Gershlick

Wednesday – 12 August / 27 Av Mrs Karen Hyams, Mrs Loretta DeHaan,
Mr Lawrence Collins, Mrs Yvonne Dias

Thursday – 13 August / 28 Av Mr Richard Bennett, Mr Ivan Kanutin

Friday – 14 August / 29 Av Mr Cyril Rosenberg, Mr Gordon Rosenberg, Mr David Sanders, Mr Jeffrey Simmons

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

REGULAR EVENTS AT SWHC

<p>Monday Club Talmud Torah Call Maurice on 01702 351845</p>	<p>Pop-In Tuesday 18th August with Sir David Amess MP Talmud Torah 2pm - 4pm</p>	<p>Little Latkes Toddler Group Resumes Tuesday 8th September Call Karen on 07887 847059</p>
<p>Raymond House Shabbat 5th September, 10:15am Call Derek Silverstone 01702 616153</p>	<p>Bereavement Support Group Monday 7th September 8pm At the home Alan Gershlick Call Janice on 07752 874065</p>	<p>Are you celebrating? Sponsor a Kiddush / Newsletter Contact the Shul Office for availability and information</p>
<p>Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST</p>	<p>connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org</p>	<p>Cheder & SJYC Closed for Summer, resumes Tues 8th / Thurs 10th September southendyouth@outlook.com or call Barry 07876 685826</p>
<p>J.A.C.S. Every Wednesday Call Allan Goldstein 01268 771978 for more info</p>	<p>SEED Monday 17th August 8.45pm in Beth Hamedrash</p>	<p>To announce your event on the Shul website email: stan.stanrob@gmail.com</p>

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcgm@btconnect.com or leonardshulton@live.com, call Janice 07752874065 or contact the Shul Office on 01702 344900.



EKEV
Newsletter No. 891

8 August 2015 – 23 Av 5775

SHABBAT COMMENCES 8:00pm

Rabbi Binyamin Bar
Rabbi

Stanley Robinson
Geoffrey Pepper
Gabbaim

Finchley Road
Westcliff-on-Sea
Essex
SS0 8AD

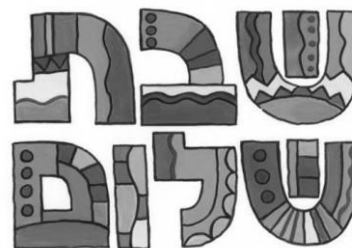
Telephone 01702 344900

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Email swhc@hotmail.co.uk

Website www.swhc.org.uk

Facebook facebook.com/swhc.org.uk



SHABBAT SERVICE TIMES

FRIDAY NIGHT

Mincha / Kabbalat Shabbat **7:30pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

SHABBAT AFTERNOON

Shabbat afternoon Shiur **7:30pm**

Mincha then Seudah Shlishit **8:15pm**

Ma'ariv & Shabbat ends **9:34pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Mincha / Ma'ariv **7:00pm**

MONDAY - THURSDAY

Shacharit **8:00am**

Mincha / Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **8:00pm**

Mincha / Kabbalat Shabbat **7:30pm**

Please note that, due to staff vacations, the Shul Office will close at 3pm on Monday 10th & Tuesday 11th August and 11.00am on Friday 14th August.

Torah Reading	(Soncino page 1032)	Rabbi Bar
Haftarah	(Soncino page 1051)	Anthony Larholt
Blessing for the New Month of Ellul	(Sacks Singers page 424)	

If you would like to repeat your Barmitzvah Haftarah, please contact the Gabbaim.

MAZEL TOV! *A hearty Mazel Tov from the SWHC community.*

Anne Marcus & Robin Marcus on the engagement of their son, Oliver, to Tamsin Sless, daughter of Simone & John Sless, (Cheshire) and grandparents, Nita & Stanton Marcus.

THE MEZUZAH *Thoughts on the Parasha.*

I once heard a story about an Israeli man who claimed to be anti-religious. His daughter had been born with a serious heart defect. After being told that she didn't have long to live, he wandered the streets of Jerusalem in a daze. Finally, he came across an old Yemenite man and poured out his heart to him. The Yemenite advised him to buy Mezuzot and put them on his doorposts immediately.

Desperate for anything that could help his daughter, he ran to a religious neighborhood and bought several Mezuzot. After putting them up, he returned to the hospital where he was greeted with great news. Lo and behold, a miracle had occurred: His daughter's heart defect had disappeared! The Israeli man was quoted as saying: "if my daughter should ever decide to become religious, I can't stand in her way - because she belongs to God. But if my son ever tries to become religious ... I'll kill him!".

The Yemenite man's advice to put up Mezuzot, as strange as it may sound, is consistent with Jewish tradition. In this week's Parsha, the verse dealing with the Mezuzah is juxtaposed with a verse promising long life to one's children (see Deut. 11:20-21). Both these verses are written on the parchment of the Mezuzah, and many commentators therefore explain that Mezuzot help to protect children's health.

But it is not children alone who benefit from the Mezuzah's presence. Written on the outside of each parchment is the name of Hashem, "*Sha-dai*." Among other things, this divine appellation is an abbreviation for the words "*Shomer Daltot Yisrael*" - "Guardian of the Gates of Israel." The Mezuzah, so to speak, guards the doors of a Jewish home.

Other sources see a different meaning to the Mezuzah. The Alshich notes that the Mezuzah is placed even upon the doors of rooms inside the house. Oftentimes, how a person appears in public is a far cry from how he acts in private. The Mezuzah therefore reminds us of the sanctity of the Jewish home.

Maimonides presents the following understanding of Mezuzah. He explains that oftentimes people get so caught up in the hustle and bustle of making a living, that they lose their "Hashem consciousness." The Mezuzah, however, provides a wonderful solution to this problem.

The Mezuzah contains a declaration of our Love of Hashem and our commitment to observe His Mitzvot. As we pass through the door and kiss the Mezuzah, we focus on Hashem's inspirational "instructions for living," posted on the wall. Maimonides says, the Mezuzah is a constant reminder "that nothing endures forever; nothing is eternal but knowledge of the Almighty. Upon reminding himself of this fact, a person will return to a proper consciousness and walk in a proper path."

Shabbat Shalom!

Rabbi Binyamin Bar

WHAT'S ON AT SWHC

Shabbat 8th August | This Shabbat we have a fabulous Kiddush in honour of our **CST and Security Stewards**, the service and Kiddush being dedicated to them for all their work in keeping us safe.

Tuesday 11th August, 11:00am | AJR, Shul Hall, Guest Speaker **Lawrence Collin** 'Please Don't Write Me Off Just Yet... Jewish Nonagenarians Tell Their Stories'.

Shabbat 15th August | The Kiddush will be kindly sponsored by the Rubin Family to celebrate Nick's Aufruf. We welcome **Rabbi Yisroel & Rebbetzin Claire Brunner**. **Rabbi Brunner** will be substituting duties whilst Rabbi Bar is on holiday.

Friday 4th September from 6.15pm | "**Friday Night Live**"

Friday Night Live will begin with a Scotch & Sushi evening. Please contact the Shul Office so we know numbers for the catering arrangements. Entry Free.

Starting Shabbat 5th September Learn more about Shabbat. Roy Barnes will be running a series of explanatory discussions. All are welcome to attend. Boardroom 10:45am.

Motzei Shabbat 5th September, 10:30pm | **Choral Midnight Selichot Service**

Pizza & Chips Supper. A prelude to the awe inspiring days of the Yamim Nora'im.

"3 of the finest Chazanim in the UK." The Rinah Ensemble under the direction of Chazan Eliot Alderman with special Guest Chazan Adrian Alexander and harmonising with our own Rabbi Bar. Free entry – No appeal. See flyer for details.

Sunday 6th September, 10:30am - 12:30pm | **Ladies' Guild Hat Sale, Shul Hall**

£3.00 to include refreshments. Tickets from Lisa Berg, Sara Vandermolen or Shul Office.

Shabbat Ha'azinu – 26th September – "Birthday Cake" Kiddush

Rabbi Bar and Gabbaim invite everyone who is celebrating a birthday, especially during August and September. Discretion 100%. Everyone NOT celebrating a birthday is very welcome to attend as well! RSVP Shul office.

Calendars, Luachot & Diaries for Rosh Hashanah from Dorothy Young on 01702 331218 (not Shabbat) or email Dorothy@dorothyyoung.co.uk or ask in The Shop.

THE SHOP

Opening hours this week | Sunday 9.30am – 11.30am, Monday 12noon - 3pm (cash purchases only), Thursday 10am – 4.30pm, Friday 9am – 12.30pm. (01702) 430307 (during opening hours). **For orders** email: alanmarkovitch@yahoo.co.uk or leave message 07956 597271.

THANK YOU

Sybil & Ralph Schiller & Larry Lisner wish to thank everyone who sponsored their 10 mile walk up and down the Pier for JAMI on 15th July. If you have not yet given your sponsorship, please pass to Larry or if anyone else wishes to donate, please contact Larry 01702 300812. So far £1,800 has been raised.