

STONE SETTINGS *Stock Road Cemetery SS2 5QF* **MINYOMIN ARE URGENTLY REQUIRED**
FOR ALL THESE STONE SETTINGS. PLEASE GIVE THIS YOUR PRIORITY

Sunday 18th Oct 2.00pm Elaine Freeman, 2.45pm Evelyn Tapperman, 3.30pm Geoffrey Singer
Monday 19th Oct 12noon Bernard Metchick
Sunday 25th Oct 2.00pm Sid Pacter 2.45pm Hazel Harris

CONDOLENCES *We offer our heartfelt condolences to:-*

Ros Cohen on the loss of her brother, John Rhodes

Yahrzeits *Rabbi Bar and the whole community wish the following members, Long Life.*

Shabbat – 17 October / 4 Cheshvan No Yahrzeits (*Yahrzeits begin the night before the date below*)

Sunday – 18 October / 5 Cheshvan Mrs Shirley Shalet, Mrs Jennifer O’Brart, Mr Andrew Levitt, Mrs Jane Lipner

Monday – 19 October / 6 Cheshvan Mrs Gertie Denenberg, Mrs Margaret Althasen, Mr Spencer Dobkins, Mr Lee Dobkins, Mr Bernard Green, Mrs Karen Plaskow

Tuesday – 20 October / 7 Cheshvan Mr Anthony Jones, Mrs Sheila Sekenofsky, Mrs Sally Markovtich

Wednesday – 21 October / 8 Cheshvan Mrs Edna Stuart, Mrs Helene Platman, Mr Melvyn Rosehill, Mr Stanley Rubins, Mr Ralph Schiller, Mr Ronald Shinegold, Mr David Wine

Thursday – 22 October / 9 Cheshvan Mrs Wendy Vandecar, Mrs Sheila Schwarz, Mr Michael Nelkin

Friday – 23 October / 10 Cheshvan Mrs Gillian De Metz, Mr Ronald Roback, Mr Stanley Serkin

Saying Kaddish in Shul? Please ensure you bring at least two relatives or friends to help with the Minyan.

REGULAR EVENTS AT SWHC

Monday Club Shul Hall Call Maurice on 01702 351845	Pop-In Tuesday 17 th November Talmud Torah 2pm - 4pm Email Janice swhcfc@gmail.com	Little Latkes Toddler Group Tuesdays Call Karen on 07887 847059
Raymond House Shabbat 14 th November, 10:15am Call Derek Silverstone 01702 616153	Bereavement Support Group Monday 19 th October 8pm At the home Sophie Zetter Call Janice on 07752 874065	AID Society Bridge Sunday 1 st November Thorpe Bay Bridge Club Call Geoff Cohen 339601 or Jan Linden 343289
Cemetery Opening Times Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST	connect@southend Thursdays, Talmud Torah Contact Chris Sternshine 01702 334655 / csternshine@jcare.org	Cheder & SJYC Tuesdays / Thursdays southendyouth@outlook.com or call Barry 07876 685826
J.A.C.S. Wednesdays Call Allan Goldstein 01268 771978 for more info	SEED Monday 26 th October 8.45pm in Beth Hamedrash	To announce your event on the Shul website email: stan.stanrob@gmail.com

VISITING THE SICK If you know anyone who would like a hospital or home visit from Rabbi Bar or a member of the *Care Community Committee*, please email swhcfc@gmail.com or leonardshulton@live.com, call Janice 07752874065 or Shul Office 01702 344900.



17 October 2015 – 4 Cheshvan 5776

Rabbi Binyamin Bar

Rabbi

Stanley Robinson

Geoffrey Pepper

Gabbaim

Finchley Road
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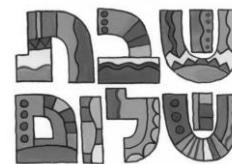
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Facebook facebook.com/swhc.org.uk

*This week's Newsletter is kindly sponsored by **Herta and Gyula Vari** in celebration of their grandson, Alexander Small, repeating his Barmitzvah Haftorah. Mazel Tov!*



SHABBAT NOACH TIMES

FRIDAY NIGHT

Mincha, Ma'ariv **5.40pm**

SHABBAT MORNING

Shacharit **9:15am**

Children's Service **11:00am**

Kiddush after the Service

Mincha, then Seudah Shlishis,

which is kindly sponsored by

Andrea & Stanley Robinson **5.30pm**

Ma'ariv when Shabbat ends **6.51pm**

WEEKDAY SERVICE TIMES

SUNDAY

Shacharit **8:30am**

Ma'ariv **7:00pm**

MONDAY - THURSDAY

Shacharit **8:00am**

Ma'ariv **8:00pm**

NEXT FRIDAY

Shacharit **8:00am**

Shabbat commences **5:28pm**

Mincha / Ma'ariv **5:30pm**

Torah Reading	Rabbi Bar	(Soncino page 34)
Haftorah Noach	Alexander Small	(Soncino page 56)

If you would like to repeat your Barmitzvah Haftorah, please contact the Gabbaim.

MAZEL TOV *A hearty Mazel Tov from the SWHC Community*

Gertrude Essex on the occasion of her 85th Birthday

Marilyn & Stephen Salt on the Barmitzvah of their grandson, Joseph Salt (Norrice Lea)

NOAH'S ARK – ARK OF FAITH AND DECENCY *Thoughts on the Parasha*

This week's Parasha is Noah, and is named after the famed builder of the ark. It is during this portion that we learn of the great flood that destroyed everything. The Torah explains why this dramatic act was needed. Immorality in all of its forms was rampant. Hatred amongst the peoples of the earth was complete.

But even after it had been decided to destroy the existing life, people were given ample opportunity to change. People would ask Noah, "Why are you building this large craft?" and he would reply, "Because G-d has wearied of human immorality and has decreed that the world will be destroyed should people choose not to repent." Even when the rains of the flood started the people could have changed and transformed the destructive rains into rains of blessing, but they remained hard-hearted.

Noah, who maintained his dignity and righteousness despite living in the most depraved of society, and his family, miraculously survived the flood and lived to rebuild humanity. Upon their emergence from the ark seven special laws were commanded to Noah, and through him to all humanity. The laws are aptly called the Seven Noahide Laws. These laws include: 1. Belief in one G-d / Not serving idols. 2. Not blaspheming G-d. 3. Not murdering. 4. Not stealing. 5. Not committing immoral sexual acts. 6. Not being cruel to animals. 7. Establishing courts of justice.

Our Rabbis teach us that the floodwaters represent the numerous bad influences and evil found around us. These waters may appear tempting and good at first glance, but when one takes a step back and analyzes what he is seeing, the destructiveness becomes apparent.

For the Jew the ark represents the spiritual protection given by our Torah that is to be found in our synagogues and our homes. For all of Humanity, the ark represents strict adherence to the Seven Noahide Laws. Those laws are the Torah's clear instructions as to what should be the goals and aspirations of all humanity. The Seven Laws are so important precisely when we see some people who in the name of G-d perform atrocities that are beyond words to describe. Anyone who wants to serve G-d must do so on His terms. When one uses G-d's name for evil he has in fact desecrated the Holy Name.

During these very difficult times in Israel let us find refuge in our personal, communal, and national arks. Let us pray for the souls of the innocents who were mercilessly murdered, for the speedy recovery of the wounded and for the safety of our brothers and sisters in Israel and throughout the world.

Shabbat Shalom!

Rabbi Binyamin Bar

WHAT'S ON AT SWHC

Shabbat 17th October the Kiddush this week is kindly sponsored by **Herta & Gyula Vari** in celebration of their grandson, **Alexander Small**, repeating his Barmitzvah Haftorah. The Seudah Shlishis is kindly sponsored by **Andrea and Stanley Robinson** in loving memory of Stanley's beloved Mother *obm* 33rd Yahrzeit on Tuesday 13th October and Brother *obm* 51st Yahrzeit on Shabbat 24th October.

23rd / 24th October - SHABBAT UK - If you have booked your place, but not yet paid, kindly call the Synagogue Office at your earliest convenience. Friday night meal, Shabbat Lunch, Quiz and Seudah Shlishis. The **Seudah Shlishis** (the last one of the season) will be kindly sponsored by Jennifer & Geoffrey Pepper in memory of Geoffrey's parents (*obm*) whose Yahrzeits` fall on Shabbat 7th November & Sunday 15th November.

Tuesday 27th October, 8:30pm - Dementia Awareness Evening

Shul Hall. Call Janice on 07752 874065 for more information. Refreshments served.

AJEX Shabbat – 7th Nov – “Remembrance is a Mitzvah”

Shabbat Morning Remembrance Service – Finchley Road Synagogue

All Ex-Servicemen & Women, their families & friends, are invited to attend this most important Service. A Kiddush will be provided by AJEX after the service.

Sun 8th Nov – Mayor's Annual Civic Cenotaph Service & Parade

Assemble at Prittlewell Square as usual at 10.30am. Rabbi Bar will read the lesson & Poppy Wreaths will be laid on behalf of SWHC & AJEX. Immediately after this Civic Service, AJEX members & congregants will proceed to Stock Rd Cemetery for the Service of Remembrance at our own Jewish War Memorial. We invite all Jewish Ex-Servicemen & Women, together with widows of Jewish Ex-Servicemen and their families to come & march in the Parades.

Sun 15th Nov - Annual National Parade & Reunion Rally

The Service at Whitehall Cenotaph, which commences at 2.30pm, will be conducted by the Chief Rabbi, Ephraim Mirvis. FALL IN TIME at HORSE GUARDS PARADE GROUND 2pm.

Transport to Whitehall is available PHONE 01702 343192 Jeffrey Barcan.

NOTICES

JC Correspondent – We are pleased to announce that **Geoffrey Pepper** is now our JC Correspondent. Any article or news item must be given to Geoffrey who will assess its suitability and pass it on to the JC. Geoffrey can be contacted either directly geoffrey.pepper@hotmail.co.uk or through the Synagogue Office. Geoffrey also communicates with all the Jewish Press including Hamodia; Jewish Tribune, Essex Jewish News and London Jewish News.

Kol Nidre Appeal 5776

Following on from the letter sent to the Community & Vice President Roy Barnes'

Kol Nidre night appeal, kindly call into the Shul office with your donation or go to:

<https://mydonate.bt.com/events/swhc> to donate online. Thank You. *Derek Silverstone*, President

THE SHOP email: alanmarkovitch@yahoo.co.uk or leave a message on 07956 597271

Sunday 9.30am-11.30am, Thursday 10.00am – 4:30pm, Friday 9.00am – 12:30pm

Monday Midday – 3pm (Cash only)