

**Celebrating a Birthday or Anniversary?** Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush? Please contact the Shul Office to arrange booking.

**Barmitzvah Haftorah** - If you would like to do your Haftorah, please contact the Wardens.

**Seudah Shilishis** - If you wish to sponsor a Seudah, please contact [geoffrey.pepper@hotmail.co.uk](mailto:geoffrey.pepper@hotmail.co.uk)

**We wish the following members "Long Life" for their Yahrzeits commencing the evening before:**

**Shabbat - 13 Sept/18 Ellul:** Mrs Helena Graham, Mr Frank Linden, Mr Malcolm Rubin,

Mrs Sonia Burns

**Sunday - 14 Sept/19 Ellul:** Mrs Benita Speck, Mrs Rosalie Grant

**Monday - 15 Sept/20 Ellul:** Mr Martin Franks, Mr Michael Franks, Miss Jacqueline Michelow

**Tuesday - 16 Sept/21 Ellul:** Mr Jeffrey Gilbert, Mr Martin Neidus

**Wednesday - 17 Sept/22 Ellul:** Mr Gerry Gordon, Mr Mark Gordon, Mrs Fay Sober

**Thursday - 18 Sept/23 Ellul:** Mrs Shirley Shalet, Mr Morris King, Mrs Sarah Freedman,

Mrs Angela Cohen, Mrs Norma Anderson, Mr Geoffrey Singer

**Friday - 19 Sept/24 Ellul:** Mrs Brenda Feldman, Mrs Minn Rose

**Saying Kaddish in Shul?**

Please ensure you bring at least **Two relatives or friends** to help with the Minyan.

<b>Monday Club-Talmud Torah</b> For more info, call Maurice Symons 01702 351845.	<b>SEED - Mon 22<sup>nd</sup> Sept</b> 8.45pm in Beth Hamedrash	<b>J.A.C.S. - Every Wed</b> Call Allan Goldstein 01268 771978 for more info.
<b>Dirshu Shiur Laws of Shabbat with Rabbi Bar</b> Monday & Thursday night 30 mins before evening service. Men & women welcome.	<b>Rabbis' Thursday 'Surgery'</b> <b>1.00pm - 4.00pm</b> In the Rabbi's Office	<b>SJYC <a href="mailto:sjycbuzz@hotmail.com">sjycbuzz@hotmail.com</a></b> 5-11 yrs Thurs 4.30pm-6.30pm Call Debbie Linden 07912 259784 11+ yrs Thurs 7.00pm - 9.00pm Email <a href="mailto:barryjacobs200@hotmail.com">barryjacobs200@hotmail.com</a>
<b>Raymond House Shabbat</b> <b>1<sup>st</sup> Nov - 10.15am</b> Call Derek Silverstone 01702 616153	<b>POP IN - Tues 28<sup>th</sup> Oct</b> <b>2.00pm - 4.00pm</b> <b><a href="mailto:swhcgm@btconnect.com">swhcgm@btconnect.com</a></b> Call Janice 0775 2874065	<b>Cheder begins</b> <b>Tues 16<sup>th</sup> Sept</b> 4.45pm to 6.15pm Email <a href="mailto:Cheder.SWHC@hotmail.co.uk">Cheder.SWHC@hotmail.co.uk</a> Refreshments served 4.30pm
<b>connect@southend-Thurs Talmud Torah</b> Call Chris Sternshine 334655 or <a href="mailto:csternshine@jcare.org">csternshine@jcare.org</a>	<b>Toddler Group</b> <b>Tues 16<sup>th</sup> Sept</b> Call Karen Jacobs 07887 847059	<b>Bereavement Support Group</b> <b>Mon 20<sup>th</sup> Oct - 8.00pm</b> 103 Vardon Drive Call Janice 07752 874065
<b>AID Society Bridge</b> <b>Sun 5<sup>th</sup> Oct, 2<sup>nd</sup> Nov-7.30pm</b> <b>Thorpe Bay Bridge Club</b> Call Geoff Cohen on 339601 or Jan Linden on 343289	<b>VISITING THE SICK</b> email <a href="mailto:swhcgm@btconnect.com">swhcgm@btconnect.com</a> or <a href="mailto:leonardshulton@live.com">leonardshulton@live.com</a> or call Janice 07752874065 or Shul Office 01702 344900	<b>Cemetery Opening Times</b> Winter: Sunday - Friday 10am - 3pm GMT Summer: Sunday - Friday 10am - 4pm BST

**The Shop**

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am - 4.30pm: Fridays 9.00am - 12.30pm : Sundays 9.15am - 12.15pm

Phone 01702 430307 (only during opening hours)

For orders please email: [alanmarkovitch@hotmail.com](mailto:alanmarkovitch@hotmail.com) or leave a message on 07956 597271

To announce your event on the Shul website email [stan.stanrob@gmail.com](mailto:stan.stanrob@gmail.com)



18 Ellul 5774 - 13 Sept 2014 ב"מ"ד

Email: [swhc@hotmail.co.uk](mailto:swhc@hotmail.co.uk) Tel: 01702 344900

Website: [www.swhc.org.uk](http://www.swhc.org.uk)

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

**Shabbat Ki Tavo Services**

Shabbat begins Friday night 6.59pm

Mincha followed by Kabbalat Shabbat 7.00pm

Shacharit 9.15am

Followed by Extra Special Kiddush

Mincha followed by Seudah Shilishis 6.45pm

Guest Speaker - Roy Barnes

Ma'ariv when Shabbat ends 8.08pm

**Service Times Weekdays**

**Sunday**

Shacharit 8.30am

Mincha, Ma'ariv 7.00pm

**Monday**

Shacharit 8.00am

Mincha/Ma'ariv 6.45pm

**Tuesday - Thursday**

Shacharit 8.00am

Mincha/Ma'ariv 7.00pm

**Next Friday - 19 Sept**

Shacharit 8.00am

Service 6.40pm

Shabbat begins 6.43pm

This week's leaflet is kindly sponsored by Marilyn & Stephen Salt and Milly & Michael Nelkin in celebration of Marilyn & Milly's 70<sup>th</sup> Birthdays. Mazeltov!



Torah Reading  
Haftarah  
Anim Zemirot

Rabbi Bar  
Stephen Salt

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## Questions and Answer on Shabbat VIII

Why do we eat Cholent on Shabbat?

In the 2nd Temple Era, there existed a sect of Jews known as the Sadducees (named after their leader: Saddok). This misguided sect denied the Divine origin of the Oral Law, and lived their lives by their own interpretation of the Scriptures.

One of their misinterpretations of the Scriptures concerned cooking on the Shabbat. The Torah says, "You shall not kindle fire in any of your dwelling places on the Sabbath day" (Exodus 35:3). The Sadducees understood this verse as a prohibition against having a fire burning on the Shabbat. Therefore, every Shabbat they would sit in the cold and darkness, and would eat only cold food.

In truth, the Torah is only banning the act of kindling a fire on Shabbat -- it is not prohibiting having on Shabbat a flame, which was ignited beforehand.

The Jews dubbed as The Pharisees -- literally: the "separationists," remained loyal to the Rabbinic Torah and separated themselves from the errant Sadducees -- demonstrated their allegiance to the Oral Law by making a point of eating a hot dish on Shabbat afternoon.

In fact, many argue that the word "Cholent" comes from the Hebrew word "Shelahn," which means that it "rested overnight" on the fire.

Some say that "Cholent" is a French word. Chau (pronounced show) means hot in french. Lent means slow in french. Hence the word means "slow-hot". Over years of translations and transliterations the word stuck -- cholent.

Aside for the technical reasons for eating Cholent, we also must note that it is a tasty dish (which in itself is a good reason for the custom...), and there's nothing like a Shabbat afternoon nap which follows a plate of Cholent!

As there is a Cholent Kiddush this Shabbat to celebrate Marilyn Salt and Milly Nelkin's special birthdays, we take this opportunity to wish them Mazal Tov! And whilst you are enjoying some lovely British made Cholent, Yitzchak, Miriam and I will be savouring some wonderful chaud-lent in France!

Shabbat Shalom,  
Rabbi Binyamin Bar

### We wish a hearty Mazeltov to:

Berni & Sass Zecharia on the engagement of their son, Adam, to Esther, daughter of Jacqui & Jeremy Marshall and Mazeltov to grandparents, Donald Cussen and Shirley & Barry Marshall.

Rochelle & Colin Samuel on the birth of another grandson in Israel. Another son for Esther & Lawrence

### This Shabbat - 13<sup>th</sup> September

This week's Kiddush is jointly sponsored by Marilyn & Stephen Salt and Milly & Michael Nelkin in celebration of Marilyn's and Milly's 70<sup>th</sup> Birthday.

We also welcome back Daryl Luder who is leining on Shabbat.

## Stone Settings - Sun 14<sup>th</sup> Sept

11.30am Doreen Brooke-Durrant (mother of Denise Pitch) – WALTHAM ABBEY  
2.45pm Peter Denny – STOCK ROAD (Any gentlemen who can attend to help make up the Minyan would be greatly appreciated)

## Launch of Brand New JLS (Jewish Learning Southend) Cultural Centre

Mon 15<sup>th</sup> Sept - Shul Hall - 7.00pm

A light supper followed by a choice of 3 sessions--Health is Wealth, Mendelssohn's Music, Jews at the outbreak of WW1--and finishing with a main speaker.

## Silent Commentary Fashion Show - Wed 17<sup>th</sup> Sept - All tickets sold

Proceeds to Day Centre & Havens Hospice, Call Occasions Boutique to go on waiting list 01702 473115

## Next Shabbat 20<sup>th</sup> Sept

Roy Barnes` Teenage Open Forum – 11.00am - For further details please contact Roy on:07850 377730 or email: [26@laraineandroy.com](mailto:26@laraineandroy.com)

Children's Service with Avi & Alex with Special Children's Ice Cream Kiddush

## Midnight Selichot Service - Saturday Night 20<sup>th</sup> Sept - 11.30pm

The coach to London has been cancelled. Instead, we are having the service in our Shul, led by Rabbi Bar. This is a prelude to the awe inspiring days of Rosh Hashanah and Yom Kippur. Rabbi Bar will be speaking at 11.45pm. Free entry. No appeal.

## Stone Settings - Sun 21<sup>st</sup> Sept - Stock Road

2.00pm Betty Wand

3.00pm Barbara Newman

## The Big Event - Sun 21<sup>st</sup> Sept - Priory Park - 12.30pm - 5.30pm

Free Entry

## Jewish Genealogical Society - Sun 21<sup>st</sup> Sept

2.30pm - 5.00pm Contact Anne Marcus at [avoceta@hotmail.com](mailto:avoceta@hotmail.com) for details

## Rabbi Yisroel Newman over the Yamin Nora'im

We have pleasure in welcoming back Rabbi Newman who will be joining us for Rosh Hashanah & Yom Kippur. He will be helping Rabbi Bar with the davening & leining during the High Holyday Services.

## "Choices" - Jewish Women's Circle with Rebbetzin Sufrin - Tues 30<sup>th</sup> Sept

At the home of Lisa Berg at 7.30pm. Please call the Shul Office if you would like to attend.

## Ladies' Guild Outing to BBC - Tues 21<sup>st</sup> Oct

Tickets from Ladies' Guild £35 per person including Coach & Guided Tour

## The Shop - Opening/Closing Times for the High Holy Days

Tuesday 23 <sup>rd</sup> September	10am – 4.30pm
Wednesday 24 <sup>th</sup> September	9am-12.30pm
Sunday 28 <sup>th</sup> September	10am-midday
Thursday 2 <sup>nd</sup> October	10am-4.30pm
Friday 3 <sup>rd</sup> October	9am-12.30pm
Sunday 5 <sup>th</sup> October	10am-midday
Tuesday 7 <sup>th</sup> October	10am-4.30pm
Wednesday 8 <sup>th</sup> October	9am-12.30pm
Sunday 12 <sup>th</sup> October	10am-midday
Tuesday 14 <sup>th</sup> October	10am-4.30pm
Wednesday 15 <sup>th</sup> October	9am-12.30pm