

If you would like to sponsor a Kiddush, kindly contact the Shul Office in the first instance, to confirm availability.

We wish the following members "Long Life" for their Yahrzeits commencing the evening before:

Shabbat – 22 Nov/29 Cheshvan: Mr Allan Greenstein, Mrs Irene Baum, Mr Barrie Jacobs, Mrs Suzanne Taylor, Mrs Elaine Klein

Sunday – 23 Nov/1 Kislev: Mr Edward Harris

Monday – 24 Nov/2 Kislev: Mrs Renee Levine, Mrs Sylvia Wand, Mr Melvyn Rosehill, Mrs Helene Platman, Mrs Janice Steel

Tuesday – 25 Nov/3 Kislev: Mrs Barbara Black, Mr Geoffrey Pepper, Mrs Marilyn Belson, Mrs Carol Turansky, Mrs Shirley De-Pass

Wednesday – 26 Nov/4 Kislev: Mr Michael Engleman, Mrs Phyllis Fenton, Mrs Jackie Neidus, Mrs Lillie Wand, Mr Sid Pacter, Mr Michael Rabinovitch

Thursday – 27 Nov/5 Kislev: Mr Jack Burns, Mrs Josephine Pitch, Mrs Susan Aarons, Miss Angela Davis, Mrs Sandra Kutner, Mrs Lisa Shapiro, Mrs Irene Turner

Friday – 28 Nov/6 Kislev: Mrs Sandra Miller, Mrs Terrie Levene, Mr Michael Yaffe

Saying Kaddish in Shul?

Please ensure you bring at least **Two relatives or friends** to help with the Minyan.

Monday Club-Talmud Torah Call Maurice 01702 351845	SEED - Mon 24th Nov 8.45pm in Beth Hamedrash	Toddler Group - Every Tues Call Karen 07887 847059
Dirshu Shiur - Chanukah with Rabbi Bar Monday & Tuesday night 30 mins before evening service. Men & women welcome.	VISITING THE SICK email swhcgm@btconnect.com or leonardshulton@live.com or call Janice 07752874065 or Shul Office 01702 344900	Cemetery Opening Times Winter: Sunday – Friday 10am – 3pm GMT Summer: Sunday – Friday 10am – 4pm BST
Raymond House Shabbat 6th Dec - 10.15am Call Derek Silverstone 01702 616153	Cheder every Tuesday 4.45pm to 6.15pm Email Cheder.SWHC@hotmail.co.uk Refreshments served 4.30pm	SJYC sjycbuzz@hotmail.com 5–11yrs Thurs 4.30pm–6.30pm Call Debbie Linden 07912 259784 Senior Youth Club Call Barry Jacobs 07876 685826
J.A.C.S.- Every Wed Call Allan Goldstein 01268 771978 for more info	Pop In - Tues 16 Dec Talmud Torah 2pm – 4pm	connect@southend-Thurs Talmud Torah Call Chris Sternshine 334655 or csternshine@jcare.org

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 9.30am – 11.30pm

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271

To announce your event on the Shul website email stan.stanrob@gmail.com

29 Cheshvan 5775 - 22 Nov 2014 ב"מ"ד



Email: swhc@hotmail.co.uk Tel: 01702 344900 Website: www.swhc.org.uk

Rabbi: **Rabbi Binyamin Bar**

Wardens: **Geoffrey Pepper & Stanley Robinson**

Shabbat Toledot Services

Shabbat begins Friday night at	3.41pm
Mincha followed by Kabbalat Shabbat	3.40pm
Shacharit	9.15am
New Children's Service with Yael	11.00am
Followed by Kiddush	
Mincha will follow straight after	
Shabbat ends	4.56pm
Ma'ariv	5.15pm

Service Times Weekdays

Sunday (Rosh Chodesh)

Shacharit	8.30am
Ma'ariv	6.00pm

Monday - Thursday

Shacharit	8.00am
Ma'ariv	8.00pm

Next Friday – 28 Nov

Shacharit	8.00am
Service	3.35pm
Shabbat begins	3.35pm

This week's leaflet is kindly sponsored by Janice Steel who would like to thank the Community for their cards, visits and calls during her recovery and also to commemorate the Yahrzeits of her mother, Jacqueline Swain on Friday 21st November and her father, Maurice Swain on Monday 24th November. Both so sadly missed.



Torah Reading	Rabbi Bar	Page 140
Haftorah—Machor Chodesh	Stanley Robinson	Page 1189
Blessing the New Month	Kislev	Page 424
Anim Zemirot	Louis-Henri Shapiro	Page 458

The Nature of G-d's Blessings

Yitzchak and Rivka had two sons, Esav and Yaakov. "The lads grew up and Esav became one who knows hunting, a man of the field; but Yaakov was a wholesome man, abiding in tents." (Genesis 25:27) The two sons had completely different natures. Esav led a life of immorality; whilst Yaakov was busy with righteous deeds and Torah learning. Yitzchak and Rivka had a difference of opinion as to which of their sons Yitzchak should be blessed with material abundance. Yitzchak wanted to bless Esav, but Rivka wanted him to bless Yaakov. Why did Yitzchak want to give the blessing to Esav? Was he not aware of Esav's nature?

Rabbi Eliezer Dessler explains that blessings can never sway the fundamental principle that all human beings in all circumstances have the freedom to choose. When G-d judges us, He looks at the choices we made in our own individual circumstances. Blessings, at best, can improve our circumstances. G-d can send us health, wealth, children, or any other form of blessing; we must choose how to capitalize on the opportunities these circumstances give us.

Yitzchak knew about Yaakov being a truly righteous person. He would choose to serve G-d regardless of his circumstances. From Yitzchak's perspective, not only did Yaakov have no need for his blessing, he would be better off without it. If he could serve G-d under the most difficult circumstances he would ultimately accomplish more in life. Esav, on the other hand, needed a blessing. He had a difficult time overcoming his evil inclination to serve G-d. Yitzchak hoped that under the right circumstances he would improve.

On the other hand, Rivka appreciated two subtleties in this situation. First, improving Esav's circumstances would not improve him. He had succumbed to his evil inclination to such a degree that the more blessings he would be given, the more he would misuse them to fulfill his own selfish desires. Further, Yaakov needed a blessing. Even though he was truly righteous, his descendants throughout time, who may not be as righteous as he, would also be impacted by the blessing. They would certainly need any available Divine assistance to enable their proper service of G-d. We often pray for blessings in life, sometimes reflexively. In reality, these blessings are designed to facilitate our service of G-d. If it is truly in our best interest, then G-d will certainly respond to our prayers affirmatively. May we all receive the blessings that are appropriate for us. Amen.

Rabbi Binyamin Bar

We wish a hearty Mazeltov to:

Estelle Halpern on the occasion of her 85th Birthday
 Roberta & Michael Bennett on the occasion of their Ruby (40th) Wedding Anniversary

We offer our heartfelt condolences to:

Henry Harris on the loss of his wife, Hazel
 Cyril & Julian Levy on the loss of a wife & mother, Jacqueline Levy
 Jacky Jay, Neville & Martin Hyams on the loss of their mother, Catherine (Kitty) Hyams

This Shabbat - Shabbat Lunch after Mincha

Guest Speaker, Penny Simons, Solicitor & High Court Advocate. Shul Hall

Stone Setting - Sun 23rd Nov

The following tombstone consecration will take place at Stock Road Jewish Cemetery
 2.00pm Mavis Marco

Gentlemen's Circle In collaboration with Project SEED-begins Mon 24th Nov

8:30pm - New Snapshot Torah, interactive discussion group - Hosted by Rabbi Dovid Sheldon and Jeremy Symons. 'Living our Patriarch's dream in our modern world'.

Next Shabbat - 29th Nov

The Kiddush next week will be a Cholent Kiddush kindly sponsored by Marilyn & Stephen Salt on the 50th Anniversary of the Yahrzeit of Stephen's father, Harry Salt. We also welcome back Daryl Luder who will be joining us for Shabbat.

Charity Gala Choral Concert in the Synagogue - Sun 7th Dec

Doors Open 7.00pm for 7.30pm start

In memory of Barbara Newman (obm). In Aid of Cancer Charities & Israeli War Disabled. £10 donation. With Rabbi Lionel Rosenfeld and the Shabbaton Choir. The evening is being sponsored & to mark the occasion we are producing a remembrance brochure filled with greetings.

There will be a page for children & grandchildren at £2 per entry.

Contact Shul office for costings or see email circulated.

Bereavement Support Group - Mon 8th Dec - 8.00pm

Call Janice 07752 874065

AID Society Bridge - Sun 14th Dec

Thorpe Bay Bridge Club. Call Geoff Cohen on 339601 or Jan Linden on 343289. Future date: 4th Jan

Jewish Women's Circle with Rebbetzin Sufrin - Tues 16th Dec

At the home of Diane Cohen at 7.30pm. Please call the Shul Office if you would like to attend.

PUBLIC MENORAH LIGHTING

Following the tremendous success in the past, there will once again be a large public Menorah in Southend this year! The Menorah will be situated by the Cliffs Pavilion, and there will be a daily lighting, to which everyone is encouraged to attend. Donuts galore!!!



Menorah Lighting Times

Tues	16 th Dec	7.30pm	Sat	20 th Dec	6.00pm
Wed	17 th Dec	7.30pm	Sun	21 st Dec	4.30pm
Thurs	18 th Dec	7.30pm	Mon	22 nd Dec	7.30pm
Fri	19 th Dec	3.00pm	Tues	23 rd Dec	7.30pm – Gala Night



Chanukah Magic Evening - Sun 21st Dec - 7.00pm for 7.30pm

In the Company of Rav Geoffrey Shisler & others. Shul Hall
 Donation £20.00. Call the Shul Office for tickets.