

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Seudah Shilishis - If you wish to sponsor a Seudah, please contact
Geoffrey.pepper@hotmail.co.uk

We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

Shabbat – 3 May/3 Iyar: Mr Anthony Jones, Mrs Lily Bloch, Mr Maurice Lesley, Mr Anthony Silverstein, Mrs Evelyn Statman

Sunday – 4 May/4 Iyar: Mrs Betty Young, Mrs Sharon Bronitt

Monday – 5 May/5 Iyar: Mrs Allison Lester, Mrs Esther Shaw, Mrs Shirley Reid

Tuesday – 6 May/6 Iyar: Mrs Josephine Strubel, Mrs Clare Linden

Wednesday – 7 May/7 Iyar: Dr Gerald Peters, Mrs Linda Sanders

Thursday – 8 May/8 Iyar: Mr Paul Binder, Mr Myer Finegold, Mrs Sandra Royston

Friday – 9 May/9 Iyar: Mrs Sylvia Shaw, Mrs Jackie Franks, Mrs Moira Dickson, Mr Anthony Gower, Mrs Susan Fine, Mrs Linda Rubin, Mr Gerald Ward

Gentlemen are requested to please bring help to assist with the Shul minyan.

<u>Monday Club-Talmud Torah</u> For more info, call Maurice Symons 01702 351845.	<u>SEED – Mon 12th May</u> 8.30pm in Beth Hamedrash	<u>Rabbi Bar's Davening Coaching – Mon 12th May</u> 8.15pm at his home!
<u>J.A.C.S. – Every Wed</u> Call Allan Goldstein 01268 771978 for more info.	<u>connect@southend-Thurs Talmud Torah</u> Call Chris Sternshine 334655 or cternshine@jcare.org	<u>Raymond House Shabbat 3rd May 9.30am</u> Call Derek Silverstone 01702 616153
<u>Cheder & Toddler Group</u> Email Cheder.SWHC@hotmail.co.uk . Toddler Group, call Karen 07887 847059.	<u>POP IN – Tues 20th May 2.00pm – 4.00pm</u> swhcgm@btconnect.com Call Janice for further details 0775 2874065	<u>VISITING THE SICK in Hospital or at Home</u> Call Shul office or email swhcmanager@hotmail.co.uk or leonardshulton@live.com
<u>Dirshu Bahalacha-Halacha Shiur with Rabbi Bar</u> Sunday & Thursday <i>before</i> the evening service.	<u>To announce your event on the Shul Website</u> www.swhc.org.uk email stan.stanrob@gmail.com	<u>Buzz@SJYC – Email:</u> sjyc.thebuzz@gmail.com 5 – 11yrs Thurs 4.30 – 6.30 11yrs+ Mon 7.00 – 9.00

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 10.00am – 1.00pm

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271



3 Iyar 5774 – 3rd May 2014 ב"מ"ד

Email: swhc@hotmail.co.uk Tel: 01702 344900

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

Shabbat Emor Services

Shabbat begins Friday night	8.00pm
Mincha followed by Kabbalat Shabbat	7.30pm
Shacharit	9.15am
Followed by Kiddush	
Rabbi's Talmud Shiur	7.25pm
Mincha followed by Seudah Shilishis	8.05pm
Ma'ariv when Shabbat ends	9.24pm

Service Times Weekdays

Sunday

Shacharit	8.30am
Mincha, Ma'ariv	7.00pm

Monday (Bank Holiday)

Shacharit	8.30am
Mincha/Ma'ariv	8.00pm

Tuesday (Yom Hazikaron)

Shacharit	8.00am
Yom Hazikaron, Mincha/Ma'ariv	7.00pm

Wednesday & Thursday

Shacharit	8.00am
Mincha/Ma'ariv	8.00pm

Next Friday – 9th May

Shacharit	8.00am
Shabbat begins	8.00pm
Service	7.30pm

This week's leaflet is kindly sponsored by the Ladies' Guild.



The Shul Office will be closed on Monday 5th May

Torah Reading	Rabbi Bar	Page 740
Haftorah	Stanley Robinson	Page 761
Anim Zemirot	Louis-Henri Shapiro	Page 458

The All Encompassing Love

In this week's Parasha, the Torah states that we are not permitted to take revenge against a fellow Jew nor should we harbor ill feelings in our hearts towards our fellow. These are Mitzvot which relate to one's obligation to a fellow Jew and the basic principle is in last week's Parasha where the Torah states: "You shall love your fellow Jew as you love yourself - I am Hashem." Because if we truly loved our fellow as we loved ourselves we would not cheat, slander, steal from, or harbour ill feelings towards our fellow Jew.

Rabbi Akiva commented that the Mitzva, "You shall love your fellow Jew as you love yourself..." is one that encompasses the whole Torah. Similarly the Talmud tells us that a gentile once asked Hillel to teach him all of the Torah while standing on one foot (in a single concept). Hillel responded to him: "Whatever you despise do not do to your fellow." This is the all-encompassing principle of the Torah and the rest is commentary.

And the question is: There are many Mitzvot in the Torah that deal exclusively with man's relationship with G-d. For example, dietary laws, observing Shabbos, family purity laws etc... are all Mitzvot that govern our obligations to Hashem and not to a fellow Jew. How then can the Mitzvah "You shall love your fellow Jew as you love yourself..." or "Whatever you despise do not do to your fellow" encompass the whole Torah?

The Gemara says that if a person eats without first reciting a blessing it is as if "he stole from G-d and the Jewish people." Rashi that if one acknowledges G-d through a blessing before eating then Hashem will bless him/her and the entire Jewish people.

In other words, we are all spiritually interconnected. Not only are all Jews guarantors for each other but we are also affected by the consequences of each other's actions. And of course, being the children of Abraham, Yitzchak and Yaakov, we are also physically connected. We are all Mishpocha! One happy family!

We can now understand that even the obligations between man and G-d affect the existence of the Jewish people as a whole. If we observe the laws of Shabbos and dietary laws etc... then we bring Hashem's blessing upon ourselves and the whole Jewish people. Thus, "You shall love your fellow Jew as you love yourself..." is indeed a Commandment that encompasses the whole Torah.

In the spirit of love and unity, I would like to invite all of you, men and women, young and old, to contribute a Dvar Torah into the weekly leaflet in celebration of a simcha, in memory of a loved one or just to share an inspiring insight. Please email it to me at rabbiar@gmail.com no later than Wednesday. For more information feel free to call me on 01702 393535.

Shabbat Shalom!
Rabbi Binyamin Bar

We wish a hearty Mazeltov to:

Leon Brone on the occasion of his 90th Birthday
Ella-Myrtle Hyman on the occasion of her 85th Birthday

We offer our heartfelt condolences to:

Beverley Kloos and Michael Jay on the loss of their mother, Mavis Marco.

This Shabbat - Roy Barnes` Teenage Open Forum - 11.00am

For further details please contact Roy on:07850 377730 or email: 26@laraineandroy.com.

Cyclo-Aid - Sun 4th May

To register, please call 07737 441764 or email garry_steel@hotmail.com

Stone Setting - Sun 4th May

The following tombstone consecration will take place at Stock Road Jewish Cemetery:
2.30 Joy Nelkin

AID Society Bridge - Sun 4th May - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289

Jewish Women's Week Campaign 'Who Cares-WIZO Cares' - 4th-11th May

When your smiling volunteer collector comes to collect - please give generously!!

Contact Jackie Kalms - Chairman Westcliff & District WIZO - 01702 437801

Ladies' Guild - AGM - Tues 6th May

2.30pm in the Boardroom

Yom Hazikaron Service/Yom Ha'atzmaut Celebrations-Tues 6th May-7.00pm

Yom Hazikaron service in the Shul followed by Yom Ha'atzmaut Celebrations in the Shul Hall.
Donation £5.00. Proceeds to Israeli War Disabled.

AGM - Sun 11th May - Shul Hall

All are invited to attend the AGM. Voting begins at 9.15am.

Stone Settings - Sun 11th May

The following tombstone consecrations will take place at Stock Road Jewish Cemetery:
2.00 Doris Carbran
2.45 Leslie Roseman

Family Shabbat Dinner - Fri 16th May - 5.30pm - 8.30pm

Special Guests - Rabbi Aryeh & Devorah Sufrin. Advance Tickets only from Shul Office
£7.50 Adult, £5.00 Child (under 14) or £20 for family ticket (2 adults + 2 children)

Closing date Sunday 4th May

This function is only for families of Cheder & Youth Club age children

Family Shabbat Weekend - Bechukotai - 17th May

Children's Service with Child Friendly Kiddush & Teenage Cholent lunch

We are excited in welcoming Rabbi Ayreh Sufrin & Rebbetzin Devorah Sufrin from Ilford for our family Shabbat weekend. Rabbi Sufrin gained an MBE in 2009 for his outstanding work in the Jewish and non-Jewish Community saving people from sinking into the world of drugs. Rebbetzin Sufrin heads special projects such as Cheder & Children's services. Everyone is encouraged to kindly show their support & attend the Shabbat services. Rabbi Sufrin is a much sought after speaker and we look forward to listening to a man who makes a difference!

33rd Day of the Omer - Lag B'Omer Family Day Celebrations - Sun 18th May

Community Bar B Q for all ages. 12.30pm (Straight after Cheder)
£5 adults, £2.50 children under 13.