

### Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?  
Please contact the Shul Office to arrange booking.

**Barmitzvah Haftorah** - If you would like to do your Haftorah, please contact the Wardens.

**Seudah Shilishis** - If you wish to sponsor a Seudah, please contact  
[Geoffrey.pepper@hotmail.co.uk](mailto:Geoffrey.pepper@hotmail.co.uk)

**We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:**

**Shabbat – 17 May/17 Iyar:** Mr & Mrs K Carter, Mrs Dawn Shestopal, Mrs Julie Baum, Mr Michael Mantus

**Sunday – 18 May/18 Iyar:** Mrs Ruth Leigh, Mr David Gordon, Mrs Sheila Sekenofsky

**Monday – 19 May/19 Iyar:** Mr Anthony Larholt, Mrs Angela Kneller, Mr Lawrence Simmons, Mrs Sophia Zetter, Mrs Catherine Hyams

**Tuesday – 20 May/20 Iyar:** Mrs Janice Pitch

**Wednesday – 21 May/21 Iyar:** Mrs Roberta Rose

**Thursday – 22 May/22 Iyar:** No Yahrzeits

**Friday – 23 May/23 Iyar:** Mr Keith Fenton, Mrs Robyna Shinegold

*Gentlemen are requested to please bring help to assist with the Shul minyan.*

<b><u>Monday Club-Talmud Torah</u></b> For more info, call Maurice Symons 01702 351845.	<b><u>SEED - Mon 26<sup>th</sup> May</u></b> 8.30pm in Beth Hamedrash	<b><u>Rabbi Bar's Davening Coaching - Mon 26<sup>th</sup> May</u></b> 8.15pm at his home!
<b><u>J.A.C.S. - Every Wed</u></b> Call Allan Goldstein 01268 771978 for more info.	<b><u>connect@southend-Thurs Talmud Torah</u></b> Call Chris Sternshine 334655 or <a href="mailto:csternshine@jcare.org">csternshine@jcare.org</a>	<b><u>Raymond House Shabbat 7<sup>th</sup> June 9.30am</u></b> Call Derek Silverstone 01702 616153
<b><u>Cheder &amp; Toddler Group</u></b> Email <a href="mailto:Cheder.SWHC@hotmail.co.uk">Cheder.SWHC@hotmail.co.uk</a> . Toddler Group, call Karen 07887 847059.	<b><u>POP IN - Tues 20<sup>th</sup> May 2.00pm - 4.00pm</u></b> <a href="mailto:swhcgm@btconnect.com">swhcgm@btconnect.com</a> Call Janice for further details 0775 2874065	<b><u>VISITING THE SICK in Hospital or at Home</u></b> Call Shul office or email <a href="mailto:swhcmanager@hotmail.co.uk">swhcmanager@hotmail.co.uk</a> or <a href="mailto:leonardshulton@live.com">leonardshulton@live.com</a>
<b><u>Dirshu Bahalacha-Halacha Shiur with Rabbi Bar</u></b> Sunday & Thursday <i>before</i> the evening service.	<b><u>Bereavement Group Mon 19<sup>th</sup> May - 8.00pm</u></b> 103 Vardon Drive, Leigh on Sea Call Janice 07752 874065	<b><u>Buzz@SJYC - Email:</u></b> <a href="mailto:sjyc.thebuzz@gmail.com">sjyc.thebuzz@gmail.com</a> 5 - 11yrs Thurs 4.30 - 6.30pm 11yrs+ Mon 7.00 - 9.00pm

### The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am - 4.30pm: Fridays 9.00am - 12.30pm : Sundays 10.00am - 1.00pm

Phone 01702 430307 (only during opening hours)

For orders please email: [alanmarkovitch@hotmail.com](mailto:alanmarkovitch@hotmail.com) or leave a message on 07956 597271

**To announce your event on the Shul** email [stan.stanrob@gmail.com](mailto:stan.stanrob@gmail.com)



17 Iyar 5774 - 17<sup>th</sup> May 2014 ב"מ"ד

Email: [swhc@hotmail.co.uk](mailto:swhc@hotmail.co.uk) Tel: 01702 344900

Website: [www.swhc.org.uk](http://www.swhc.org.uk)

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

### **Shabbat Bechukotai Services**

Shabbat begins Friday night	8.00pm
Mincha followed by Kabbalat Shabbat	7.30pm
Shacharit	9.15am
Children's Service in Beis Hamedrash	10.45am
Followed by Youth Shabbat Kiddush	
Rabbi's Talmud Class	7.50pm
Mincha followed by Seudah Shilishis	8.30pm
Ma'ariv when Shabbat ends	9.52pm

### Service Times Weekdays

#### Sunday – Lag B'Omer

Shacharit	8.30am
Mincha, Ma'ariv	7.00pm

#### Monday - Thursday

Shacharit	8.00am
Mincha/Ma'ariv	8.00pm

#### Next Friday – 23<sup>rd</sup> May

Shacharit	8.00am
Shabbat begins	8.00pm
Service	7.30pm

This week's leaflet is sponsored anonymously.



<b>Torah Reading</b>	<b>Rabbi Bar</b>	<b>Page 777</b>
<b>Haftorah</b>	<b>Anthony Larholt</b>	<b>Page 789</b>
<b>Anim Zemirot</b>	<b>Louis-Henri Shapiro</b>	<b>Page 458</b>

### What's Lag BaOmer?

Lag BaOmer is a great celebration. Jews from around the world light bonfires and for weeks before, children in Israel scavenge wood to arrange as impressive sculptures. Great public celebrations are held and the wood towers are burned on Lag BaOmer. But please allow me to share with you the historical background of Lag BaOmer.

There was once a man, Rabbi Akiva, who had twenty-four thousand disciples. He taught them to love, but their love was too absolute, too true, to be loving. As the Talmud informs us, "They did not conduct themselves with respect for each other". They died, and their death spawned a period of mourning. Lag BaOmer is the day on which the plague ended and the dying ceased.

Lag BaOmer is also the anniversary of the passing of Rabbi Akiva's greatest disciple, Rabbi Shimon bar Yochai. Rabbi Shimon referred to the day of his passing as "the day of my happiness" but if Lag BaOmer marks the date of Rabbi Shimon's death, why is it such a celebration?

The Talmud describes a seminal event in the life of Rabbi Shimon: When the Romans outlawed the study of Torah, Rabbi Shimon spoke out against them. The Romans thus pronounced a death sentence against Rabbi Shimon, who was forced to go into hiding.

Rabbi Shimon and his son Elazar fled to a cave in the northern region of Israel. They had no means of subsistence, but a miracle occurred and a carob tree sprouted in the cave, along with a stream of water. Rabbi Shimon and his son remained in the cave for 13 years, involved in nothing but the study of Torah.

Rabbi Shimon went on to become the greatest Torah teacher of his generation and devoted his entire life to the pursuit of truth. When he reached the final day of his life, he called together his students and told them: "Until now, I have held the secrets of the Torah close to my heart. But now, before I die, I wish to reveal all."

The miracles which allowed Rabbi Shimon was able to live out a full life and the climax of Rabbi Shimon Bar Yochai's life with the revelation of Torah's greatest inner secrets is cause for great celebration.

Please join us for this special Lag BaOmer Shabbat with our guests Rabbi and Rebbetzen Sufrin and we also hope to see you all for the Sunday special Lag Baomer Barbeque!

Shabbat Shalom!  
Rabbi Binyamin Bar

### We wish a hearty Mazeltov to:

Gloria Mitchell on the occasion of her 80<sup>th</sup> birthday.

Sylvia Vandermolen on the birth of a great granddaughter, Liam Shulamit Vandermolen (Israel)

### We offer our heartfelt condolences to:

The family of the late Lilian Klinger

### This Shabbat is Cheder & Children's & Youth Shabbat - 17<sup>th</sup> May

#### The Kiddush is celebrated in their Honour

We welcome Rabbi Aryeh Sufrin & Rebbetzin Devorah Sufrin from Ilford for our family Shabbat weekend. Rabbi Sufrin gained an MBE in 2009 for his outstanding work in saving people from sinking into the world of drugs. Everyone is encouraged to kindly show their support & attend the Shabbat services.



### 33<sup>rd</sup> Day of the Omer - Lag B'Omer Family Day Celebrations

#### Sun 18<sup>th</sup> May

Everyone invited to our famous big Community Bar B Q for all ages. 12.30pm  
(Straight after Cheder) £5 adults, £2.50 children under 13.

#### Next Shabbat - 24<sup>th</sup> May

We celebrate the Auf Ruf (calling up to the Torah before marriage to Jessica Silver) of Clifton Steinberg. The Kiddush will be kindly sponsored by Jennifer & Allan Silver.

#### Office Closure - Bank Holiday Monday - 26<sup>th</sup> May

The Shul Office will be closed on Monday 26<sup>th</sup> May

#### AID Society Bridge - Sun 1<sup>st</sup> Jun - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289 Next date: Sunday 6<sup>th</sup> July

### SHAVUOT

#### Tuesday - Erev Shavuot - 3<sup>rd</sup> Jun

#### Festival begins & candle lighting 8.48pm

Mincha 7.00pm followed by a programme of learning with Rabbi Bar & other captivating speakers. Tasty FREE refreshments, including mouthwatering cheesecake. Ma'ariv 8.45pm. Everyone welcome. Late night learning at the home of Rabbi Bar from 10.30pm onwards with more cheesecake & coffee - men & women welcome.

#### Wednesday - 1<sup>st</sup> day Shavuot - 4<sup>th</sup> Jun

#### Morning Service 9.15am (including The Ten Commandments)

#### Haftorah - Dr Arnold Azulay

#### Mincha 7.30pm followed by Ma'ariv

#### 2<sup>nd</sup> day of Shavuot - Candle lighting 10.22pm

#### THE CANDLES SHOULD NOT BE LIT BEFORE THIS TIME

#### Thursday - 2<sup>nd</sup> day Shavuot - 5<sup>th</sup> Jun

#### Morning Service 9.15am Haftorah - Stephen Marcon

#### Yizkor - Memorial Service, approximately 11.15am

#### Mincha 9.00pm followed by Learning - Ma'ariv & festival ends at 10.24pm

#### SWHC celebrate 50 years of James Bond - Sun 22<sup>nd</sup> Jun

£20.00 Members, £25.00 Non-Members

6.30pm Cocktails - 7.15pm Supper with Music, Song & Dance

11.00pm End of Assignment Tickets from Shul Office



#### Morning & Evening Minyan

It is "soul destroying" ensuring a Minyan every morning & every evening. If you are not helping out currently, could you please contact [geoffrey.pepper@hotmail.co.uk](mailto:geoffrey.pepper@hotmail.co.uk) to advise when you can assist, either regularly or occasionally. Please do not ignore this very polite request. Thursdays! Friday evening & Shabbat afternoon have become particularly stressful. Reminder: If you have a Yahrzeit - please bring help to make up the numbers.