

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Seudah Shilishis - If you wish to sponsor a Seudah, please contact
Geoffrey.pepper@hotmail.co.uk

Dirshu Bahalacha-Halacha Shiur with Rabbi Bar

Join in with our lively & interactive Shiur on Sunday, Monday & Thursday *before* the evening service.

We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

Shabbat – 1 Mar/29 Adar-1: Mr Lawrence Collin, Mrs Lilian Montsash, Mrs Suzanne Larholt, Mrs Judith Davy

Sunday – 2 Mar/30 Adar-1: Mr Jeffrey Freedman

Monday – 3 Mar/1 Adar-II: Mrs Rhoda Lever, Mr Sonny Kosky, Mrs Sylvia Rankoff

Tuesday – 4 Mar/2 Adar-II: Mrs Helen Davis, Mr Jack Tropper

Wednesday – 5 Mar/3 Adar-II: Mrs Rochelle O'Brart

Thursday – 6 Mar/4 Adar-II: No Yahrzeits

Friday – 7 Mar/5 Adar-II: Mr Jeffrey Greenstein, Mrs Maureen Elman

Gentlemen are requested to please bring help to assist with the Shul minyan.



29 Adar-1 5774 - 1st Mar 2014 כ"ט אדר

Email: swhc@hotmail.co.uk Tel: 01702 344900

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

Shabbat Pekudei – Parashat Shekalim

Shabbat begins Friday night 5.17pm

Mincha and Kabbalat Shabbat 5.15pm

Shacharit 9.15am

Followed by Kiddush in the Shul Hall

Mincha 5.00pm

Followed by Seudah Shilishis

Ma'ariv when Shabbat ends 6.28pm

Service Times Weekdays

Sunday 1st Day Rosh Chodesh

Shacharit 8.30am

Ma'ariv 7.00pm

Monday 2nd Day Rosh Chodesh

Shacharit 8.00am

Ma'ariv 8.00pm

Tuesday to Friday

Shacharit 8.00am

Ma'ariv 8.00pm

Next Friday – 7th Mar

Shabbat begins 5.29pm

Service 5.30pm

<u>To announce your event on the Shul Website</u> www.swhc.org.uk please email stan.stanrob@gmail.com	<u>Monday Club-Talmud Torah</u> For more info, call Maurice Symons 01702 351845.	<u>Buzz@SJYC</u> - Email: sjyc.thebuzz@gmail.com Mondays Age 7 – 10 from 5pm - 7pm, Age 11+ from 7pm to 9pm.
<u>J.A.C.S. - Every Wed</u> Call Allan Goldstein 01268 771978 for more info.	<u>connect@southend-Thurs Talmud Torah-</u> Call Chris Sternshine 334655 or csternshine@jcare.org	<u>Raymond House - Shabbat</u> <u>1st Mar - 9.30am</u> Call Derek Silverstone 01702 616153
<u>Cheder & Toddler Group</u> <u>Every Sunday</u> Email Cheder.SWHC@hotmail.co.uk Toddler Group, call Karen 07887 847059.	<u>POP IN - Tues 18th Mar</u> <u>2.00pm - 4.00pm</u> <u>swhcgm@btconnect.com</u> Call Janice for further details 0775 2874065	<u>VISITING THE SICK in</u> <u>Hospital or at Home</u> Call Shul office or email swhcmanager@hotmail.co.uk or leonardshulton@live.com

The Shop

This Sunday only the shop will be open from 9.30am to 11.45am

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 10.00am – 1.00pm

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271

All frozen chicken, beef & lamb will be available at a discount of 20% (excluding pies, burgers, sausage rolls etc). And beef mince at a discount of 10%.

This week's leaflet is sponsored Anonymously



Torah Reading	Rabbi Bar	Page 591
Maftir	Shekalim	Page 540 v.11-16
Haftorah	Anthony Larholt	Page 1191 v 1
Blessing the New Month	Adar - 2	Page 424
Anim Zemirot	Louis-Henri Shapiro	Page 458

Mishkan and the miracle of the Jewish home

The Book of Shemot - Exodus is the Book of Geula - Redemption, the history of Israel's redemption from exile and slavery to become G-d's nation. When did the exile end?

When the people left Egypt? No.

When the sea split for them? No.

When they stood at Sinai and received the Torah? No, not even then.

Ramban (Nachmanides) says that the exile was not over until the Jewish people built their Mishkan, the Tabernacle, in the Wilderness. Because the Mishkan represented the miracle of the Jewish home. Allow me to explain:

When Rivkah became Yitzchak's bride. Yitzchak welcomed her and brought her to the tent of his late mother, Sarah. Rashi quotes Midrash Rabbah, which states that when Rivkah entered the tent, she became the "image" of Sarah.

When Sarah was alive a lamp would remain lit continuously, there was a blessing in the dough, and a spiritual cloud hovered over the tent. All of these ceased when Sarah died, but when Rivkah entered the tent, they returned.

These three miracles were all present in the Tabernacle: The western flame of the Menorah never went out. The Show-bread on the Shulchan (Table) remained fresh all week. The cloud signifying the presence of the Shechinah rested above the Tabernacle.

Sarah was the human embodiment of the future Tabernacle. Or, better said, the future Mishkan was the embodiment of Sarah's simple, sacred dwelling. Thus, the Mishkan, with all its intricacies and holiness, had to represent the miracle of the Jewish home, and of the Jewish Patriarchs and Matriarchs. That is why Israel's redemption was complete only once the Mishkan, the Jewish home, was established.

After the destruction of the Beis HaMikdash, G-d referred to each synagogue and study hall as His Mikdash Me'At, Miniature Temple. Thus, the synagogues and study halls are more than places of prayer and study. They are places where the Divine Presence rests, just as it did in the time of the Patriarchs, in the Tabernacle, and in the Temple. Not only that. As the Torah tells us in describing Sarah and Rivkah, every Jew and every Jewish home can become a resting place for the Shechinah.
Rabbi Bar

We wish a hearty Mazeltov to:

Lilian Klinger on the occasion of her 105th Birthday

We offer our sincerely condolences to:

Annette Gilbert and family on the loss of her sister, Sarah Fassi

This Shabbat 1st Mar - Children's Service in the Boardroom

This week's Kiddush is kindly sponsored by Rabbi Bar in honour of Miriam.
We welcome back Avi & Mendy for an exciting and fun filled Children's service.

This Shabbat 1st Mar - Roy Barnes` Riveting Teenage Shabbat

Get Together

For further details please contact Roy on:07850 377730 or email: 26@laraineandroy.com.

Jewish Genealogical Society - Sun 2nd Mar - Balmoral Community Centre

2.30pm To 5.00pm. Contact Anne Marcus for more info avoceta@hotmail.com

Bereavement Group with Alan Gershlick & Janice Steel - Mon 3rd Mar - 8.00pm

20 Madeira Ave, home of Janice. For more info call Janice on 07752874065.

AID Society Bridge - Sun 9th Mar - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289. Future date: 6th Apr.

SEED - Mon 10th Mar - 8.30pm in the Beth Hamedrash

Rabbi's Davening Coaching continues Mon 10th 8.15pm & Fortnightly Thereafter

Please contact the Rabbi or the Wardens or just turn up on the evening at his home!

AJR - Shul Hall - 11.00am - Tues 11th Mar

Entrance donation £1.50. All are welcome. Call Esther Rinkoff 0208 385 3070 for more info.

WESTCLIFF WIZO - Tues 11th Mar - Treasures of the V&A

Contact Adrienne 333004 for information and booking.

Our Cheder Needs You!

Urgent Cheder Parents meeting Wednesday 12th March 7.30pm Shul Hall

It is imperative that ALL parents attend this meeting who have children of Cheder age whether your children are attending at present or not.

At this meeting you will be able to voice your concerns and let us know what YOU would like to see for the future well being of your Cheder.

The meeting will be led by Rabbi Suffrin and his wife, Devorah, who will be listening to you and offering constructive advice on our Jewish Education.

Purim Celebrations after Shabbat - 15th Mar - 7.30pm

Hear the Reading of the Megillah with all the accompanying atmosphere of the occasion. Everyone welcome. Fancy Dress Costume Competition. Lots of food including Hamantaschen

Purim - Sun 16th Mar

Shacharit 8.15am followed by the reading of the Megillah.

Fun filled Purim at Cheder - Sun 16th Mar - 10.00 to 12noon Talmud Torah

Interactive Megillah reading, fancy dress, Schlach Manot making & more

SWHC Functions Committee - Pizmon A Cappella Singers - Sun 16th Mar

For the first time ever, celebrate Purim Day with a Salt Beef Supper followed by an evening of entertainment - £15.00. Tickets from Shul Office.

Film Club - Mon 31st Mar - 8.00pm

'Fill the Void' - £5.00 to include refreshments. Call the Shul Office for tickets.

The Jewish Legacy - Queen's Theatre Hornchurch - Wed 25th Jun - 7.30pm

One night only!! Tickets £22 each. All seats **must** be paid for by **Mon 4th Mar**. Please give your name to the Shul Office if you would like to attend or email van38@blueyonder.co.uk.

Payment by cash or cheque made payable to M Salt.