

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Seudah Shilishis - If you wish to sponsor a Seudah, please contact
Geoffrey.pepper@hotmail.co.uk

Dirshu Bahalacha-Halacha Shiur with Rabbi Bar

Join in with our lively & interactive Shiur on Sunday, Monday & Thursday *before* the evening service.

We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

Shabbat – 15 Mar/13 Adar-II: Mrs Varda Peters, Mrs Phyllis Fenton, Mrs Jill Collins, Mrs Elaine Freeman

Sunday – 16 Mar/14 Adar-II: Mrs Rosalind Raphael

Monday – 17 Mar/15 Adar-II: Mr Len Abrahams, Mrs Myra Gordon

Tuesday – 18 Mar/16 Adar-II: Mrs Audrie Braden, Mrs Cynthia Lee, Mr Colin Samuel, Mr Lawrence Simmons

Wednesday – 19 Mar/17 Adar-II: No Yahrzeits

Thursday – 20 Mar/18 Adar-II: Mrs Florette Lieberman

Friday – 21 Mar/19 Adar-II: No Yahrzeits

Gentlemen are requested to please bring help to assist with the Shul minyan.

<p><u>To announce your event on the Shul Website</u> www.swhc.org.uk please email stan.stanrob@gmail.com</p>	<p><u>Monday Club-Talmud Torah</u> For more info, call Maurice Symons 01702 351845.</p>	<p><u>Buzz@SJYC</u> - Email: sjyc.thebuzz@gmail.com Mondays Age 7 – 10 from 5pm - 7pm, Age 11+ from 7pm to 9pm.</p>
<p><u>J.A.C.S. - Every Wed</u> Call Allan Goldstein 01268 771978 for more info.</p>	<p><u>connect@southend-Thurs Talmud Torah-</u> Call Chris Sternshine 334655 or csternshine@jcare.org</p>	<p><u>Raymond House - Shabbat</u> <u>5th Apr - 9.30am</u> Call Derek Silverstone 01702 616153</p>
<p><u>Cheder & Toddler Group</u> <u>Every Sunday</u> Email Cheder.SWHC@hotmail.co.uk Toddler Group, call Karen 07887 847059.</p>	<p><u>POP IN - Tues 18th Mar</u> <u>2.00pm - 4.00pm</u> <u>swhcgm@btconnect.com</u> Call Janice for further details 0775 2874065</p>	<p><u>VISITING THE SICK in</u> <u>Hospital or at Home</u> Call Shul office or email swhcmanager@hotmail.co.uk or leonardshulton@live.com</p>

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 10.00am – 1.00pm

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271

All frozen chicken, beef & lamb will be available at a discount of 20% (excluding pies, burgers, sausage rolls etc). And beef mince at a discount of 10%.



13 Adar-11 5774 - 15th Mar 2014 כ"ג אדר

Email: swhc@hotmail.co.uk Tel: 01702 344900

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

Shabbat Tsav Zachor Services

Shabbat begins Friday night 5.41pm
Mincha and Kabbalat Shabbat 5.40pm

Shacharit 9.15am
Followed by Kiddush in the Shul Hall
Followed by Mincha approx. 12.25pm

Shabbat ends 6.52pm
Ma'ariv & Reading of Megillah 7.45pm
See inside for Purim Celebration details

Service Times Weekdays

Sunday

Purim Shacharit 8.15am
followed by Megillah reading
Mincha 5.30pm
Ma'ariv approx. 6.45pm

Monday to Friday

Shacharit 8.00am
Ma'ariv 8.00pm

Next Friday – 21st Mar

Shacharit 8.00am
Shabbat begins 5.53pm
Service 5.55pm

This week's leaflet is sponsored Anonymously



**Torah Reading
Maftir (Zachor)
Haftorah
Anim Zemirot**

**Rabbi Bar
Rabbi Bar
Dr Arnold Azulay**

**Page 631
Page 1114 v. 17-19
Page 1192 v. 2
Page 458**

The essence of the the 'Korban Shelamim' - peace-offering

'Ve'im Zeh'vach Shelomim Korbono' And if a Korban Shelamim is his offering. (Vayikra 3:1)

The Korban Shelamim is defined as a Peace-offering. The word shelamim is derived from shalem, implying a state of completeness, of perfection, when used in connection with a human being.

Rabbi Shimshon Raphael Hirsch observes that shalem is that state of affairs in which no component of a person or thing detracts from any of the others but rather, in which each component is complemented in and through all of the others. Shalom is not merely a superficial coexistence but an organic agreement and interaction among all of the parts of the whole.

Therefore, the Korban Shelamim is an offering that emanates from the feelings that one is in a state of peace. In Yiddish we would refer to such a person as a tzufridener mentch – an individual who has achieved inner joy.

In his inimitable manner, Rav Hirsch so beautifully explains the meaning of a Korban Shelamim as symbolising an aspect of a person's quest for the nearness of Hashem. This is based on the fact that the individual who makes the offering feels completely at peace.

Indeed, he feels that nothing is lacking in his life other than the nearness of G-d. This is the crowning point in his life. The Korban Shelamim symbolises the Jewish philosophy of life.

The bridge to Hashem is established through joy. The highest form of service to the Divine is to enjoy one's existence on earth before the countenance of G-d. The shelamim is based on this premise: one seeks out Hashem for no other reason, not even to pay gratitude, just to be in His proximity.

The month of Adar and Purim in particular are amongst the happiest days of the Jewish Calendar! Let us celebrate the joy of being Jewish, let us celebrate our miraculous survival and let us pray for our continuity! Please make sure to join us on Shabbat evening for the Megila reading, the fancy dress competition and the lechayim. To the Cheder children and their parents please don't forget Sunday morning special Purim celebrations from 10-12! I look forward to seeing all of you dressed up!!

Gut Shabbos and Happy Purim!

Rabbi Binyamin Bar

We wish a hearty Mazeltov to:

Lila Jacobs on the occasion of her 85th Birthday

Adele & Terry Dowell on the occasion of their Sapphire (45th) Wedding Anniversary.

We offer our sincerely condolences to:

Jacqueline Coleman on the loss of her mother, Kitty Coleman
Cheryl Goldenberg and Vivien Lee on the loss of their father, Sydney Isaacs
Hazel Harris, Betty Lewis, Stephen Lewis & Paul Lewis on the loss of a brother, husband and father, Solly Lewis
Andrew Levy, Ian Levy, David Adleman & Helen Greenstein on the loss of a mother and sister, Celia Levy.

Purim Celebrations after Shabbat - 15th Mar - 7.45pm

Hear the Reading of the Megillah with all the accompanying atmosphere of the occasion. Everyone welcome. Fancy Dress Costume Competition. Lots of food including Hamentaschen

Purim - Sun 16th Mar

Shacharit 8.15am followed by the reading of the Megillah.

Fun filled Purim at Cheder - Sun 16th Mar - 10.00 to 12noon Talmud Torah

Interactive Megillah reading, fancy dress, Schlach Manot making & more

SWHC Functions Committee - Pizmon A Cappella Singers - Sun 16th Mar

Celebrate Purim Day with a Salt Beef Sandwich Supper and an evening of entertainment.

Sold Out

Stone Setting - Sun 23rd Mar

The following tombstone consecration will take place on Sunday 23rd March at Stock Road 2.00pm Jeanette Abrahams

As there are no male relatives, it would be appreciated if as many men as possible could attend to help make up the Minyan.

Ladies' Only Night - Sun 23rd Mar - 7.45pm

Come and hear Rebbetzin Dubov from Wimbledon speak on all matters female.

Refreshments will be served. Entrance if free.

SEED - Mon 24th Mar - 8.30pm in the Beth Hamedrash

Rabbi's Davening Coaching continues Mon 24th 8.15pm & Fortnightly Thereafter

Please contact the Rabbi or the Wardens or just turn up on the evening at his home!

Emanah Fashion Show - Holiday Inn Southend Airport - Wed 26th Mar

Clothes fashioned by Rennie - 7.30pm - Tickets £12.50 - Call 01702 436991.

Film Club - Mon 31st Mar - 8.00pm

'Fill the Void' - £5.00 to include refreshments. Call the Shul Office for tickets.

Shabbat 5th Apr - Roy Barnes' Teenage Open Forum - 10.45am

For further details please contact Roy on:07850 377730 or email: 26@laraineandroy.com.

AID Society Bridge - Sun 6th Apr - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289

Bereavement Group with Alan Gershlick & Janice Steel - Mon 7th April - 8.00pm

24 Westleigh Ave, home of Lewis. For more info call Janice on 07752874065.

AJR - Shul Hall - 11.00am - Tues 8th Apr

Entrance donation £1.50. All are welcome. Call Esther Rinkoff 0208 385 3070 for more info.

Communal Seder - Mon 14th Apr - Synagogue Hall

Led by Rabbi Bar. Service 7.30pm, Seder 8.30pm Ticket deadline - Monday 7th April.

£20 adults, £10 children (under 13) including 3 course meal, wine fruit & chocolates

The Jewish Legacy - Queen's Theatre Hornchurch - Wed 25th Jun - 7.30pm

One night only!! Tickets £22 each. Please give your name, together with cash or chq payable to M Salt, to the Shul Office if you would like to attend or email van38@blueyonder.co.uk.