

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Seudah Shilishis - If you wish to sponsor a Seudah, please contact
Geoffrey.pepper@hotmail.co.uk

We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

Shabbat – 14 Jun/16 Sivan: Dr Arnold Azulay, Mr Charles Freedman, Mrs Sheila Leigh

Sunday – 15 Jun/17 Sivan: Mrs Phyllis Abrahams, Mrs Diane Franks, Mrs Adrienne Sussman,
Mr Gerry Russell, Mr Philip Walters, Mr Michael Walters

Monday – 16 Jun/18 Sivan: Mr Jeffrey Barcan, Mrs Doris Lachter, Mrs Jackie Franks,
Mrs Marylyn Solomon

Tuesday – 17 Jun/19 Sivan: Mr Lionel Barnett, Mrs Sarah Roseman, Mrs Fay Sober

Wednesday – 18 Jun/20 Sivan: Mr Danny Greenbaum, Mrs Trudy Greenbaum, Mr David Wine

Thursday – 19 Jun/21 Sivan: Mrs Pamela Diskin, Mr Saul Leigh, Mr Basil Plaskow

Friday – 20 Jun/22 Sivan: Mrs Janette Jacques, Mr Sammy Dias, Mr Alan Hoff, Mrs Elise Levy,
Mr Arnold Lieberman, Mrs Rosalyn Silverstone, Mrs Florette Lieberman, Mr Stewart Somers,
Mrs Ella-Myrtle Hyman

Gentlemen are requested to please bring help to assist with the Shul minyan.

Monday Club-Talmud Torah For more info, call Maurice Symons 01702 351845.	SEED – Mon 23rd Jun 8.30pm in Beth Hamedrash	Rabbi Bar's Davening Coaching – Mon 23rd Jun 8.15pm at his home!
J.A.C.S. – Every Wed Call Allan Goldstein 01268 771978 for more info.	connect@southend-Thurs Talmud Torah Call Chris Sternshine 334655 or csternshine@jcare.org	Raymond House Shabbat 6th July 9.30am Call Derek Silverstone 01702 616153
Little Latkas Toddler Group, call Karen 07887 847059.	POP IN – Tues 17th June 2.00pm – 4.00pm swhcgm@btconnect.com Call Janice for further details 0775 2874065	VISITING THE SICK in Hospital or at Home Call Shul office or email swhcgm@btconnect.com leonardshulton@live.com
Dirshu Bahalacha-Halacha Shiur with Rabbi Bar Sunday, Monday & Thursday <i>before</i> the evening service.	Bereavement Group Mon 23rd June – 8.00pm 35 Ladram Rd, Thorpe Bay Call Janice 07752 874065	SJYC sjycbuzz@hotmail.com Contact Debbie Linden 07912 259784 5-11yrs Thurs 4.30pm-6.30pm

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 10.00am – 1.00pm

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271

To announce your event on the Shul email stan.stanrob@gmail.com



16 Sivan 5774 – 14th June 2014 ב"ה"ד

Email: swhc@hotmail.co.uk Tel: 01702 344900

Website: www.swhc.org.uk

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

Shabbat Shelach Lecha Services

Shabbat begins Friday night 8.00pm

Mincha followed by Kabbalat Shabbat 7.30pm

Shacharit 9.15am

Followed by Kiddush

Rabbi's Talmud Class 8.35pm

Mincha followed by Seudah Shilishis 9.15pm

Ma'ariv when Shabbat ends 10.33pm

Service Times Weekdays

Sunday

Shacharit 8.30am

Mincha, Ma'ariv 7.15pm

Monday - Thursday

Shacharit 8.00am

Mincha/Ma'ariv 8.00pm

Next Friday – 20 June

Shacharit 8.00am

Shabbat begins 8.00pm

Service 7.30pm

This week's leaflet is kindly sponsored by Angela & Gerry Russell in celebration of their Golden Wedding Anniversary. Mazeltov!



Torah Reading
Haftorah
Anim Zemirot

Rabbi Bar
Lawrence Collin

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The Taking of Challah

In this week's Parasha, the Torah commands that from every batch of dough kneaded from the five grains (wheat, rye, oats, barley, and spelt) in Israel, a portion - commonly known as challah - be given to the Kohanim. The Kohanim and their families must only eat it when they are spiritually pure. Nowadays, as we cannot reach this ultimate level of purity, a Kohen cannot eat the challah portion, instead it is destroyed. It is preferable that the challah portion be burned. While the mitzvah of the Torah is only on dough mixed in Israel, our Sages required separating challah from dough kneaded outside of Israel, when the dough is owned by a Jew.

If the dough mixture has less than an "omer" of flour, equal to the amount of manna each Jew received as his daily portion in the desert, there is no requirement to take challah. As to how much flour constitutes an "omer" the accepted practice is that a batch of dough made with over five pounds of flour is definitely obligated in challah. A batch between three and five pounds is treated as a doubt whether this batch needs challah taking. As a result, when mixing dough of five or more pounds of flour, one recites a blessing, whereas when mixing a dough of between three and five pounds of flour, one separates challah without reciting a blessing.

Although the Torah did not establish a minimum-sized portion to be set aside as the challah portion, the Mishnah records a rabbinically-introduced minimum -- 1/48 of a dough kneaded for commercial sale and 1/24 of a dough intended for private consumption. This applies in an era when the challah is eaten by the kohen and his family. Since today the challah portion is not eaten, a larger challah portion does not benefit the kohen, and therefore the law reverts back to the Torah requirements, and challah no longer requires a minimum-sized portion. The custom is to separate at least a kezayit, the size of an olive.

Sforno comments that this commandment was needed in the aftermath of the tragedy of the spies, to provide the survivors with a new source of blessing to their homes, in the merit of their gifts to the Kohanim.

A glimpse at the following Medrash underscores its vast spiritual significance: "In the merit of the following three Mitzvot the world was created – in the merit of challah, in the merit of maser - tithes, and in the merit of bikkurim - bringing of the first fruit". Thus, besides gaining us eternal reward, this easily-kept mitzvah helps keep our planet turning.

Shabbat Shalom!

Rabbi Binyamin Bar

We offer our heartfelt condolences to:

The family of the late Esther (Stella) Leader

We wish a hearty Mazeltov to:

Helene & Melvyn Rosehill on the occasion of their Golden (50th) Wedding Anniversary
Pamela & Melvyn Diskin on the occasion of their Sapphire (45th) Wedding Anniversary

This Shabbat

The Kiddush this week is kindly sponsored by Angela & Gerry Russell to celebrate their Golden Wedding Anniversary. Mazeltov!

Stone Setting - Sun 15th Jun

The following tombstone consecration will take place at Rainham:
2.45pm Diane Goldstein – mother of Myra Gordon

Shabbat 21st Jun

Kiddush

The Kiddush next week will be kindly sponsored by Jill & Lawrence Collins to celebrate their 50th Wedding Anniversary. Mazeltov!

Children's Service with Avi & Daniel - 10.45am

Looking forward to seeing all the Children in Shul.

Stone Settings - Sun 22nd Jun

The following tombstone consecrations will take place at Stock Rd Jewish Cemetery
2.00pm Jenny Sanders
2.45pm Robert Morrison

Gentlemen – A Minyan required for both these stonesettings please

'Little Latkas' for Toddlers birth to 4 years

This will be on Tuesdays mornings as from 24th June 2014, time 10am – 11.30am, £1 per session to include a snack. Call Karen Jacobs 07887 847059.

Youth Club on 19th June 2014

SJYC are proud to offer a Pizza and Games night for children aged 11+ in the Talmud Torah from 7 – 9 pm. Entrance £2.50. Details from Barry Jacobs 07876685826.

SWHC celebrate 50 years of James Bond - Sun 22nd Jun (Cancelled) **Mr Bond has another assignment – he will be back in Westcliff another time.**

THURSDAY 26TH June - Ladies Evening (No football in sight)

We welcome back Rebbetzin Devorah Sufrin who will lead a discussion group entitled 'Who am I?' at the home of Marilyn Salt. Register your interest with the office, further details to follow.

AID Society Bridge - Sun 6th July - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289

Supper Quiz - Shul Hall - Sun 20th July

6.45pm prompt – Donation £15 members, £17.50 non members
Tickets from Shul Office. Raffle on the night.

Coming Soon - Weekend with Rabbi and Rebbetzin Sufrin

Date to be advised. There will be a Friday night supper for adults followed by Shabbat lunch for families and children. Look out for further details, places will go quickly.