

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.
Seudah Shilishis - If you wish to sponsor a Seudah, please contact geoffrey.pepper@hotmail.co.uk

We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

Shabbat – 12 July/14 Tammuz: Mrs Carol Turansky, Mrs Sheila Matthews
Sunday – 13 July/15 Tammuz: Mrs Norma Anderson, Mrs Pamela Diskin, Mrs Sonia Scott,
Mr Sasson Zecharia
Monday – 14 July/16 Tammuz: Mrs Marion Jones, Mr David Plaskow, Mrs Susan Baker, Mr Basil Plaskow, Mrs Doris Finesilver, Mrs Barbara Barnett, Mr Michael Walters, Mr Philip Walters
Tuesday – 15 July/17 Tammuz: Mrs Rosalyn Cohen, Mr David Fine, Mrs Frances Hausberger
Wednesday – 16 July/18 Tammuz: Mrs Jennifer Silver, Mrs Yvette Oakes, Mr Geoffrey Waterman,
Mr Leslie Zeffie, Mrs Sharon Winston
Thursday – 17 July/19 Tammuz: Mr Sid Berg, Mr & Mrs C Levy
Friday – 18 July/20 Tammuz: Mrs Maxine Herman, Mrs Sophia Zetter

Gentlemen are requested to please bring help to assist with the Shul minyan.

<u>Monday Club-Talmud Torah</u> For more info, call Maurice Symons 01702 351845.	<u>SEED - Mon 14th July</u> 8.45pm in Beth Hamedrash	<u>J.A.C.S. - Every Wed</u> Call Allan Goldstein 01268 771978 for more info.
<u>Dirshu Bahalacha-Halacha Shiur with Rabbi Bar</u> Sunday, Monday & Thursday Before the evening service	<u>connect@southend-Thurs Talmud Torah</u> Call Chris Sternshine 334655 or csternshine@jcare.org	<u>Raymond House Shabbat</u> <u>2nd Aug - 10.30am</u> Call Derek Silverstone 01702 616153
<u>SJYC</u> sjycbuzz@hotmail.com Contact Debbie Linden 07912 259784 5-11yrs Thurs 4.30pm-6.30pm	<u>POP IN - Tues 22nd July</u> <u>June 2.00pm - 4.00pm</u> swhcgm@btconnect.com Call Janice for further details 0775 2874065	<u>VISITING THE SICK</u> Please email swhcgm@btconnect.com or leonardshulton@live.com or call Janice 07752874065 or Shul Office 01702 344900
<u>Cheder Prize Giving This Sunday</u> Email Cheder.SWHC@hotmail.co.uk	<u>Toddler Group-Tues 29th July</u> Talmud Torah 10am to 11.30am Call Karen Jacobs 07887 847059	<u>Bereavement Support Group</u> <u>Mon 28 July - 8.00pm</u> 20 Madeira Ave Call Janice 07752 874065

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only
Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 10.00am – 1.00pm
Phone 01702 430307 (only during opening hours)
For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271

To announce your event on the Shul website email stan.stanrob@gmail.com



14 Tammuz 5774 - 12th July 2014 ב"ס"ד

Email: swhc@hotmail.co.uk Tel: 01702 344900

Website: www.swhc.org.uk

Rabbi: **Rabbi Binyamin Bar**

Wardens: **Geoffrey Pepper & Stanley Robinson**

Shabbat Pinchas Services

Shabbat begins Friday night	8.00pm
Mincha followed by Kabbalat Shabbat	7.30pm
Shacharit	9.15am
Followed by Kiddush	
Mincha followed by Seudah Shilishis	9.00pm
Ma'ariv when Shabbat ends	10.23pm

Service Times Weekdays

<u>Sunday</u>	
Shacharit	8.30am
Mincha, Ma'ariv	7.15pm
<u>Monday</u>	
Shacharit	8.00am
Mincha/Ma'ariv	8.00pm

Tuesday – Fast of Tammuz

FAST BEGINS 1.57am Morning Service 8.00am
Mincha/Ma'ariv 8.00pm FAST ENDS 10.19pm

Wednesday - Thursday

Shacharit	8.00am
Mincha/Ma'ariv	8.00pm

Next Friday – 18 July

Shacharit	8.00am
Shabbat begins	8.00pm
Service	7.30pm

This week's leaflet is kindly sponsored by Otto Deutsch in celebration of his 86th birthday today. Mazeltov!



Torah Reading Max Witriol Page 932
Haftorah Neil Shestopal Page 951
Anim Zemirot Page 458

The Eternal significance of Moshe Seeing the Land

With Moshe's life nearing its end, G-d tells the leader of the Jewish people to prepare for his passing away. "Climb up Mount Avarim and see the land that I am giving to the Jewish people. When you have seen it, you will be gathered to your people" (Bamidbar 27:12-13).

Why is Moshe's seeing the land so significant that the Torah finds it necessary not only to record it, but to repeat it in the following verse?

Jewish mysticism teaches that each of the seven "shepherds" of the Jewish people corresponds to one of the sefirot, the Divine emanations through which G-d's attributes are manifest in the world.

Thus Avraham, for example, is the personification of the sefirah of chesed; kindness and love. Yitzchak, on the other hand, personifies the sefirah of gevurah; inner strength and self-sacrifice for G-d. And so on for each of the other five shepherds.

Moshe is the personification of the sefirah of netzach, the attribute of endurance and eternity. Thus, everything Moshe accomplished bears the quality of perpetuation and timelessness. Under Moshe's guidance the Jews became an everlasting nation through Moshe the world received the Torah, the blueprint of Creation and the world's guide for all eternity.

It is because Moshe personified this G-dly attribute of netzach that he was not destined to enter the Land of Israel or to build G-d's Temple. As our Sages teach, had Moshe entered the Holy Land, the Jewish people would never have gone into exile; had Moshe built the Holy Temple, it would never have been destroyed. However, that was not the Divine plan.

Yet there was an element of the Jewish people's relationship with the Holy Land that G-d did want to render enduring through Moshe's efforts: the element of longing and yearning for the Promised Land. As we pray in the Amida: "Let our eyes see Your return to Zion" no matter how far away we may be, no matter how long we have been in exile. G-d therefore instructed Moshe to see the land, to gaze upon it longingly from afar before he passed away.

Moshe could indeed include among his accomplishments the eternal longing for the Holy Land that, despite centuries of exile, Jews have kept alive in their hearts. May we indeed return to Zion with the coming of Mashiach speedily in our days! Amen.

Shabbat Shalom

Rabbi Binyamin Bar

We wish a hearty Mazeltov to:

Jaimee Baker on her First Class BA Honours Degree in Education Studies.

Lionel Barnett on the occasion of his 85th Birthday

Eileen Walker on the occasion of her 85th Birthday

Ralph Ruvin on the occasion of his 85th Birthday

We offer our heartfelt condolences to:

Phyllis Fenton on the loss of her brother, Harold Jimmick

Stone Setting - Sun 13th July - Stock Road

The following tombstone consecration will take place at Stock Road
1.45pm Martin Statman

Rabbi's 'Surgery' - Thurs 17th July

Rabbi Bar will be in his office on Thursday's, starting this week, from 1.00pm for any of your questions etc.

Next Shabbat - 19th July

Next Shabbat we welcome back Avi Solomon to a special Youth Shabbat.
Next Shabbat is also AID Society Shabbat.

Stone Setting - Sun 20th July - Stock Road

The following tombstone consecration will take place at Stock Road
2.45pm Raphael Wallock

Supper Quiz - Shul Hall 5.45pm prompt - Sun 20th July - SOLD OUT

If you are attending and have not yet paid, please bring your money to the Shul office no later than Monday 14th July. Raffle on the night.

10 Mile Sponsored Walk for JAMI - Wed 23 July

Sybil & Ralph Schiller are once again walking along the seafront & Pier to raise money for the JAMI Day Centre. If you would like to join them please call Sybil on 0208 238 2463. To sponsor or make a donation, call Derek Silverstone 01702 616153 or Maurice Symons 01702 351845.

Community Voice - Closing date for Rosh Hashana Edition - Fri 25th July

Please ensure that all your articles, photos, recipes etc are handed in to the Shul office no later than Friday 25th July.

EGM - Sun 27th July - 10.30am

In the Shul

AID Society Bridge - Sun 3rd Aug - 7.30pm - Thorpe Bay Bridge Club

Future date: Sun 7th Sept. Please contact Geoff Cohen on 339601 or Jan Linden on 343289

Tues 5th Aug - Tisha B'Av - Fast of Av

Fast of Av begins Monday 4th August (time to be advised)

Mincha followed by Ma'ariv & Eicha (time to be advised)

Tuesday Morning Service 8.30am followed by explanatory service

Evening Service 8.00pm Mincha followed by Ma'ariv

Fast Ends (time to be advised)

Midnight Selichot Service - Shabbat 20th Sept

A Midnight Selichot Service is being held and led by Chief Rabbi Mirvis, on the night of Saturday, 20th September, at the Western Marble Arch Synagogue. Names have to be submitted by mid August & seats will be reserved. In order to book a coach, we need to know approximately how many people wish to attend this. As per last year, once the coach has been booked, a NON-RETURNABLE deposit will be required to guarantee your place. Those interested should give their name & contact number to the Shul office BEFORE the end of July.

Buddy Buddy

Gentlemen, if you are going to Shul to say Kaddish, please ensure you bring at least TWO relatives or friends to help with the Minyan. Thanks