

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Seudah Shilishis - If you wish to sponsor a Seudah, please contact geoffrey.pepper@hotmail.co.uk

We wish the following members "Long Life" for their Yahrzeits commencing the evening before:

Shabbat – 30 Aug/4 Ellul: Mr Michael Herman

Sunday – 31 Aug/5 Ellul: Mr Lawrence Collin, Mr & Mrs Martin Franks, Mrs Frances Goldstone, Mrs Sophia Zetter

Monday – 1 Sept/6 Ellul: Mrs Clare Greenbaum, Mrs Christine Leeding, Mrs Barbara Black

Tuesday – 2 Sept/7 Ellul: Mrs Laura Lane, Mrs Beverley Finer, Mr Michael Kutner, Mr Derek Silverstone, Mr Ian Woolf

Wednesday – 3 Sept/8 Ellul: Miss Bertha Morris, Mrs Marion Sussman, Mr Barry Winston

Thursday – 4 Sept/9 Ellul: Mrs Pat David, Mr Alan Gershlick, Mr David Gershlick, Mr Ashley Kalms, Mrs Rita Roth, Mrs Lily Marks, Mrs Diane Cohen, Mrs Jackie Jacks, Mr David Walters

Friday – 5 Sept/10 Ellul: Mrs Susan Turner, Mr Sonny Kosky, Mrs Geraldine Jay, Mrs Lorraine Scroton, Mrs Hazel Billyack, Mrs Myra Solomons

Saying Kaddish in Shul?

Please ensure you bring at least **Two relatives or friends** to help with the Minyan.

<u>Monday Club-Talmud Torah</u> For more info, call Maurice Symons 01702 351845.	<u>SEED - Mon 1st Sept</u> 8.45pm in Beth Hamedrash	<u>J.A.C.S. - Every Wed</u> Call Allan Goldstein 01268 771978 for more info.
<u>Dirshu Shiur Laws of Shabbat with Rabbi Bar</u> Monday & Thursday night 30 mins before evening service. Men & women welcome.	<u>Rabbis' Thursday 'Surgery'</u> <u>1.00pm - 4.00pm</u> In the Rabbi's Office	<u>Raymond House Shabbat</u> <u>6th Sept - 10.15am</u> Call Derek Silverstone 01702 616153
<u>SJYC</u> sjycbuzz@hotmail.com Call Debbie Linden 07912 259784 5-11yrs Thurs 4.30pm-6.30pm	<u>POP IN - Tues 9th Sept</u> <u>2.00pm - 4.00pm</u> swhcgm@btconnect.com Call Janice 0775 2874065	<u>To announce your event on the Shul website</u> email stan.stanrob@gmail.com
<u>connect@southend-Thurs Talmud Torah</u> Call Chris Sternshine 334655 or csternshine@jcare.org	<u>Toddler Group</u> <u>Tues 16th Sept</u> Call Karen Jacobs 07887 847059	<u>Bereavement Support Group</u> <u>Mon 1st Sept - 8.00pm</u> 48 Hampton Gardens Call Janice 07752 874065
<u>AID Society Bridge</u> <u>Sun 7th Sept - 7.30pm</u> <u>Thorpe Bay Bridge Club</u> Call Geoff Cohen on 339601 or Jan Linden on 343289	<u>VISITING THE SICK</u> email swhcgm@btconnect.com or leonardshulton@live.com or call Janice 07752874065 or Shul Office 01702 344900	<u>Cheder begins</u> <u>Tues 16th Sept</u> 4.45pm to 6.15pm Email Cheder.SWHC@hotmail.co.uk Refreshments served 4.30pm

The Shop

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 9.15am – 12.15pm

Phone 01702 430307 (only during opening hours)

For orders please email: alanmarkovitch@hotmail.com or leave a message on 07956 597271



4 Ellul 5774 - 30th Aug 2014 ד'גס

Email: swhc@hotmail.co.uk Tel: 01702 344900

Website: www.swhc.org.uk

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

Shabbat Shoftim Services

Shabbat begins Friday night	7.31pm
Mincha followed by Kabbalat Shabbat	7.20pm
Shacharit	9.15am
Followed by Kiddush	
Rabbi's Talmud Class	6.45pm
Mincha followed by Seudah Shilishis	7.25pm
Ma'ariv when Shabbat ends	8.42pm

Service Times Weekdays

Sunday

Shacharit	8.30am
Mincha, Ma'ariv	7.00pm

Monday - Thursday

Shacharit	8.00am
Mincha/Ma'ariv	7.30pm

Next Friday – 5 Sept

Shacharit	8.00am
Service	7.15pm
Shabbat begins	7.15pm

This week's leaflet is kindly sponsored by Jacqueline & Cyril Levy in celebration of their Diamond (60th) Wedding Anniversary on 5th September. Mazeltov!



Torah Reading
Haftarah
Anim Zemirot

Rabbi Bar
Derek Silverstone

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Questions and Answer on Shabbat VII

Why do we recite Shalom Aleichem on Friday night?

"On Friday Night, a person is escorted home from synagogue by two angels, one good and one evil. When he comes home and finds the candles burning, the table set, and the beds made, the good angel declares 'may it be G-d's will that the next Shabbat be the same,' and the evil angel reluctantly answers 'Amen.' (Talmud, Shabbat 119b). Before the Friday night meal, we welcome these angels by reciting the Shalom Aleichem (Peace unto you, ministering angels...).

Why do we send the angels away by saying "tzeitchem leshalom" - go out in peace?

There are a few reasons given: One is that the angels may have to leave if things turn out not as peaceful as they should be. The other is that the angels cannot endure the Infinite Light which shines at the time of Kiddush. Also angels don't eat, so why should they stay any longer?

Interestingly, in Sephardic traditions, there is an additional paragraph, Beshivtchem Leshalom, "When you are seated in peace...". This implies that the angels do indeed stay for the Shabbat dinner. The following paragraph then reads, Betzeitchem Leshalom - in your leaving, or when you leave, implying that we wish the angels to stay even longer with us.

In Chassidic circles, the Bobover Rebbes are known for not reciting "tzeitchem leshalom" with the rest of the Shalom Aleichem, the idea being to keep them around for the entire meal. I don't recall if they recited it at the end of the meal.

Why is it customary to run the knife over the Challah before reciting Hamotzi?

The common custom is to make a slight indentation in the Challah with the knife before saying the hamotzi blessing. The reason for this custom is because normally we cut the bread before reciting the blessing so we shouldn't have to make an interruption between the blessing and the eating. On Shabbat, however, we cannot cut the bread before the blessing because there is a Mitzvah to make a blessing on two complete loaves of bread (to commemorate the two portions of manna which each Jew received every Friday).

So instead we make a mark on the challah with the knife. This way we are at least "starting" to slice the bread before the blessing.

Shabbat Shalom,

Rabbi Binyamin Bar

We wish a hearty Mazeltov to:

Allison & Harvey Lester on the occasion of their Pearl (30th) Wedding Anniversary
Earl Jacobs and family on the birth of a grandson to Jody and Laura Jacobs

Stone Setting - Sun 31st Aug - Stock Road

3.00pm David "Harry" Halpern

Cheder Children Registration - Mon 1st Sept

Please come and register your children on 1st September 2014 between 7-00pm and 8-30pm where you will be able to meet our new team of teachers who will be happy to discuss with you their exciting plans for the coming curricular year.

Southend Bikeathon - Sun 7th Sept

Richard Bennett will be cycling to raise money for Leukaemia & Lymphoma Research.
If you wish to donate kindly visit www.justgiving.com/TheKingRichard76.

Stone Setting - Sun 7th Sept - Stock Road

2.00pm Larain Black

Launch of Brand New JLS (Jewish Learning Southend) Cultural Centre

Monday 15th Sept - Shul Hall

The evening will begin at 7.00pm with a light supper. This will be followed by a choice of 3 sessions – Health is Wealth, Mendelssohn's Music, Jews at the outbreak of WW1 – and finishing with a main speaker. Limited spaces - only £10 per person.
Contact the Shul office to book your place, payments by 8th September.

Silent Commentary Fashion Show - Wed 17th Sept

Proceeds to Day Centre & Havens Hospice, Call Occasions Boutique for tickets 01702 473115

Roy Barnes` Teenage Open Forum - 11.00am - Shabbat 20th Sept

For further details please contact Roy on:07850 377730 or email: 26@laraineandroy.com

"Choices" - Jewish Women's Circle Southend & Westcliff

with Rebbetzin Sufrin - Tues 30th Sept - 7.30pm

At the home of Lisa Berg. Please call the Shul Office if you would like to attend.

Shabbat Uk - 24th/25th October - Where will you be?

Shabbat UK is a ground breaking initiative inviting people to experience the magic of an entire Shabbat in the traditional way on 24th & 25th October. We will be hosting a 3 course Friday night dinner, a Shabbat lunch and Seudah Shilishis. See flyer being circulated.

Westcliff & District WIZO

Westcliff & District WIZO would like to thank all those kind and generous donors who helped the Group raise £5,570.00 for the 2014 Jewish Women's Week Campaign. This sum included £1,970.00 for our Celebrity Lunch and dedication to the late Nannette Baum. These funds will be sent immediately to WIZO Israel to support the vital work WIZO is doing during the serious crisis facing Israeli citizens at the present time. Many thanks, Jackie Kalms