

Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?
Please contact the Shul Office to arrange booking.

Barmitzvah Haftorah - If you would like to do your Haftorah, please contact the Wardens.

Seudah Shilishis - If you wish to sponsor a Seudah, please contact
Geoffrey.pepper@hotmail.co.uk

We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

Shabbat – 26 Apr/26 Nisan: Mrs Joan Pearl, Mr Ben Jay, Mrs Mavis Marco

Sunday – 27 Apr/27 Nisan: Mr Colin Sinclair, Mrs Carol Gedda

Monday – 28 Apr/28 Nisan: Mrs Enid Isaacs, Mr & Mrs Kosky, Mrs Rosalind Miller, Mr Maurice Symons, Mrs Sonia Helper

Tuesday – 29 Apr/29 Nisan: Mrs Alayne Marx, Mr Ian Woolf, Mrs Helene Rosehill

Wednesday – 30 Apr/30 Nisan: Mrs Adele Dowell,

Thursday – 1 May/1 Iyar: Lady Gold, Mrs Hilda Phillips

Friday – 2 May/2 Iyar: Mr Julian Lee-Harris, Mrs Hazel Ward, Mrs Lily Marks, Mr Stanley Serkin

Gentlemen are requested to please bring help to assist with the Shul minyan.

<u>Monday Club-Talmud Torah</u> For more info, call Maurice Symons 01702 351845.	<u>SEED – Mon 28th Apr</u> 8.30pm in Beth Hamedrash	<u>Rabbi Bar's Davening Coaching – Mon 28th Apr</u> 8.15pm at his home!
<u>J.A.C.S. – Every Wed</u> Call Allan Goldstein 01268 771978 for more info.	<u>connect@southend-Thurs Talmud Torah</u> Call Chris Sternshine 334655 or csternshine@jcare.org	<u>Raymond House Shabbat 3rd May 9.30am</u> Call Derek Silverstone 01702 616153
<u>Cheder & Toddler Group</u> Email Cheder.SWHC@hotmail.co.uk . Toddler Group, call Karen 07887 847059.	<u>POP IN – Tues 29th Apr 2.00pm – 4.00pm</u> swhcgmbtconnect.com Call Janice for further details 0775 2874065	<u>VISITING THE SICK in Hospital or at Home</u> Call Shul office or email swhcmanager@hotmail.co.uk or leonardshulton@live.com
<u>Dirshu Bahalacha-Halacha Shiur with Rabbi Bar</u> Sunday & Thursday <i>before</i> the evening service.	<u>To announce your event on the Shul Website</u> www.swhc.org.uk email stan.stanrob@gmail.com	<u>Buzz@SJYC – Email:</u> sjyc.thebuzz@gmail.com



26 Nisan 5774 – 26th Apr 2014 ב"ה

Email: swhc@hotmail.co.uk Tel: 01702 344900

Rabbi: Rabbi Binyamin Bar

Wardens: Geoffrey Pepper & Stanley Robinson

Shabbat Kedoshim Services

Shabbat begins Friday night	7.51pm
Mincha followed by Kabbalat Shabbat	7.30pm
Shacharit	9.15am
Followed by Kiddush	
Rabbi's Talmud Shiur	7.10pm
Mincha followed by Seudah Shilishis	7.50pm
Ma'ariv when Shabbat ends	9.10pm

Service Times Weekdays

Sunday

Shacharit	8.30am
Mincha, Ma'ariv	7.00pm

Monday & Tuesday

Shacharit	8.00am
Mincha/Ma'ariv	8.00pm

Wednesday & Thursday (Rosh Chodesh)

Shacharit	8.00am
Mincha/Ma'ariv	8.00pm

Next Friday – 2nd May

Shacharit	8.00am
Shabbat begins	8.00pm
Service	7.30pm

This week's leaflet is kindly sponsored by Mirella & Philip Walters and Natalie & Simon Belson to celebrate the engagement of their children, Eli Walters to Hannah Belson and also to celebrate the Ruby Wedding Anniversary of Mirella & Philip.

Mazeltov!



Torah Reading	Rabbi Bar	Page 723
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Blessing the New Month	Iyar	Page 424
Anim Zemirot	Louis-Henri Shapiro	Page 458

What is *Shaatnez*?

In our Parashat Kedoshim (Leviticus 19:19) the Torah writes that it is forbidden to wear *shaatnez*—a mixture of wool and linen. In the words of the Torah: “You shall observe My statutes... and a garment which has a mixture of *shaatnez* shall not come upon you.”

There is no clear reason for this prohibition. As the verse says: “You shall observe My statutes...” This means that this type of mitzvah is a *chok*, a divine statute, which we observe only because it is Hashem’s commandment. Nevertheless, the commentaries attempt to somewhat explain this mitzvah. Maimonides says that *shaatnez* garments were worn by idolatrous priests, and we are forbidden from following in their ways. Other commentaries explain that mixing wool and linen is similar to mixing the spiritual forces associated respectively with Cain and Abel, and can have damaging results (Cain brought a sacrifice of flax, from which linen is made; Abel sacrificed sheep, producers of wool).

Please allow me to share with you some of the laws regarding the observance of this mitzvah.

Shaatnez is forbidden whether the mixture of wool and linen occurred at the stage of combing, spinning or weaving. Even if linen threads were used to sew buttons onto a wool suit or to reinforce shoulder pads, this is forbidden as *shaatnez*.

If purchasing a suit that contains either wool or linen, you should have the garment inspected by a *shaatnez* expert, to establish that it does not contain *shaatnez*. These experts take appropriate samples from the garment (without tearing the garment apart!) and examine them under a low-powered microscope to identify the materials. According to experts in the field, even if the label says that the garment is 100% wool, it may possibly contain linen as well. A label that states that a garment is 100% wool may contain as much as 2% of other materials. In addition, the label describes only the shell of the garment, not the padding, collars (on two occasions I had to change the suit’s entire collar!) and ornamental threads.

In these matters, one may only trust a Jewish person who is especially trained in the field of checking for *shaatnez*.

One may try on a suit to see if it fits, despite the fact that it may contain *shaatnez*. One may wear a woollen jacket over a linen shirt, or vice versa, as long as it is possible to take off one without taking off the other.

I hope you all had a wonderful and enjoyable Pesach. Wishing you all a good Shabbos! Rabbi Bar

Thank You

To our Ladies Guild, all staff in the Shul Office and, of course, our caretakers and all my friends in the Community - Thank you so much for the beautiful flower arrangements, cards, letters, texts & messages I have received throughout this difficult time. You have no idea what a difference it has made knowing that you all have been thinking of me. I am still at my daughters but look forward to seeing you all soon. Thank you again, Cynthia Jacobs.

We offer our heartfelt condolences to:

Anne Katz, Ruth Katz and Helen Koppel on the loss of a husband, father and brother, Mark Katz.

Janet Levene, Karen Franks, Anthony Kanutin and Anita Salomon on the loss of a mother and sister, Rose Kanutin.

This Shabbat

We look forward to seeing you all at our special Kiddush which is jointly sponsored by Mirella & Philip Walters to celebrate their Ruby Wedding Anniversary and Natalie & Simon Belson in celebration of the engagement of their children, Eli Walters to Hannah Belson. Wishing a hearty Mazeltov to both families and to grandparents Marilyn & Len Belson and Laura Mimun.

Stone Settings - Sun 27th Apr

The following tombstone consecrations will take place at Stock Road Jewish Cemetery:

2.00 Brenda Rapp
2.45 Theresa DeHaan

Holocaust - Yom Hashoah Memorial Day - Sun 27th Apr - 7.00pm

Mincha/Ma'ariv service followed by Memorial Candles lit in memory of those Six Million Jews who perished. Guest Speaker Lily Ebert, a survivor of Auschwitz, who will be speaking of her experiences during and after the Holocaust. Donation £5.00. Proceeds to AJR.

Shabbat 3rd May - Roy Barnes` Teenage Open Forum - 11.00am

For further details please contact Roy on:07850 377730 or email: 26@laraineandroy.com.

Cyclo-Aid - Sun 4th May

To register, please call 07737 441764 or email garry_steel@hotmail.com

Stone Setting - Sun 4th May

The following tombstone consecration will take place at Stock Road Jewish Cemetery:

2.30 Joy Nelkin

AID Society Bridge - Sun 4th May - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289

Jewish Women's Week Campaign 'Who Cares-WIZO Cares' - 4th-11th May

When your smiling volunteer collector comes to collect - please give generously!!

Contact Jackie Kalms - Chairman Westcliff & District WIZO – 01702 437801

Ladies' Guild - AGM - Tues 6th May

2.30pm in the Boardroom

Yom Hazikaron Service/Yom Ha'atzmaut Celebrations-Tues 6th May-7.00pm

Yom Hazikaron service in the Shul followed by Yom Ha'atzmaut Celebrations in the Shul Hall.

Donation £5.00. Proceeds to Israeli War Disabled.

AGM - Sun 11th May - Shul Hall

All are invited to attend the AGM. Voting begins at 9.15am.

33rd Day of the Omer - Lag B'Omer Family Day Celebrations - Sun 18th May

Community Bar B Q for all ages. 12.30pm (Straight after Cheder)

£5 adults, £2.50 children under 13.