

### Celebrating a Birthday or Anniversary?

Why not celebrate in Shul, honour your relatives & friends & sponsor the leaflet & Kiddush?  
Please contact the Shul Office to arrange booking.

**Barmitzvah Haftorah** - If you would like to do your Haftorah, please contact the Wardens.

**Seudah Shilishis** - If you wish to sponsor a Seudah, please contact  
[Geoffrey.pepper@hotmail.co.uk](mailto:Geoffrey.pepper@hotmail.co.uk)

### We wish the following members "Long Life" for their Yahrzeits commencing on the evening before:

**Shabbat – 19 Apr/19 Nisan:** Mrs Sylvia Shaw, Mr Sam Rakusen, Mr Victor Stender

**Sunday – 20 Apr/20 Nisan:** Mr Charles Freedman, Mr David Garston, Mrs Frances Kalmus,  
Mrs Felicia Lawrence, Mrs Carol Turansky

**Monday – 21 Apr/21 Nisan:** Mrs Sonia Helper, Mrs Angela Klemer, Mrs Janice Linden,  
Mrs Joy Harris, Mrs Diane Cohen, Mrs Jackie Jacks, Mr David Walters

**Tuesday – 22 Apr/22 Nisan:** Mr Kenneth Carter, Mrs Joyce Harris, Mr Stanley Matthews,  
Mr Stephen Redstone, Mr Stephen Salt, Mr Geoffrey Singer, Mrs Marion Sussman,  
Mrs Simone Ridgewell, Mrs Stephanie Greenbaum

**Wednesday – 23 Apr/23 Nisan:** Mrs Myra Gordon, Mrs Rochelle Samuel, Mrs Shirley Gibeon,  
Mrs Denise Nygate

**Thursday – 24 Apr/24 Nisan:** Mrs Joyce Baum, Mr Barry Foreman, Mr Mark Rubin,  
Mr Anthony Rubin

**Friday – 25 Apr/25 Nisan:** Mrs Jean Delmonte

*Gentlemen are requested to please bring help to assist with the Shul minyan.*

<b><u>To announce your event on the Shul Website</u></b> <a href="http://www.swhc.org.uk">www.swhc.org.uk</a> email <a href="mailto:stan.stanrob@gmail.com">stan.stanrob@gmail.com</a>	<b><u>Monday Club-Talmud Torah</u></b> Closed for Pesach For more info, call Maurice Symons 01702 351845.	<b><u>Buzz@SJYC</u></b> - Email: <a href="mailto:sjyc.thebuzz@gmail.com">sjyc.thebuzz@gmail.com</a> Closed for Pesach Age 7 – 10 from 5pm - 7pm, Age 11+ from 7pm to 9pm.
<b><u>J.A.C.S. - Every Wed</u></b> Closed for Pesach Call Allan Goldstein 01268 771978 for more info.	<b><u>connect@southend-Thurs Talmud Torah</u></b> Closed for Pesach Call Chris Sternshine 334655 or <a href="mailto:csternshine@jcare.org">csternshine@jcare.org</a>	<b><u>Raymond House</u></b> <b><u>Shabbat 3<sup>rd</sup> May 9.30am</u></b> Call Derek Silverstone 01702 616153
<b><u>Cheder &amp; Toddler Group</u></b> <b><u>Closed for Pesach</u></b> Email <a href="mailto:Cheder.SWHC@hotmail.co.uk">Cheder.SWHC@hotmail.co.uk</a> Toddler Group, call Karen 07887 847059.	<b><u>POP IN - Tues 29<sup>th</sup> Apr</u></b> <b><u>2.00pm - 4.00pm</u></b> <b><u>swhcgm@btconnect.com</u></b> Call Janice for further details 0775 2874065	<b><u>VISITING THE SICK in Hospital or at Home</u></b> Call Shul office or email <a href="mailto:swhcmanager@hotmail.co.uk">swhcmanager@hotmail.co.uk</a> or <a href="mailto:leonardshulton@live.com">leonardshulton@live.com</a>
<b><u>Dirshu Bahalacha-Halacha</u></b> <b><u>Shiur with Rabbi Bar</u></b> Sunday & Thursday <i>before</i> the evening service.	<b><u>SEED - Mon 28<sup>th</sup> Apr</u></b> 8.30pm in Beth Hamedrash	<b><u>Rabbi Bar's Davening</u></b> <b><u>Coaching - Mon 28<sup>th</sup> Apr</u></b> 8.15pm at his home!



19 Nisan 5774 - 19<sup>th</sup> Apr 2014 כ"ט ניסן

Email: [swhc@hotmail.co.uk](mailto:swhc@hotmail.co.uk) Tel: 01702 344900

Rabbi: **Rabbi Binyamin Bar**

Wardens: **Geoffrey Pepper & Stanley Robinson**

### **Shabbat Chol Hamoed Services**

Shabbat begins Friday night 7.40pm

Mincha followed by Kabbalat Shabbat 7.30pm

Shacharit 9.15am

Followed by Kiddush outside the Beth Hamedrash

Mincha followed by Seudah Shilishis 7.40pm

Ma'ariv when Shabbat ends 8.57pm

### **See Pesach Timetable including service times printed inside**

#### **Wednesday & Thursday**

Shacharit 8.00am

Ma'ariv 8.00pm

#### **Next Friday – 25<sup>th</sup> Apr**

Shacharit 8.00am

Shabbat begins 7.51pm

Service 7.30pm

This week's leaflet is kindly sponsored by Josie Pitch as she celebrates her 80<sup>th</sup> Birthday. Mazeltov!



The Shul Office will be closed:

Friday 18<sup>th</sup> April

Monday 21<sup>st</sup> April

Tuesday 22<sup>nd</sup> April

### Ladies' Guild Mazeltov

Geraldine Jay and the Ladies of the Guild have great pleasure in announcing that Josie Pitch is now an Honorary Life President of the Ladies' Guild and Yvette Eichen is Honorary Life Vice-President.

### Condolence

We offer our heartfelt condolences to the family of the late Renee Cordell

### This Shabbat

This week's Kiddush is kindly sponsored by Josie Pitch in celebration of her 80<sup>th</sup> Birthday  
The Seudah Shlishis is kindly sponsored by Marilyn & Stephen Salt

### The Shop - Open Sunday 20<sup>th</sup> April 10.00am til 12 noon

Usual opening hours:- Mondays 12noon to 3pm Cash Purchases Only

Thursdays 10.00am – 4.30pm: Fridays 9.00am – 12.30pm : Sundays 10.00am – 1.00pm  
Phone 01702 430307 (only during opening hours)

For orders please email: [alanmarkovitch@hotmail.com](mailto:alanmarkovitch@hotmail.com) or leave a message on 07956 597271

### Splitting of the Sea on the 7th Day of Pesach – Rabbi Binyamin Bar

Behind the Jewish people was an army ready for war. Before them was a deep and impassable ocean. They could neither advance nor retreat. They were ambushed. What could they do?

Moses tried an age-old tactic: he cried out to G-d. But G-d rebuked him: "Why do you cry to me? Tell the Children of Israel to journey forth."

Journey forth, but how? There was an ocean before them! G-d never addressed this question, and Moses never asked it. G-d said to journey forth, and journey they did. Yet the Children of Israel hesitated. They were prepared to plow into the ocean, but they needed to be led.

So Nachshon son of Aminadav stepped in. He was the prince of the tribe of Judah. Leading his tribe, Nachshon strode into the sea. Wading through the rising tide, the waters first reached his waist, then his chest and shoulders. At the very last moment, as the waters reached his nostrils, the Red Sea parted and the Children of Israel followed him into the sea. As King David described: "The ocean saw and fled." (Psalm 114).

The Midrash cites many reasons for which our ancestors merited the splitting of the Red Sea. According to some of our sages, the waters parted because of the merit of our ancestors' profound faith and unwavering confidence that G-d would protect them.

And the question is: why did the waters wait to split until Nachshon jumped in?

Faith is a quality of the soul. It exists within us at all times. Even when we deny our faith, our soul within continues to believe. But G-d is not satisfied with concealed inner faith. The waters were waiting for the Jewish people to express their faith through action. The sea demanded an external demonstration of their faith. When Nachshon sallied forth and expressed the faith that the nation carried within themselves, the waters quickly parted.

Every Jew is capable of reaching the pinnacle of devotion which Nachshon reached. If we are absolutely determined to keep Shabbat or to put on *tefillin* each morning, G-d will find a way to make it possible. If we are absolutely committed to walk in the path of Torah, G-d will give us the strength to do so. Like the Red Sea, our obstacles will vanish, giving us clear and unimpeded passage.

Shabbat Shalom and Chag Sameach!

## Timetable for Pesach 2014

### Erev Shevii Shel Pesach - Sunday 20<sup>th</sup> April

Morning Service	8.30 am
Mincha & Ma'ariv	7:45 pm
<b>Candle Lighting</b>	<b>7:43 pm</b>

### Shevii Shel Pesach - Monday 21<sup>st</sup> April

Morning Service	9.15 am
Haftorah	Simon Belson
Mincha & Ma'ariv	7:45 pm
<b>Candle Lighting</b>	<b>9:00 pm</b>

*The candles should not be lit before this time*

### Ach'aron Shel Pesach - Tuesday 22<sup>nd</sup> April

Morning Service	9.15 am
Haftorah	Stephen Salt
'Yizkor' Memorial Service approx.	11.15 am
Mincha	7:40 pm

*Followed by Seudah at the Rabbi's house*

Ma'ariv, Yom Tov ends 9:02 pm

### Pesach Party - Tues 22<sup>nd</sup> Apr - 7.45pm - Home of Rabbi Bar

Special Seudah celebration to mark the conclusion of the festival of Pesach. This will take place on the 8th day after Mincha. Everyone is warmly invited and encouraged to attend.

### Next Shabbat 26<sup>th</sup> Apr

All are invited to celebrate a special Kiddush, kindly sponsored by Mirella & Philip Walters, as they celebrate their Ruby Wedding Anniversary. We wish them Mazeltov on this wonderful occasion.

### Stone Settings - Sun 27<sup>th</sup> Apr

The following tombstone consecrations will take place at Stock Road Jewish Cemetery:

2.00	Brenda Rapp
2.45	Theresa DeHaan

### Holocaust - Yom Hashoah Memorial Day - Sun 27<sup>th</sup> Apr - 7.00pm

Mincha/Ma'ariv service followed by Memorial Candles lit in memory of those Six Million Jews who perished. Guest Speaker. Donation £5.00. Proceeds to AJR.

### Shabbat 3<sup>rd</sup> May - Roy Barnes' Teenage Open Forum - 11.00am

For further details please contact Roy on:07850 377730 or email: [26@laraineandroy.com](mailto:26@laraineandroy.com).

### Cyclo-Aid - Sun 4<sup>th</sup> May

To register, please call 07737 441764 or email [garry\\_steel@hotmail.com](mailto:garry_steel@hotmail.com)

### AID Society Bridge - Sun 4<sup>th</sup> May - 7.30pm - Thorpe Bay Bridge Club

Please contact Geoff Cohen on 339601 or Jan Linden on 343289

### Ladies' Guild - AGM - Tues 6<sup>th</sup> May

2.30pm in the Boardroom

### Yom Hazikaron Service/Yom Ha'atzmaut Celebrations-Tues 6<sup>th</sup> May-7.00pm

Yom Hazikaron service in the Shul followed by Yom Ha'atzmaut Celebrations in the Shul Hall.  
Donation £5.00. Proceeds to Israeli War Disabled.

### AGM - Sun 11<sup>th</sup> May - Shul Hall

All are invited to attend the AGM. Voting begins at 9.15am.

### Coming soon - Youth/Family Shabbat/Lag B'Omer Bar B Q - 16<sup>th</sup>/17<sup>th</sup> May

More details to follow